

CHARLES COUNTY PARKS & RECREATION

# GUIDE

Winter 2015



Visit [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com) for more great fun.  
Look for the spring **GUIDE** coming in March 2015!



# Winter fun for everyone...



**Sweet Heart's Preschool Prom** • p.11

**Swimming with Santa** • p.12

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**H.S. Prep Basketball & Cheer** • p.23

**Winter Break Mini Camp and  
Super Fun Saturday Night** • p.27

**Philadelphia Flower Show Trip** • p.34



## CHARLES COUNTY RECREATION

*fun happens here!*

## And even more fun is coming this spring...

### **Flashlight Easter Egg Hunt**

March 20 • Smallwood Community Center

### **Underwater Easter Egg Hunt**

March 26 • Lackey Pool

### **Easter Festival**

March 28 • Hanson Community Center

### **Spring Princess Party**

April 17 • Wade Community Center

### **Special Olympics Charles County Spring Games**

May 2 • Lackey High School

### **Annual Tot Olympics**

May 9 • North Point High School



Spring registration begins March 4 for  
summer camps, swim lessons, & more!

# GUIDE

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Keywords: Charles County Parks Recreation

**Save time...  
 Register for your  
 fun & recreation online!**  
**[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)**  
*See page 40 for registration details.*

## Who to Call...

See pages 4-5 for a complete listing of facility locations, including phone numbers, locations, and hours of operation.

### — Recreation —

8190 Port Tobacco Road • Port Tobacco, MD 20677

To reach the offices listed below, dial one of the main numbers shown, and then dial the extension number when prompted:

**301-934-9305 • 301-870-3388**  
 Fax: 301-934-5624

#### Program/Class Registration

Discount tickets, indoor sports, general information, etc. .... x5152, x5159

#### Special Populations

Programming and Special Olympics ..... x5132

#### Inclement Weather for Closings/Cancellations

Community Centers, Senior Centers, and Recreation Activities ..... x5197

#### Part-Time Employment Opportunities

[www.CharlesCountyMD.gov/hr/ptjobs](http://www.CharlesCountyMD.gov/hr/ptjobs)

### — Parks —

1001 Radio Station Road • La Plata, MD 20646

**301-932-3470 • 301-870-2778**  
 Fax: 301-932-3590

General Park Information ..... 301-932-3470

Outdoor Sports Programs ..... 301-932-3470

# Charles County Community & Recreation Center Locations



## Recreation Centers

- 1 Port Tobacco Recreation Center**  
8190 Port Tobacco Road, Port Tobacco  
301-934-9305, ext. 5161
- 2 Elite Gymnastics & Recreation Center**  
2745 Old Washington Road, Waldorf  
Hrs: Mon-Fri 8 a.m.-9 p.m.; Sat 9 a.m.-1:30 p.m.  
301-870-7938

## Pools

Recreational swimming, water aerobics, swim lessons, water safety courses, lap swimming, birthday parties, and private rentals are available year-round. Pools are open to the public for recreational swimming with daily admission or memberships available.

### Indoor/Year Round

- 3 Lackey Indoor Pool**  
3000 Chicamuxen Road, Indian Head  
301-743-2470, 301-753-6003
- 4 North Point Indoor Pool**  
2500 Davis Road, Waldorf  
301-934-7475

### Outdoor/Summer

- 5 La Plata Outdoor Pool**  
6035 Radio Station Road, La Plata
- 6 McDonough Outdoor Pool**  
7165 Marshall Corner Road, Pomfret
- 7 Thomas Stone Outdoor Pool**  
3785 Leonardtown Road, Waldorf

## School-Based Recreation Centers

The goal of school-based Recreation Centers is to offer citizens a variety of social, educational, and recreational programs designed to best meet the needs of community members of all ages in which the centers serve. The centers provide less structured programs geared toward developing community relations and providing needed supportive services.

- 8 Hanson Community Center**  
3165 John Hanson Drive, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m.; Sat 10 a.m.-2 p.m.  
301-645-2186
- 9 Henson Community Center**  
3535 Livingston Road, Indian Head  
Hrs: Mon-Fri 3-9:30 p.m.; Sat 10 a.m.-2 p.m.  
301-375-7875
- 10 Mattawoman Community Center**  
10145 Berry Road, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m.; Sat 10 a.m.-2 p.m.  
301-645-6865
- 11 Piccowaxen Community Center**  
12834 Rock Point Road, Newburg  
Hrs: Mon-Fri 2-9 p.m.; Sat 10 a.m.-2 p.m.  
301-259-2503

- 12 Smallwood Community Center**  
4990 Indian Head Hwy, Indian Head  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-743-3020
- 13 Somers Community Center**  
300 Willow Lane, La Plata  
Hrs: Mon-Fri 2-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-932-6679
- 14 Stoddert Community Center**  
2040 St. Thomas Drive, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-645-4847
- 15 Wade Community Center**  
2300 Smallwood Drive, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-645-9291
- 16 Davis Community Center**  
2495 Davis Road, Waldorf  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-392-5533

## Community Centers

- 17 Nanjemoy Community Center**  
4375 Port Tobacco Road, Nanjemoy  
Hrs: Mon/Wed 8:30 a.m.-8 p.m.; and  
Tue/Thu/Fri 8:30 a.m.-4:30 p.m.  
301-246-9612

# Charles County Park Locations



## 1 Bryantown Sports Complex

**Bryantown Road, Bryantown.** 15 various-sized soccer fields for permitted league and tournament play. Concessions, restrooms and picnic areas available.

## 2 Bensville Park

**Bensville Road, White Plains.** Three soccer, three Little League baseball, one regulation baseball and one football field. Picnic areas and playground.

## 3 Charlie Wright Park

**Dr. Mitchell Lane, Indian Head.** Two soccer, two Little League baseball, and one regulation baseball field, and practice football area.

## 4 Friendship Farm Park

**Friendship Farm Road, Nanjemoy.** A county-owned boat ramp on Nanjemoy Creek near the Potomac River. One-acre surrounding this boat launching facility designated free fishing area – anglers are not required to possess fishing license. Hiking trails. Equestrian trails (April–November).

## 5 Gilbert Run Park

**8 miles east of La Plata on Route 6.** Hiking and nature trails, picnic areas, pavilions and playground areas. 60-acre fresh water lake with fishing piers and boat ramp. Nature Center with a 150-gallon aquarium. Fishing supplies, boat rentals and concessions are available. **301-932-1083.**

## 6 Indian Head/White Plains Rail Trail

**13 mile recreational trail connects the town of Indian Head with White Plains.** Paved surface for cycling, walking, running, in-line skating. Wheelchair accessible. Wildlife viewing opportunities.

## 7 Laurel Springs Regional Park

**Radio Station Road, La Plata.** Exercise trail, playground, picnic pavilions and informal picnic areas. Two regulation baseball, five softball, three little league, one football, five soccer fields and one multi-purpose field. Athletic fields available for official league use by permit only.

## 8 Mallows Bay Park

**Route 224, Riverside.** Kayak and small boat launch facility with direct access to the Potomac River. Hiking, fishing and wildlife viewing opportunities.

## 9 Maxwell Hall Park

**Teagues Point Road, Benedict.**

Over fourteen miles of equestrian and hiking trails (horse use by membership only). Variety of wooded and open field trails. Scenic views of Patuxent River.

## 10 Oak Ridge Park

**Oaks Road, Hughesville.** Athletic fields for official league use by permit only. Little league and regulation baseball fields (avail for community pick-up play). Equestrian trails and show rings available first come, first served, unless there are scheduled events. Playground and picnic pavilion available.

## 11 Pisgah Park

**Located 14 miles west of La Plata on Mason Springs Road.** Paved bike and fitness trail (.7 mi), play ground with tot lot, and picnic pavilion. Variety of sports fields available for organized league use. Community softball/baseball field also available.

## 12 Southern Park

**Just off of Route 257, Issue.** Scenic view of Potomac River, a playground, picnic areas, ball fields, tennis courts, a basketball court and a fishing pier.

## 13 Ruth B. Swann Memorial Park

**Route 210, Bryans Road.** Regulation baseball field and football field available to organized leagues during playing seasons by permit only. Picnic and playground areas. One-mile foot trail passes through mature woodland to Potomac River shoreline.

## 14 Robert D. Stethem Memorial Sports Complex

**Piney Church Road, Waldorf.**

Ten little league and big league baseball fields, one football practice area, playground and picnic pavilion. Athletic fields available for official league use by permit only.

## 15 Turkey Hill Park

**Turkey Hill Road, La Plata.** Four soccer and one football field. One-acre, fence-enclosed off-leash dog park. Dogs must display up-to-date vaccination tags and license. Half-mile oval roadway for walkers/runners, and an 18-hole disc golf course. Picnic pavilions available.

## 16 White Plains Regional Park

**1015 St. Charles Parkway.** 18-hole golf course, lighted tennis courts, tot lot and playground, picnic pavilions. One soccer, one softball, one regulation baseball, one Little League baseball, and one football field (for official league use by permit only).

## Skate Park

15,000 sq. ft. concrete-based skatepark. Various sized bowls with transitions, street course. Skateboards and in-line skating. Helmet, pads required. Fee. **301-638-5208.**

## Golf Course

Regionally acclaimed 18-hole public golf course. Well groomed greens and Bermuda grass fairways. For all levels of play. Driving range available. Scheduled tee times recommended. **301-645-1300, 301-843-2947.**

## Dog Park

One-acre, fence-enclosed area where dogs with owners can run, play and exercise off-leash. Dogs must display up-to-date vaccination tags and license.

## Boat Launch Facilities

All County-operated boat ramps are available free of charge. With the exception of Gilbert Run (seasonal hours), and Mallows Bay Park (5:30 a.m.–Dusk) all are open year-round, dawn to dusk.

**4 Friendship Farm Park**  
Nanjemoy Creek, Nanjemoy

**5 Gilbert Run Park**  
Wheatley Lake, Dentsville  
(Electric Motor Only)

**8 Mallows Bay Park**  
Potomac River, Nanjemoy



**17 Marshall Hall**  
Potomac River, Bryans Road

**18 Hatton Creek**  
Wicomico River, Issue

# Come Party With Us!

## Birthday parties have never been so fun...or easy!

Choose a theme and location, bring the kids and a birthday cake, and we'll take care of the rest. All parties are two hours on select Friday evenings, Saturdays, or Sundays, varying by location.

For the first hour of the party, staff will lead the kids through the selected games or activity. The second hour is for your celebration.

We provide pizza, drinks, goodie bags, and paper products. Parties are for children turning age 4-12 unless otherwise noted.



## Birthday Bonanza

Port Tobacco, Mattawoman, Henson, Piccowaxen

Classic birthday games in the gymnasium including activities such as musical chairs, obstacle course, parachute, pin the tail on the donkey, and more.

## Messy Art

Mattawoman, Henson, Piccowaxen

Allow your partygoers to get creative with an art party. Your aspiring artists will paint, glue, glitter, and smear while completing an art masterpiece.

## Swim & Splash

Lackey & North Point Indoor Pools

Ready for a swim? Supervised by certified lifeguards, enjoy an hour of free swim time to splash, swim and dive, or play water basketball. The zero-depth entry at Lackey Pool (0-2.5 feet) is perfect for younger swimmers. *North Point: Age 8-12 only.*

## Silly Science

Mattawoman, Henson, Piccowaxen

The staff will lead partygoers through thrilling experiments and concoctions. Each child will make their own crazy creation to take home.

## Jumping Gymnastics

Elite Gymnastics & Recreation Center

Led by our gymnastics staff, kids will have a blast bouncing on the trampolines, jumping in the "pit," balancing on beams, climbing the rope, and flipping on the spring gymnastics floor. We also have a toddler area specific for the younger gymnast, and a newly decorated party room perfect for your celebration.

## Sports Mix Up

Port Tobacco, Mattawoman, Henson, Piccowaxen

Perfect for the young athlete. Held in our gymnasium, choose basketball, soccer, T-ball, dodgeball, kickball, or other various indoor sporting games and activities.

# HAPPY BIRTHDAY

**Looking for More...** Turn any of our birthday packages into an end-of-season **TEAM PARTY** to celebrate your season.

**More Than 30 Guests?** We have *private rental* options.

**For details, please contact the center directly.**

*See page 4 for contact information.*

**Party Fee:** 1-10 Participants: \$160 • 11-20 Participants: \$200 (\$8 each additional child (Max: 30 participants, varies by location))

**Includes:** Set-up and clean-up, pizzas, juice boxes, one party favor for each attendee, paper products, and invitations.

Parents are welcome to bring additional food, drinks, and/or other items to personalize their party.

# School-Based Recreation Center Programs

The following pages contain recreational classes, programs and special events planned for "KIDS" of all ages...



## Afterschool Activities Program

This program is designed for children who will benefit from staying after school with their peers and friends. Students will enjoy a snack, homework help, gym time, crafts and more. Registration forms and payment information are available at the Community Services Registration Office, all Community Centers, and online at: [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com).

### AVAILABLE COMMUNITY CENTERS

#### Indian Head

3:15-6 p.m. .... Henson, Smallwood

#### La Plata

2:15-6 p.m. .... Somers

#### Newburg

2:15-6 p.m. .... Piccowaxen

#### Waldorf

3:15-6 p.m. .... Davis, Hanson, Stoddert

3-6 p.m. .... Mattawoman

### Open to Grades 6-8

Weekly Fee: \$40

Monday-Friday  
During the School Year

*Registrant must attend school  
where participating.*

*Program does not meet on  
school closing days.*

*Program may not qualify for  
child care tax deduction.*

### Groovyoga for Kids

At Groovyoga we believe everyone has a special gift so come join us and discover yours! There will be fun, energizing, choreographed combinations. Learn fun basic gymnastic skills from a cartwheel to back handspring. Experience the many benefits of yoga through yoga poses in a fun, safe, and enlightening environment. No class Feb 16.

#### Somers Community Ctr. (La Plata)

Age: 3-9

101385-S1 Mon, Jan 26-Mar 9 6:45-7:45 p.m.

Registration Deadline: Jan 19

Resident Fee: \$50; Non-Resident: \$55

### 1 Bead, 2 Beads, 3 Beads, Fuse Beads

Use multicolored beads to arrange various patterns to create a design or shape using peg boards. Boards come in various shapes and sizes. Design your own or use one of the patterns provided for you.

#### Hanson Community Ctr. (Waldorf)

Age: 8-12

101279-HA Wed, Feb 18 6:30-7:30 p.m.

Registration Deadline: Feb 11

Resident Fee: \$5; Non-Resident: \$6

### Let Go of My "Lego"

Program incorporates both preschool and youth age children and provides a chance to build with Lego's. Themes include: transportation, space building, Toy Story and Sponge Bob characters, and partner building. Kids will take their creations home.

#### Henson Community Ctr. (Indian Head)

Age: 4-11

101158-HE Fri, Mar 20 7:30-8:30 p.m.

Registration Deadline: Mar 13

Resident Fee: \$35; Non-Resident: \$40

## PARENT'S NIGHT OUT!

Don't worry about who can watch the kids Friday night...bring them to us! Kids will make a craft, play games, watch a movie, and enjoy a snack. Space is limited, advance registration recommended.

Age: 5+ • Resident Fee: \$5; Non-Resident: \$6

Registration Deadline: One Week Prior to Start

#### Smallwood Community Ctr. (Indian Head)

101087-S1 Fri, Jan 30 6-9 p.m.

101087-S2 Fri, Feb 27 6-9 p.m.

101087-S3 Fri, Mar 27 6-9 p.m.



 Find us on  
**Facebook**

Keywords: Charles County Parks Recreation

### Learning Through Lego's

Use your creative imaginations while learning basic skills using our Lego's. You will learn things like adding and subtracting, building different animals, vehicles, and buildings all while having a great time.

#### Henson Community Ctr. (Indian Head)

Age: 4-7  
 101157-HE Fri, Mar 20 6-7 p.m.  
 Registration Deadline: Mar 13  
 Resident Fee: \$5; Non-Resident: \$6

### Spring Cleaning Indoor Yard Sale

Clean out the closets and the garage and take part in our indoor yard sale. Event held rain or shine. Free admission to shoppers. Vendors and sellers needed.

#### Somers Community Ctr. (La Plata)

Age: All 101177-S1 & 101177-S2  
 Sat, Mar 21 9 a.m.-Noon  
 Registration Deadline: Mar 14  
 Fee: Your table new space/ \$5-Space for One \$8

## Dance

### Line Dancing

Learn the hottest dances. Encourage a group of friends or come alone for a great time with other dance enthusiasts. Open to all levels.

#### Mattawoman Community Ctr. (Waldorf)

Age: 16+  
 101029-M1 Thu, Jan 8-Feb 12 6:30-8 p.m.  
 101029-M2 Thu, Feb 19-Mar 26 6:30-8 p.m.  
 Registration Deadline: One week prior to start date  
 Resident Fee: \$35; Non-Resident: \$40

## Toddler Programs

### Preschool Fit & Fun

Each station will present a fitness challenge: jumping for distance, tumbling, balancing, and coordination. Adult participation is required.

#### Henson Community Ctr. (Waldorf)

Age: 3-5  
 101338-HA Thu, Feb 12-Mar12 6:15-7 p.m.  
 Registration Deadline: Feb 5  
 Registration Fee: \$12; Non-Resident: \$14

### Tiny Hands Crafts

This hands-on class encourages creativity and fun. Participants will create at least two projects per class. Adult participation is required.

#### Hanson Community Ctr. (Waldorf)

Age: 3-5  
 101317-H1 Tue, Feb 10-24 6:15-7 p.m.  
 101317-H2 Tue, Mar 10-24 6:15-7 p.m.  
 Registration Deadline: One week prior to start date  
 Registration Fee: \$10; Non-Resident \$12

# ALL ABOARD Little Engineers

All aboard for a wonderful adventure for your little train enthusiast. Enjoy special train activities, "Thomas the Train" video, puzzles, and games. Participants will be given a conductor hat, bandana, and train whistle.



Registration Deadline: One week prior to start date  
 Resident Fee: \$8; Non-Resident: \$9

#### Smallwood Community Ctr. (Indian Head)

Age: 3-6 • 101285-SM  
 Fri, Jan 23 • 6:30-7:30 p.m.

#### Wade Community Ctr. (Waldorf)

Age: 3-6 • 101285-WA  
 Wed, Mar 11 • 6-7 p.m.



# THERE'S AN APP FOR THAT

Bring your little ones and explore some of the best apps for toddlers. You and your toddler will uncover some of the more popular apps to download on your devices. If you want to make digital media a part of your child's life, then you don't want to miss this interactive program. Wi-Fi not available at the Center. Please bring your smart phones to class if you are interested in downloading these apps. Children must be accompanied by a parent.

Age: 2-3  
 Registration Deadline: One week prior to start date  
 Resident Fee: \$5; Non-Resident: \$6

**Wade Community Ctr. (Waldorf)**  
 101241-W1: Wed, Feb 11 • 6-7 p.m.  
 101241-W2: Sat, Feb 21 • 10-11 a.m.

**Mattawoman Community Ctr. (Waldorf)**  
 101241-M1: Sat, Feb 28 • 10-11 a.m.  
 101241-M2: Sat, Mar 7 • 10-11 a.m.





# JUNIOR CHEFS

Bring your little one, and come explore a variety of culinary adventures. Each class includes all baking supplies, a take home box for your goodies, and a chef's hat. An adult must accompany the child.

**Mattawoman Community Ctr. (Waldorf)**

**Open to Kids Age 6-12**

Registration Deadline: One week prior to start date  
Resident Fee: \$10; Non-Resident: \$12

## Chocolate Shop Fun

We supply the fruit and sweets to dip, coat, and swipe through the melted chocolate.

Dipping in dark, white, and flavored chocolate, you will take home a delicious work of art perfect for a gift or to simply devour at your leisure.

**101133-M1 • Sat, Jan 31 • 10-11 a.m.**

## Show Much Fun Cupcakes

Selections include a polar bear, abominable snowman, snowflakes, backyard snowman, and more.

**101133-M2 • Sat, Feb 7 • Noon-1 p.m.**

## Going to the Dogs Cupcakes

Featuring the faces of sheepdogs, boxers, bulldogs, paw prints, treats, and more. If you like dogs, this is your class.

**101133-M3 • Sat, Mar 7 • Noon-1 p.m.**

# SPORTS CARDS 101



Take a journey with us as we go back to the old fashioned hobby of trading and collecting cards. Learn what materials you will need to get started and where to find hidden treasures. Rediscover a hobby that can be passed down for generations! Children must be accompanied by a parent.

**Henson Community Ctr. (Indian Head)**

Age: All • 101030-HE

**Friday, March 27 • 6-7 p.m.**

Registration Deadline: Mar 20

Registration Fee: \$7; Non-Resident: \$8

# Social Skills Classes

## SpeakEZ – Public Speaking for Adults

Speak EZ for Adults is a fun-filled interactive course that will assist adults with understanding the importance of delivering a speech by focusing on utilizing the proper skills during a presentation.

### Mattawoman Community Ctr. (Waldorf)

Age: 18+

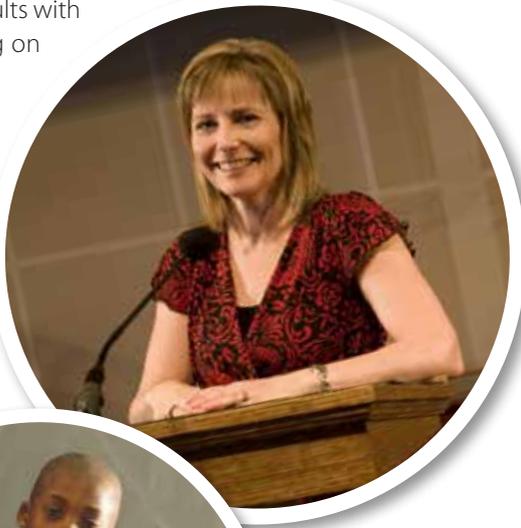
101394-M1 Tue, Jan 6-27 6:45-8:15 p.m.

101394-M2 Fri, Jan 9-30 6:45-8:15 p.m.

101394-M3 Tue, Feb 3-24 6:45-8:15 p.m.

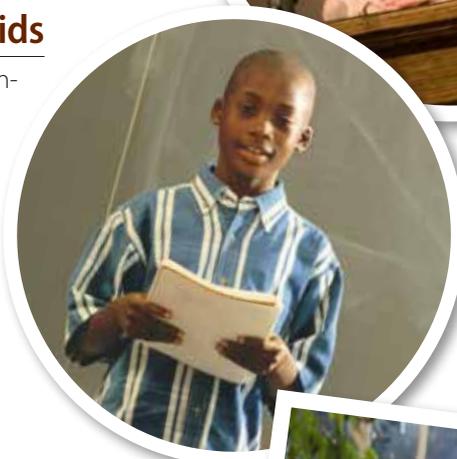
Registration Deadline: One week prior to start date

Resident Fee: \$100; Non-Resident: \$110



## SpeakEZ – Public Speaking for Kids

SpeakEZ for Kids provides training on the fundamentals of public speaking and drama for kids in grades K-8. Sessions will include training on the importance of proper breathing techniques, projection, stage presence, improvisation and more. These programs were established to assist youth with building their confidence and overcoming fears of speaking in front of small and large groups.



### Mattawoman Community Ctr. (Waldorf)

Grades K-5 101393-M1 Sat, Jan 10-31

10 a.m.-Noon

Registration Deadline: Jan 3

Resident Fee: \$65; Non-Resident: \$70

Grades 6-8 101393-M2 Sat, Feb 14-Mar 7 10 a.m.-Noon

Registration Deadline: Feb 7

Resident Fee: \$65; Non-Resident: \$70



## Good Manners Start with Me

This five week course is designed to train America's youth on the importance of good manners and making healthy choices in life. Five objectives will be taught to include: table manners, everyday manners, dress for success, school etiquette, and telephone etiquette.

### Hanson Community Ctr. (Waldorf)

Age: 7-12

101395-H1 Tue, Jan 20-Feb 17 6:00-7:15 p.m.

Registration Deadline: Jan 13

Registration Fee: \$35; Non Resident Fee:\$40





# Sweet Heart's Preschool Prom

You're never too young to get dressed up and have a great time! Join us for a night to remember with your sweetheart. Begin your night by walking down the red carpet followed by dancing, games, light refreshments, and many prom photo opportunities. We will wrap up the night with the Prom King's and Queen's parade. All children must be accompanied by a loved one.

**Somers Community Ctr. (La Plata)**

Age: 2-5 • 101397-SO

**FRIDAY, FEB. 13 • 6-8 p.m.**

Registration Fee: \$15; Non-Resident: \$17

At the Door: \$20

# Holiday Special Events



## CRAFTY LITTLE ELVES

Henson Community Ctr. (Indian Head)

'Tis the season to be crafty. Children will enjoy creating simple, mini holiday trees made from pine cones. This holiday craft allows kids to create centerpieces that parents will be proud to display.

Open to Age 3-6 • 401373-HE

**Friday, Dec. 12 • 6-7 p.m.**

*Registration Deadline: Dec 5*

Registration Fee: \$5; Non-Resident:\$6



## IMPRESSIVE DECORATIVE BUTTER PLATTER FOR THE HOLIDAYS

Mattawoman Community Ctr. (Waldorf)

Shake, shake, and shake some more to make your own homemade butter! Once you have the simple secret, you can press your butter into take-home decorative holiday molds. Refrigerate your candy molds, pop them out, and put them on a plate for an impressive presentation at your holiday gatherings.

Open to All Ages

**Saturday, Dec. 13 • 10-10:45 a.m. • 401345-M1**

**Wednesday, Dec. 17 • 6-6:45 p.m. • 401345-M2**

*Registration Deadline: One week prior to start date*

*Mandatory preregistration to plan for supplies*

Registration Fee: \$8; Non-Resident \$9



## SWIMMING WITH SANTA

Lackey Pool (Indian Head)

Bring your swimsuit and join Santa in the pool for holiday fun and games. Underwater pictures with Santa are included in the fee.

**Saturday, Dec. 13 • 2-4 p.m.**

Open to All Ages • Fee: \$5/pp • 408010-LK

*Registration accepted at the door based on availability.*

Register online at: [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)



# Santa's Hotline

## SANTA CLAUS IS COMING TO TOWN!

Through the power of technology and special little operators at the North Pole, we have set up a hotline that will transfer a phone call from Santa right to your home.

Don't miss this opportunity to experience the joy and pleasure in your little one's face when they get a call from Santa Claus!

*This is a FREE program*

**Open to Children Age 2-10**

*Monday, Dec. 15*

Calls will be placed from 6 to 8 p.m.

No out-of-state calls.

Registration and forms are available at:  
**[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)**

*Limited to first 200 completed  
registration forms received.*

# HOPPY EASTER!



## Flashlight Easter Egg Hunt

Enjoy games, activities, and a flashlight Easter egg hunt. Prizes awarded to those who find the most Easter eggs and the prize egg. Prizes also will be awarded for the jelly bean count and coloring contest. Even get your picture taken with the Easter Bunny. All participants must be accompanied by an adult and must bring their own flashlight and Easter basket or bucket.

**Smallwood Comm. Ctr. (Indian Head)**

Age: 2-10 • 101036-SM

**Friday, March 20 • 6:30-8:30 p.m.**

Registration Fee: \$10; Non-Resident: \$12

*\*\$15 at the door*

## Underwater Egg Hunt

Bring your swimsuit and goggles to help the Easter Bunny collect his eggs – IN THE POOL! There will be an underwater egg hunt, fun activities, and a visit from the Easter Bunny!

**Lackey Pool (Indian Head)**

Age: All • 108010-L1

**Thursday, March 26 • 6:30-8 p.m.**

Admission Fee: \$5/person • Registration required  
*Registration at the door accepted (based on availability).*

## Easter Festival

Join us for a hoppin' good time. Come hop with the Easter Bunny, decipher clues to a scavenger hunt, guess how many jelly beans are in the jar, create a cool craft, play games and enjoy balloon animals.

**Hanson Comm. Ctr. (Waldorf)**

Age: 2-10 • 101037-HA

**Saturday, March 28 • 11 a.m.-1 p.m.**

Resident Fee: \$10; Non-Resident: \$12

*\*\$15 at the door*

# Little Fingers of Love

Bring your toddlers in to create a Valentine's Day gift crafted by your little ones little fingers! Getting messy with finger paint is part of the fun! All supplies and instruction provided.

**Henson Community Ctr. (Waldorf)**

Age: 3-6 • 101372-HE

**Friday, February 6 • 6-7 p.m.**

Registration Deadline: Jan 30

Resident Fee: \$5; Non-Resident:\$6



# Mother & Son Superhero Day



Open to Age 3-9  
**Saturday, April 11**  
10 a.m.-Noon

**Calling all superheroes!**  
Come spend the day with us at **Somers Community Center (La Plata)** and brush up your superpowers.



Children will participate in fun activities to enhance their superpowers such as: super strength, being faster than a speeding bullet, jumping over tall buildings, and more. We know that it is tiring to be a superhero, so we will also provide a snack and juice.

**Registration Code: 201374-SO**

**Resident Fee: \$15**

**Non-Resident: \$17**

**Day of/At the Door: \$20**



# TOT OLYMPICS

**Saturday, May 9 • 10 a.m.-Noon**

Magnify your Olympic spirit and watch as your toddler brings their Olympic dream to life. The Charles County Department of Community Services Recreation Division presents **Tot Olympics** 2015. Fun-filled events for children age 3-6 years old that include running, jumping, kicking, throwing, and balancing. Athletes will have their participation recorded on a special tracking form distributed during check-in/registration.

**EVERYONE'S A WINNER!**  
**So, don't forget your camera!**

Each child will receive a T-shirt, award, and snack for his/her efforts. Parent/guardian participation is required for each athlete. Please arrive early, check-in starts 9 a.m. Opening ceremonies will begin at 10 a.m.

**201334-SM for Age: 3-4 • 201335-SM for Age 5-6**

**Registration Deadline: May 2 • Event Rain Date: Sat, May 16**

**Resident Fee: \$15; Non-Resident: \$17 • Day of Event: \$20**

**Parent/guardian participation required for each athlete.**



# FITNESS PROGRAMS

Please consult your physician before beginning any exercise program.

## Turbo Kickboxing

Want to take your workout to the extreme? These powerhouse workout classes blend kickboxing and dance moves into one fast-paced, turbo-charged routine. Each class is a heart-pounding cardio workout led by a trained instructor who will pull out all the stops to create the ultimate burn. Class will not be held: Jan 19, Feb 16, Mar 30, Apr 1, and Apr 6.

### Hanson Community Ctr. (Waldorf)

Age: 16+

101321-H1 Mon/Wed, Jan 12- Feb 25 6-6:45 p.m.

101321-H2 Mon/Wed, Mar 9-Apr 27 7-7:45 p.m.

Registration Deadline: One week prior to start date

Resident Fee \$40; Non-Resident: \$45 / Drop-In Fee: \$5 per visit

## Zumba

Fun and easy to do! Zumba is a "feel-happy" workout that is great for both the body and the mind. Class will not be held: Jan 19, Feb 16, Mar 30-31, and Apr 1-2, 6.

Age: 16+

Registration Deadline: One week prior to start date

Resident Fee: \$40; Non-Resident: \$45 / Drop-In Fee: \$5 per visit

### Hanson Community Ctr. (Waldorf)

101154-H1 Mon/Wed, Jan 12-Feb 25 7-8 p.m.

101154-H2 Mon/Wed, Mar 9-Apr 27 7-8 p.m.

### Davis Recreation Ctr. (Waldorf)

101154-D1 Tue/Thu, Jan 13-Feb 19 6-7 p.m.

101154-D2 Tue/Thu, Mar 3-Apr 16 6-7 p.m.

## Piloxing

A non-stop cardio fusion of standing Pilates, boxing and dance that will push you past your limits for a sleek, sexy, powerful you. Piloxing cardio fusion incorporates cutting edge research and fitness techniques to burn maximum calories, build lean muscles, and increase stamina. Blending the power, speed and agility of boxing with exhilarating dance moves, these techniques are supplemented by the use of weighted gloves. Class will not be held Mar 30-31, and Apr 1-2.

### Davis Recreation Ctr. (Waldorf)

Age: 16+

101396-D1 Tue/Thu, Jan 13-Feb 19 7-8 p.m.

101396-D2 Tue/Thu, Mar 3-Apr 16 7-8 p.m.

Registration Deadline: One week prior to the start of class

Resident Fee \$40; Non-Resident: \$45 / Drop-In Fee: \$5 per visit



## Challenge 2B Fit

Challenge kids to put away their video games, get up from the computer and experience fitness fun! Instructor utilizes music during fun activities to improve cardiovascular, muscular strength, flexibility, overall stamina, speed and agility. Class will not be held Jan 19 or Feb 16.

### Hanson Community Ctr. (Waldorf)

Age: 5-16 • Resident Fee: \$5; Non-Resident: \$6

Registration Deadline: One week prior to the start of class

101161-H1 • Mon/Wed, Jan 12-Feb 18 • 6:30-7:15 p.m.

101161-H2 • Mon/Wed, Feb 23-Mar 25 • 6:30-7:15 p.m.



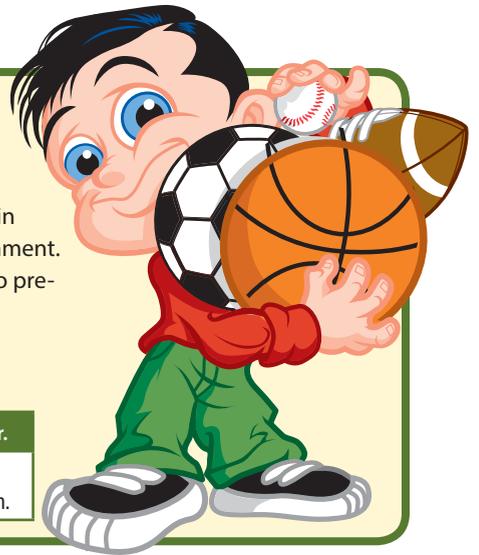
# SPORTS PROGRAMS

## Start Smart Multi-Sport!

Sanctioned by the National Alliance of Youth Sports

This is a fun introduction to a wide range of sports, and includes parents in preparing children for organized sports in a fun, non-threatening environment. Children learn to use fun, developmentally age-appropriate equipment to prepare for traditional sports without the fear of failure.

Age: 3-5 Resident Fee: \$40; Non-Resident: \$45  
Registration Deadline: One week prior to start date.



Davis Recreation Ctr.	Hanson Community Ctr.	Henson Community Ctr.
204027-DA Wed, Apr 8-May 13 • 6-7 p.m.	204027-HA Thu, Apr 16-May 21 • 6-7 p.m.	204027-HE Thu, Apr 9-May 14 • 6-7 p.m.

## Adult Basketball Somers Community Ctr. (La Plata)

Adults, Age 18+, can take advantage of this opportunity to meet people and play basketball in a fun but organized atmosphere. Program emphasizes total participation and fun.

101051-SO: Tue • Jan 6-Mar 10 • 7-9 p.m.  
201051-SO: Tue • Apr 7-Jun 9 • 7-9 p.m.

Resident Fee: \$40; Non-Resident: \$50

*This is not a drop-in program.  
Registration is required.*

## Foil Fencing

Learn rules and terminology, and participate in simple competition. Bring a leather glove for your dominant hand. Due to the popularity of this class, participant size is limited to eight.

Somers Community Ctr. (La Plata)

Age: 8+  
101142-SO • Tue, Jan 13-Mar 3 • 6-7 p.m.  
Registration Deadline: Jan. 6  
Resident Fee: \$55; Non-Resident: \$60



## Beginning Tennis

Learn skills and principles while enjoying the experience of hitting balls back and forth successfully after the first session. The court size has been reduced for a better learning environment. Lessons will be held inside the gymnasium. Balls and racquets provided.

Piccowaxen Community Ctr. (Newburg)

Age: 6-12 101105-P1 Tue, Jan 13-Feb 10 6:15-7 p.m.  
Registration Deadline: Jan. 6  
Resident Fee: \$20; Non-Resident: \$25

## Spring In-House Recreational Basketball Program

This is not a league. Non-competitive program (six sessions) designed to develop skills and promote fun while participating in loosely organized games. Players go through four fundamental stations and play round-robin style games. Games and practices will be in one location.

Age: 5-8 • Resident Fee: \$40; Non-Resident: \$45  
Registration Deadline:  
One week prior to start date



Davis Recreation Ctr.	Mattawoman Community Ctr.	Port Tobacco Recreation Ctr.
Age: 5-6 • 204006-DA: Tue, Apr 7-May 19 • 6-7 p.m.	Age: 7-8 • 204007-MA: Wed, Apr 8-May 20 • 6-7 p.m.	Age: 5-6 • 204006-PT: Thu, Apr 9-May 21 • 6-7 p.m. Age: 7-8 • 204007-PT: Thu, Apr 9-May 21 • 7-8 p.m.

Save Time, Register Online! [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)

## Youth & Teen Drop-In's

Open style sports and semi-organized games. Registration form with parental consent required each school year. Sign-in by youth required each day of participation.

### Programs are FREE!

Dates/times subject to change. Call the Center for schedule changes.

Aug. 25, 2014 to June 5, 2015			
Location	Code	Day	Time
<b>Age: 8-13</b>			
Henson	501001-HE	Tue/Thu	4-6 p.m.
Somers	501001-SO	Tue/Thu	4:15-5:45 p.m.
Stoddert	501001-ST	Tue	3:30-5:30 p.m.
Wade	501001-WA	M/Tu/F	3:30-5:30 p.m.
<b>Middle School</b>			
Hanson	501006-HA	Mon/Wed	4-5:30 p.m.
Henson	501006-HE	Tue/Thu	4-6 p.m.
<b>Age: 14-17</b>			
Hanson	501004-HA	Tue/Thu	4-5:30 p.m.
Henson	501004-HE	Mon/Wed	4-6 p.m.
Somers	501004-SO	Fri	4:15-5:45 p.m.
Stoddert	501004-ST	Mon/Thu	4-5:45 p.m.

## Chess Drop-In for ALL AGES

If you have always wanted to learn how to play chess; if you used to play but haven't in a while, or if you are a veteran chess player who needs a partner, drop by the Center.

The center will have tables set up for players of any ability. (Children younger than the age of 10 must be accompanied by an adult).

Come alone, or bring a friend for an evening of fun. Chess sets will be provided. The drop-in program continues until June 3.

**501069-HA • Each Monday from 6-9 p.m.**  
**Fee: Free • Open to All Ages**  
**At Hanson Community Ctr. (Waldorf)**



## Adult Sports Drop-In's

### Punch Card: \$30/12 Visits

Program runs through the end of the 2015 school year.

Resident Fee: \$3/visit, Non-Resident: \$4

Aug. 25, 2014 to June 5, 2015			
Location	Code	Day	Time
<b>Basketball for Age 18+</b>			
Henson	501074-HE	Thu	7-9 p.m.
Piccowaxen	501072-PI	Mon	7-9 p.m.
Port Tobacco	501072-PT	Tue	8-9:30 p.m.
Stoddert	501072-ST	Thu	7-9 p.m.
<b>Basketball for Age 30+</b>			
Davis	501073-DA	Thu	8-9:15 p.m.
Mattawoman	501073-MA	Wed	8-9:15 p.m.
Port Tobacco	501073-PT	Mon	8-9:30 p.m.
Smallwood	501073-SM	Mon/Wed	7-9 p.m.
<b>Co-Ed Volleyball for Age 18+</b>			
Port Tobacco	501074-PT	Thu	8-9:30 p.m.
<b>Futsal for Age 18+</b>			
Somers	501074-SO	Wed	8-9:15 p.m.
<b>Table Tennis for Age 18+</b>			
Stoddert	501076-ST	Tue/Thu/Fri	6-9 p.m.

 Find us on  
**Facebook**

[www.Facebook.com/CharlesCountyParksRecreation](http://www.Facebook.com/CharlesCountyParksRecreation)

# 4 v 4 Indoor Slam Adult Volleyball Tournament Series

Adult teams are invited to participate in this volleyball spectacular. Pool play determines seedings into a single-elimination tournament. Games will be played at some of the best volleyball facilities in Southern Maryland. Min 4/Max 6 per team roster. Games will be officiated.

**Awards To Division Champs**  
**Each Participant Receives A T-Shirt**

**Open to Players**  
**Age 18 & Older**

## Saturday, Jan. 3 **NEW YEAR'S SLAM**

Team Fee: \$100 • \$80 if registered by Dec. 10  
Registration Deadline: Dec. 23

104197-ZZ • Competitive Co-Ed A  
104198-ZZ • Recreational Co-Ed B

## Saturday, March 14 **ST. PATTY'S DAY SLAM**

Team Fee: \$100 • \$80 if registered by Feb. 21  
Registration Deadline: Mar 4

104197-21 • Competitive A  
104198-22 • Competitive B



## Adult Volleyball League

Ten-match season (30 games).  
Players must not be eligible to  
participate at the high  
school level.

Individuals interested in  
joining a team should contact  
301-934-9305 ext.5141 to have  
their name placed on a free  
agent list. Leagues are  
open to all playing levels –  
from beginner to power.

### Games Begin Mid-March

Age: 18+ • Team Fee: \$325  
Registration Deadline: March 4

**Early Bird Registration: \$300 by Feb. 25**

Competitive Co-Ed..... 204200-ZZ  
Recreational Co-Ed ..... 204201-ZZ  
Church League ..... 204203-ZZ

# 2015 Elks Hoop Shoot National Free Throw Contest

At Davis Comm. Ctr. (Waldorf)

This event is **FREE** and open to the public. Awards will be presented to all age group winners. Winner moves up to District Level... then Regional and State Finals... State winner advances to National Finals where the winner will have their name enshrined in the James Naismith Memorial Basketball Hall of Fame.

Must bring proof of age day of event (*copy of birth certificate, passport, or baptismal certificate*). Winners must submit a copy of proof the week following the competition.

**Note:** Age group eligibility is determined by child's age as of April 1, 2015 (*not necessarily their current age*).

## Friday, Jan. 16

Registration: 6 p.m. • Competition: 6:30 p.m.

Program Code	Girls	Boys
Age 8-9	104034-01	104035-01
Age 10-11	104034-02	104035-02
Age 12-13	104034-03	104035-03

Sponsored by Waldorf BPO Elks Lodge No. 2421 and the Department of Community Services.

## Youth Sports Leagues Volunteer Coach Application

Community Services is looking for volunteer coaches for the various youth sports league offered throughout the year. If you are interested in volunteering, please complete this form and mail to:

Department of Community Services  
 Attn: Registration Office  
 8190 Port Tobacco Road  
 Port Tobacco, MD 20677

**Or... Fax to 301-934-0121**

Name: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Complete Address: \_\_\_\_\_  
 Daytime Phone #: \_\_\_\_\_  
 Evening Phone #: \_\_\_\_\_  
 Email: \_\_\_\_\_

### Age/Grade group you prefer (circle):

High School Prep Basketball & Cheer League (spring)		
6th Grade Boys	7th and 8th Grade Boys	6-8th Grade Girls
6-8th Grade Cheer		

Youth Basketball League (winter)					
Co-Ed	7-8	9-10	11-12	13-14	15-18 *HS
Girls	8-10	11-14			

Pee Wee Basketball League (winter)		
Pee Wee	5-6 • Co-Ed	5-7 • Girls

Youth SELECT Basketball League (winter)			
Boys 9-10	Boys 11-12	Boys 13-14	Girls 11-14

Youth Co-Ed Soccer League (winter)							
4U	6U	8U	10U	12U	14U	18U *HS	

Youth Volleyball League (winter)	
Grades 5-6	Grades 7-8

A volunteer coach will receive a 50% refund off the regular fee for one child if they are selected to coach. Coaching refunds are processed after games begin.

Child's Name: \_\_\_\_\_

**Coach Shirt Size:** (circle one)

S   M   L   XL   XXL   Other \_\_\_\_\_  
(Shirt sizes run small)

**This is not a program registration form. See the back, inside cover for program registration.**

Here's a great opportunity for youth teams to test their abilities under true game conditions and show off their skills!



# Winter CLASSICS!



## BASKETBALL CLASSIC

Co-ed teams can only play in boys league. Single elimination, two games guaranteed. Details: 301-743-3020.

**Tournament: Jan. 9-11**

*Game Times & Locations Vary*

Registration Deadline: Dec. 29 • Team Fee: \$135

### Code & Age Group

104160-ZZ	104161-ZZ	104162-ZZ	104163-ZZ
9-10 Boys	11-12 Boys	13-14 Boys	15-18 Boys

## SOCCER CLASSIC

Details: 301-934-9305 • 301-870-3388 ext. 5141.

**Tournament: Feb. 27-28**

*Capital Clubhouse (Waldorf)*

Registration Deadline: Feb. 21 • Team Fee: \$135

### Code & Age Group

104165-ZZ	104166-ZZ	104167-ZZ
U6	U8	U10
104168-ZZ	104169-ZZ	104170-ZZ
U12	U14	U18

Individual awards for first and second. • Community Services Youth Sports League rules apply.



**CHARLES COUNTY RECREATION  
HIGH SCHOOL PREP  
BASKETBALL & CHEER**

**High School Prep Basketball**

Starting with the 2015 spring season, we will introduce a new league format. What was the 7th and 8th grade boys division will merge to create two leagues based on skill level. Players in the 7th and 8th grade boys division will now have to attend a one day evaluation to determine team placement. Players must be pre-registered to attend evaluation. **No makeup dates for tryouts.**

**One-Day Player Evaluation  
Thursday, Feb. 26 • 6:30-8 p.m.**

**Grade/Gender Code**  
 6th Grade Boys .....204180 + School ID  
 7th & 8th Grade Boys.....204181 + School ID  
 6th-8th Grade Girls.....204183 + School ID

**Open to Grades 6-8  
REGISTRATION IS LIMITED  
Registration Deadline: Feb 18**

**Save \$15 if you register by Feb. 4!  
Registration Fee: \$90 • Or \$75 if you register by Feb. 4**

**High School Prep Cheer**

This program will run in conjunction with the basketball program and will cheer at all their schools home games. 6-8 grade students are eligible to cheer.

**Uniform includes:** Custom School Cheer top, Cheer Shorts, and Pom Pom's

**Grade Code**  
6th-8th Grade ... 204190 + School ID



**School ID's:**

- Davis (DA) • Hanson (HA)
- Henson (HE) • Mattawoman (MA)
- Piccowaxen (PI) • Smallwood (SM)
- Somers (SO) • Stoddert (ST)

All games and practices will be on weeknights with the exception of post season tournament. Participants can only register and play for the school they currently attend. Private and home school students are welcome to play, but must play for the school they are zoned for. Refunds will not be granted after Feb. 26 unless the player has a medical issue. A doctor's note must be presented at the time of the request.

# OUTDOOR SPORTS LEAGUES

## *For Youth & Adults*

### Adult Sports

#### Adult Co-Rec Kickball League

Round-Robin play format (16-18 games). Teams play double headers. Each team is limited 20 players maximum, and 12 players minimum. Post-season tournament will be offered.

Age: 18+ (and not attending high school)  
 Spring Team Registration: Feb. 23-March 13  
 Team Fee: \$500  
 Game Season: Late April  
 Game Night(s): Tuesday and Wednesday

#### Adult Outdoor Soccer

Round-Robin play format (8-10 games). Post-season tournament will be offered. League is open to one or more divisions of competition.

Age: 18+  
 Spring Registration: Feb. 23-March 13  
 Team Fee: \$450-\$700  
 Games Begin: Early September

League	Format	Day
Women's Age 18+	7 vs 7	Sun
Men's Age 18+	11 vs 11	Mon
Men's 35+	11 vs 11	Wed

#### Adult Softball

Regular season play will be round-robin format (18 games); teams play double-headers. Each team limited to a min. 15 players and max 20.

Age: 18+ (not attending high school)  
 Spring Registration: Feb. 23-March 13  
 Team Fee: \$600-\$650  
 Games Begin: Late April

League	Day
Adult Co-Rec	Fri/Sun
Men's	Mon/Wed/Thu

### Youth Sports

#### Youth Outdoor Soccer

The Southern Maryland Youth Soccer League is first and foremost a recreational sports program. Its purpose is to provide an opportunity for youth to participate in soccer within designated age divisions. League play will be a round-robin schedule consisting of 8-10 games.

Age: 5-17  
 Spring Registration: Late Jan.-Early March  
 Games Begin: Early April

League	Format	Field
U-6, 7, & 8	7 vs 7, 4 vs 4	Small Field
U-9 & 10	7 vs 7	Intermediate Field
U-12	8 vs 8	Intermediate Field
U-14	11 vs 11	Regulation Field
U-18	11 vs 11	Regulation Field

#### Youth Tackle Football & Cheerleading

Program is comprised of seven separate associations in Charles County. Boys and girls age 5-14 are eligible to compete in 8 distinct weight divisions.

Registration: April 1-July 26  
 Practice begins in Aug. Play starts in Sept.

#### Youth Outdoor Baseball & Softball

For information regarding organizations offering youth baseball and softball programs, please call 301-932-3470 or 301-870-2778.



**DETAILS:**  
**301-932-3470**  
**301-870-2778**

# SPECIAL OLYMPICS • Charles County



Special Olympics Maryland and the Charles County Dept. of Community Services, in a joint partnership, offer a year-round program for athletic conditioning, training, and competition for individuals with intellectual disabilities who are at least 8 years of age. There is no maximum age limit. All Special Olympics sports activities are free of charge to athletes. Currently, Special Olympics Charles County offers a chance to compete in 11 Olympic-style sports annually. Online registration is available: [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com).

## NEWS!

### SPECIAL REMINDER...

The Special Olympics MD policy is that ALL medical/volunteer applications must be updated every three years before a participant can attend training. Coaches: Please enforce this policy.

To determine your status, please contact Pat Sharar: 301-932-8196.

### United Way Campaign

It's time for the United Way of Charles County's annual campaign. Please consider making Special Olympics Maryland Charles County your designated donation. This campaign is one of the primary sources of funds for Special Olympics Charles County.

### Coaching Opportunities

Two basketball coaches are needed to continue the basketball training programs. Coaches must be age 18 or older and are subject to a criminal background investigation. Training is offered.

If interested, please contact George Hoehl at 301-599-0307 or [ghoehl@verizon.net](mailto:ghoehl@verizon.net).

### Unified Sports®

Unified Sports® is a unique opportunity for traditional Special Olympics athletes and partners (without intellectual disabilities, with similar ability levels) to train and compete as a team against other Unified Sports® teams. We currently offer this opportunity in basketball, ten-pin bowling, bocce and golf

## SPORTS

### Special Olympics Ski Team

Interested athletes may call 301-934-9305 for more information; volunteer coaches should call George Hoehl at 301-599-0307. No practice Dec. 24 or Jan. 1

#### F.B. Gwynn Center (La Plata)

Age: 8+ Registration Closes: Jan. 8  
 Thu, Dec 11-Feb 19 6:30-7:30 p.m.  
 Alpine 513013-50  
 Snowshoes 513011-50

### Ski Trips

**Game Time Trials/Training . . . . . Feb 7-8**  
**Winter Games . . . . . Feb. 23-24**  
 White Tail Ski Resort in Mercersburg, PA.

### Basketball Unified®

Unified Partners are still needed (age 18+). Visit our training session any Monday. Coach Diana Roberts will be happy to get your help. No practice Jan. 19 or Feb. 16.

#### Hanson Community Center, Waldorf

Age: 8+ & Unified® Partners  
 513015-50 Mon, Jan 5-Mar 16 6-8 p.m.  
 Registration Closes: Jan. 29

### Basketball 5x5 Traditional

Coach Richard Thompson is ready for another year of great basketball games.

#### F.B. Gwynn Center (La Plata)

Age: 18+  
 513014-50 Tue, Jan 6-Mar 17 6-8 p.m.  
 Registration Closes: Jan. 29

### Spring Training

**Bocce at Turkey Hill (La Plata)**  
 513017-50 Mon, Mar 9-Jun 1 6-8 p.m.  
**Swimming at North Point (Waldorf)**  
 513018-50 Sat, Mar 14-May 30 4-5 p.m.  
**Track & Field at Thomas Stone (Waldorf)**  
 513016-50 Sat, Mar 21-May 30 11 a.m.-1 p.m.

## Special Populations

The Special Populations program area offers a variety of recreational classes and programs designed to meet the needs of individuals with intellectual disabilities. Not all programs in this area will meet the needs and interests of all residents with special needs. We are currently developing programs for those with physical disabilities such as arthritis, minor injury rehabilitations and more.

## Ten Pin Bowling

Take part in one of the best sports! Join us at AMF Bowling Lanes in Waldorf each Sunday. No program on Jan 19.

#### AMF Bowling Lanes, Waldorf

Age: 6+ Fee: \$64  
 512015-SP Sun, Jan 4-Mar 1 9:15am-Noon

## Dances

Get into the spirit and dance the night away with your loved ones. This is just another way to work in physical activity. Not sure how to dance? We'll teach you. Individuals in wheelchairs welcomed. Light refreshments provided. Participants age 12-17 must be accompanied by an adult.

**Open to Age 12+**

**Resident Fee: \$5; Non-Resident: \$6**

Registration Deadline: One week prior to program

## Cupid's Bash

Hanson Community Ctr. (Waldorf)  
 512011-SP • Fri, Feb 13 • 6:30-8:30 p.m.

## Pop Sock Hop Night

Henson Community Ctr.  
 (Indian Head)  
 512010-SP • Fri, Jan 16 • 6:30-8:30 p.m.

## st. patrick's day celebration dance

Henson Community Ctr.  
 (Indian Head)  
 512012-SP • Fri, Mar 13 • 6:30-8:30 p.m.



2745 Old Washington Rd., Waldorf MD  
301-870-7938 • 301-705-6557

Program fees shown are for residents.  
Please add an additional \$1 for non-resident  
registrations unless otherwise noted.

## Winter Wonderland Exhibition

## SHOP CROP SCRAP & STAMP

### Door Prizes. Goodies Bags, Make & Takes!

Scrapbookers...join us for some uninterrupted scrapbooking time; learn new techniques, and the opportunity to buy the latest supplies or scrapbooking tools. Vendors will be on hand with a large selection of scrapbook products and supplies available to purchase. You may come and go as you please. Registration available the day of the event if space permits. Participant fee includes crop space (2 people per 6' table), demonstrations and tips throughout the day by scrapbooking professionals, Pot luck dinner, beverages and snacks.

Open to All Ages

**Saturday, Feb. 7 • 2 p.m.-Midnight**

Resident Fee: \$30; Non-Resident: \$35



Come watch our gymnasts shine!  
Family and friends are welcome  
to join us to watch performances  
by our recreational class gymnasts  
and our Little Eagle and Baby Eagle  
Pre-Competitive Team. Meet our  
instructors and enjoy  
gymnastics, food, and fun!



**Open to All Ages**

**Sunday, Dec. 14 • 1-6 p.m.**

*Concessions provided by the Elite Gymnastics Organization  
Booster Club.*

**Save time...**  
Register for your  
fun & recreation online!  
[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)  
See last page for registration details.

# Extra special events that make Mom, Dad... and the kids happy!

## Winter Break Mini Camp

Offering gymnastics fun and games including activities on the vault, ropes, trampoline, bars, balance beam, and outrageous foam "pit." Daily activities include creative arts, gymnastics, and organized games. Bring a bag lunch, drink, and two snacks each day. Before care starts at 6:30 a.m., and after care ends at 6 p.m. The program will not operate on Dec. 25 or Jan. 1.

**Mon-Fri, Dec 22-Jan 2 • 8 a.m.-4 p.m.**

Age: 5-14

Resident Fee: \$150 per camper; Non Resident: \$155

Daily Drop-In Fee: \$30 per camper; Non Resident: \$35

Add \$20 Before or After || Add \$30 Before and After Care

## Campnastics Drop-In Days

It's everything you love about our Campnastics program available for drop-in when the kids are off school. Daily activities include gymnastics instruction, arts and crafts, organized games and other special projects. Campers should bring a bag lunch, drink and snack daily. Fee is per day.

**Jan 16 & 26 + Feb 4 & 16**

Age: 5-14 6:30 a.m.-6 p.m.

Resident Fee: \$30; Non-Resident: \$35

## Super Fun Saturday Night

Wouldn't you like to enjoy a quiet night out while your children have a ball bouncing at Elite? Well here is your chance...our fun-filled nights will include gymnastics, arts and crafts, games, refreshments, and a fun theme!

Preregistration is Required

**Flurries, Flips & Fun ..... Jan 17**

**Sweet Escape ..... Feb 21**

**March Madness ..... Mar 21**

Age: 5-14 Sat (see dates) 5:30-9:30 p.m.

Resident Fee: \$15; Non-Resident: \$17

## Get Active With Elite

### Zumba Drop-In

Want to be a part of something big! Come and join the biggest zumba party in Charles County. Come party yourself into shape, you don't want to miss it.

Age: 15+ Mon Ongoing 7-8 p.m.

Resident Drop-In Fee: \$5; Non-Resident: \$7

### Forever Young Friday Drop In

Do you ever feel like fine tuning your cartwheel or brushing up on your toe touch? Well come bounce, swing, flip, or jump with us and feel like a kid again. It's not only fun, it's a great work out too!

Age: 18+ Fri Ongoing 8-9 p.m.

Resident Drop-In Fee: \$5; Non-Resident: \$7

### Gymnastics for Home Schooled Students

Keep physically and mentally fit through gymnastic movements and exploration.

**Session 3: Jan 5-Feb 23**

**Session 4: Mar 2-Apr 20**

Age: 5-13 Mon: 1-2 p.m. Fee: \$ 75/8 Sessions

## Infants & Toddler Programs

### Play & Learn with Elite

Encourage development through play and learning with our gymnastics equipment and activities. From sensory stimulation, fun exercise, and storytelling "Play & Learn" will keep your little one active. Each session will end with a snack.

Age: 5 & Younger

Mon/Wed/Fri: 11-11:45 a.m. • Sat: Noon-12:45 p.m.

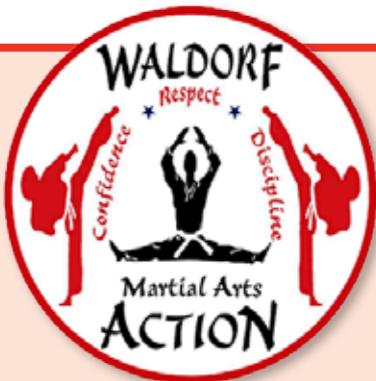
Drop-In Fee: \$5 per visit

### Small Fry Surprise

Bring your little one, and enjoy our variety of activities such as arts and crafts, cooking projects, games, gymnastics, and more. We will surely keep your little one busy. Day-to-day activities vary.

Age: 2-6 • Fri: 6-6:45 p.m.

Drop-In Fee: \$5 per visit



## Waldorf Action Martial Arts

Gain energy, flexibility, strength, endurance, be less stressed, and learn forms of self-protection. 4th, 5th and 6th Degree Black Belt Master Instructors. Affordable prices, Family memberships, law enforcement/ firefighter/military discounts! Taekwondo, Te-Geri Fitness Kickboxing, Adult Morning Classes, Karate Birthday Parties, Transported Afterschool Sport Taekwondo Program. "Test-drive" any of our programs with a FREE introductory lesson. Call 301-645-1650, or visit at [www.waldorfmaritalarts.com](http://www.waldorfmaritalarts.com).



## Gymnastics

High quality gymnastics are available at Elite for boys and girls age 2-18. Class programs follow USA Gymnastics Jr. Olympic Program. Day and evening classes available. Beginner, intermediate, and advanced classes. Monthly fees with annual registration.

### Competitive Teams

Elite offers USAG competitive team: levels 2-10. USA Gymnastics is the sole national governing body for the sport of gymnastics in the United States. This designation comes from the U.S. Olympic Committee, and the International Gymnastics Federation (FIG). The competition season usually beginning in November and ends in spring. Our competitive gymnasts will travel to various gyms both in Maryland and throughout the United States.

### Pre-Competitive Teams

Elite offers three pre-competitive groups Baby Eagles and Little Eagles by placement only. These groups are designed to prepare gymnasts who demonstrate skills and readiness needed for competitive programs, to cross over into our USAG competitive gymnastics program. These groups do not compete.

## Recreational Gymnastics

Program teaches achievable goals, frequent success and tangible rewards. Our curriculum uses a beginner to advanced level system to track achievements. Skills are broken into achievable steps. Elite nurtures an environment where children have an opportunity to be successful and feel like winners.

Sessions consist of eight classes. Placement depends on age and skill level. For safety reasons, all class sizes are limited to a maximum number of participants. Classes may be canceled due to low enrollment. Instructors may move children to a different level if child is unable to participate in skill level of the registered class.

### Session 2: Jan 4-Feb 28

[See Schedule](#)

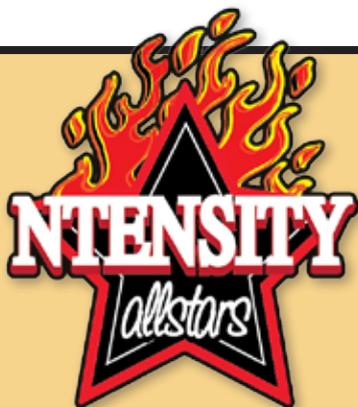
Current Student Registration Date: Nov. 16

New Student Registration Date: Nov. 23

### Session 4: Mar 1-Apr 25

Current Student Registration Date: Jan 18

New Student Registration Date: Jan 25



## Maryland Ntensity Allstars

Maryland Ntensity Cheer offers competitive cheerleading, tumbling, stunting and advanced skills for young athletes. Ntensity's mission is to provide a family oriented and safe environment. We emphasize good sportsmanship, fun, and a positive attitude by encouraging healthy lifestyles, work ethic, discipline, perseverance and a positive outlook. We believe that in developing these fundamental traits, our young members will not only be successful in cheerleading, but successful in life. MNC will offer various competitive teams, ranging from beginners to advanced, which will provide members with an opportunity to excel as a cheerleader. For more information call Coach Karla 301-752-7855 or visit at [www.mdntensity.com](http://www.mdntensity.com).

## Session 2: Jan. 4-Feb. 28 *Schedule subject to change.*

<i>Schedule subject to change.</i>	Monthly Fee	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Super Tots</b>	Parent and child class. Students learn focus and control while participating in basic gymnastic exercises on equipment designed for tots. This class will keep busy toddlers moving and help them develop listening skills.								
Age 2	\$90	45 Min.	9 a.m. & 6 p.m.					10 a.m.	
<b>Super Kids</b>	Parent and child class. Students develop body awareness, strength and flexibility while participating in gymnastic exercises. This class will reinforce listening skills and help toddlers learn to wait their turn and stay with the group.								
Age 3	\$90	45 Min.	10 a.m.		5 p.m.			11 a.m.	2 p.m.
<b>Super Kids Elite</b>	Students develop balance and coordination while learning the importance of taking turns and following instruction through participating in fundamental gymnastic exercises. This class will encourage independence. Students attend this level without parents in the gym.								
Age 4	\$115	55 Min.		6 p.m.	9:30 a.m.	5 p.m.		9 a.m.	1 p.m.
<b>Level 1 Gymnastics</b>	Beginner level. Focuses on fundamental gymnastics skills. Learn terminology and proper technique.								
Age 5-6	\$115	55 Min.		6 p.m.	7 p.m.	5 & 6 p.m.	6 p.m.	9 & 10 a.m.	3 p.m.
Age 7-10				7 p.m.	6 p.m.	7 p.m.	6 p.m.	11 a.m. & Noon	4 p.m.
Age 11+				7 p.m.			7 p.m.	11 a.m.	2 p.m.
Age 5-6	\$150	55 Min., 2x's/wk	5 p.m.	AND	5 p.m.				
Age 7-10	\$150	55 Min., 2x's/wk	6 & 7 p.m.	AND	6 & 7 p.m.				
<b>Level 2/3 Gymnastics</b>	Intermediate level class designed to continue skill progression. Gymnasts will refine current skills and develop new skills in order to progress to the next level. <b>BY PLACEMENT ONLY.</b>								
Level 2 • Age 7-10	\$115	55 Min., 2x's/wk	7 p.m.		6 p.m.			10 a.m. & Noon	3 p.m.
Level 2 • Age 11+	\$115	55 Min., 2x's/wk	7 p.m.					9 p.m.	
Level 2 • Age 7-10	\$150	55 Min., 2x's/wk		7 p.m.	AND	7 p.m.			
Level 3 • Age 7+	\$115	55 Min.	6 p.m.					11 a.m.	4 p.m.
Level 3 • Age 7+	\$150	55 Min., 2x's/wk		6 p.m.	AND	6 p.m.			
<b>Tumble &amp; Trampoline</b>	Concentrated tumbling. Focus on strength, flexibility and endurance. Designed for cheerleaders. Advanced class is BY PLACEMENT ONLY.								
Beg. Middle School	\$115	55 Min.						10 a.m.	
Beg. High School			6 p.m.					11 a.m.	
Adv. Age All								Noon	
Beg. Tumble All	\$150	55 Min., 2x's/wk	7 p.m.	AND	7 p.m.				
Drop-In	\$5	55 Min.						1 p.m.	1 p.m.
<b>Boys Tumble/Trampoline</b>	Novice/intermediate class. Focus on strength, flexibility, endurance.								
Age 5-10 and Adv. (All Ages)	\$115	55 Min.	5 p.m.				7 p.m.	10 a.m.	

# AQUATICS

DAILY CALENDARS: [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)

## Locations & Hours

Hours are subject to change without notice. All patrons will be cleared from the water 15 minutes prior to facility closing.

### Indoor Pools

#### LACKEY POOL

301-743-2470 • 301-753-6003  
Henry E. Lackey High School  
3000 Chicamuxen Rd, Indian Head

#### Winter Hours: Nov. 15–Feb. 22

Monday–Friday.....Varies • 7–9 p.m.  
Saturday–Sunday..... Noon–6 p.m.

*Pool will close on certain days for swim meets.*

#### Spring Hours: Feb. 23–June 16

Monday–Friday.....3:30–9 p.m.  
Saturday–Sunday..... Noon–6 p.m.

#### NORTH POINT POOL

301-934-7475  
North Point High School  
2500 Davis Rd, Waldorf

#### Winter Hours: Nov. 15–Feb. 22

Monday–Friday.....Varies • 7:30–9 p.m.  
Saturday–Sunday..... Noon–6 p.m.

*Pool will close on certain days for swim meets.*

#### Spring Hours: Feb. 23–June 16

Monday–Friday.....3:30–9 p.m.  
Saturday–Sunday..... Noon–6 p.m.

## Daily Admission

Age	Fee
Age 2 & Younger	Free
Age 3-12	\$4
Age 13-59	\$5
Age 60+	\$4

Children age 12 and younger must be accompanied by an adult age 16+.

### Group Admission

Any group of 8 or more must make reservations with the Pool Manager at least two weeks prior. Please call the Lackey or North Point Aquatics Offices for information.

## Punch Cards

12 visit punch card good at all pool locations. Expires 6 months from date of purchase. Valid for one person only. Each person must present their own card.

Age	Resident	Non-Resident
Age 3-12	\$40	\$45
Age 13-59	\$50	\$55
Seniors Age 60+	\$40	\$45

## Pool Memberships

Good at all pools operated by Community Services.

### Annual Membership

Good 12 months from date of purchase

	Resident	Non-Resident
Family of Four	\$400	\$410
Individual Adult	\$250	\$255
Indiv Youth/Senior	\$225	\$230
Add'l Family Member	\$50	\$55

### Semi Annual Membership

Good 6 months from date of purchase

	Resident	Non-Resident
Family of Four	\$300	\$310
Individual Adult	\$175	\$180
Indiv Youth/Senior	\$150	\$155
Add'l Family Member	\$35	\$40

**THUNDERSTORM POLICY:** All patrons will be cleared from all pools after the first sight or sound of an approaching thunderstorm. The pools will remain cleared for a full 30 minutes after the last clap of thunder or sight of lightning.

## Pool Rentals

The Indoor Community Pools at Lackey and North Point are available year-round, and McDonough Outdoor Pool is available during the summer months for private pool rentals. Perfect for birthday parties, family gatherings, church groups, camps, day care groups, group parties, and more. The rental is for three hours and includes certified lifeguards.

Reservations must be made in person at least two weeks in advance at the Aquatics Offices at either Lackey or North Point pools. Non-refundable, 50% deposit due at time of reservation.

No. of Guests	Resident
Fewer than 50	\$225
50-100	\$275
100-150**	\$325

\*\*Not available at North Point  
Rates: If non-resident, please add \$5  
More than 150 Guests: Contact Aquatics Office

**For available dates or more information, please call the Aquatics offices.**

## Holiday Punch Card Sale



Buy a punch card from Dec. 1 to Jan. 4, and receive a free pair of goggles priced at \$10 or less. Makes a great gift or start to your New Year's Resolution!

Sale is available at pool locations only.

# Special Events

## Swimming with Santa

Bring your swimsuit and join Santa in the pool for holiday fun and games. Underwater pictures with Santa are included in the fee!

### Lackey Pool (Indian Head)

Open to All Ages • 408010-LK

**Sat, Dec 13 • 2-4 p.m.**

Fee: \$5/person

*Registration accepted at the door based on availability*



## Family Guppy Time

Do you have youngsters that enjoy the water, but don't like to be crowded out by the bigger kids? Try bringing them to the pool during special hours specifically for them! Enjoy time with your little guppy and help them develop swimming techniques and a comfort level in and around the water. Adult required to be in the water with the children.

### Lackey Pool (Indian Head)

Age: 3 months to 5 years

Sat, Jan 10-Feb 28 • 9:15-10:30 a.m.

Fee: \$10 per family, per visit

## Underwater Egg Hunt

Bring your swimsuit and goggles to help the Easter Bunny collect his eggs – IN THE POOL! There will be an underwater egg hunt, fun activities, and a visit from the Easter Bunny!

### Lackey Pool (Indian Head)

Open to All Ages

108010-L1 Thu, Mar 26 • 6:30-8 p.m.

Admission Fee: \$5/person

Registration accepted at the door based on availability



## Lap Swimming

Lap lanes will be available during most of our open swim hours. Due to limited space swimmers may need to share lanes. Lanes will not be available during water aerobics. Lap swimming hours are subject to change without notice.

**Extended Lap Swim Hours:  
Saturday, Jan. 10-Feb. 28**

North Point Pool (Waldorf): 10:30 a.m.-Noon  
Lackey Pool (Indian Head): 9:15 a.m.-Noon

## Holiday Swim

Looking for a fun way to spend a day with the kids over the holiday break? Come to the pool for a ton of splashing fun with your family.

### Lackey & North Point Pools

Open to All Ages

**Each Mon/Tue/Fri  
Dec 22-Jan 2 • 1-4 p.m.**

Admission Fee: \$2/person

# American Red Cross Trainings

## Must Attend All Classes

**Refunds will not be given if participant does not pass prerequisites, or fails to complete certification requirements.**

### Lifeguard Instructor Course

Designed to train currently certified lifeguards to teach American Red Cross lifeguarding courses. Instructor manual included in fee, but must provide own adult resuscitation mask with oxygen inlet and pediatric resuscitation mask. Call for details regarding prerequisites.

### Lackey Pool (Indian Head)

Age: 17+

508028-L2 Sat-Tue, Dec 20-23

8 a.m.-1 p.m.

Resident Fee: \$215; Non-Resident: \$220

### Lifeguard Prep Class

Class focuses on swimming endurance and necessary skills needed to meet prerequisites of upcoming Lifeguard class.

### North Point Pool (Waldorf)

Age: 15+ Registration Fee: \$15

508029-N1 Fri, Jan 30

7:30-8:15 p.m.

### Water Safety Instructor Course

Designed to train candidates the skills needed to instruct courses in the American Red Cross swimming and water safety program. Participants must successfully pass the pre-course swimming skills.

### North Point Pool (Waldorf)

Age: 16+

508033-N1 M/W/Th, Feb 23-Mar 19

5:30-8:30 p.m.

Resident Fee: \$215; Non-Resident: \$220

### Lifeguard Class

Designed to provide lifeguards with the knowledge and skills necessary to ensure the safety of patrons at aquatic facilities. Text book and CPR mask are included in the course fee. Call for details regarding prerequisites.

### Lackey Pool (Indian Head)

Age: 15+

508030-L1 Thu/Fri, Feb 26-27

4:30-9 p.m.

Sat/Sun, Feb 28, Mar 1

8 a.m.-4 p.m.

Resident Fee: \$200; Non-Resident: \$205





## CHARLES COUNTY SWIM CLUB

### Teamwork, Competition, Sportsmanship!

Experience these qualities and more by joining the Charles County Swim Club. This program is designed for competitive and non-competitive swimmers looking to have fun, while experiencing the excitement of competitive swimming without the stress of competing on a high level. There will be a one day evaluation to determine levels. Swim Club will meet twice per week. See locations below.

- Must be able to swim one length (25 yards) both freestyle and backstroke
- Leveled instruction for beginner and advance swimmers
- Fun hands-on instruction
- Endurance training
- Practice all four competitive strokes
- Will cover starts, turns, and finishes

#### Open to Age 6-18

Resident Fee: \$140; Non-Resident: \$145

#### North Point Pool (Waldorf): 108056-NP

Evaluation Day: Jan. 5 • 7:30 p.m.

Practices to be held Monday, Wednesday, and Saturday. Times TBA.

#### Lackey Pool (Indian Head): 108056-LK

Evaluation Day: Jan. 6 • 7:15 p.m.

Practices to be held on Tuesday, Thursday, and Saturday. Times TBA.

Online registration is available at:

[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)

### Adult Learn to Swim Hour

Course designed for adult beginner and intermediate swimmers looking to gain confidence in the water. Each class will focus on basic swimming skills, stroke development, and water safety. Only seven swimmers per instructor. No refunds or make ups will be issued for missed classes.

Age: 17+

Resident Fee: \$65; Non-Resident: \$70

#### Lackey Pool (Indian Head)

108028-L1 Sat, Jan 10-Feb 28 9:20-10:20 a.m.

#### North Point Pool, Waldorf

108028-N1 Sun, Jan 11-Mar 1 6:45-7:45 p.m.

### Water Aerobics

Classes are low-impact with emphasis on stretching, cardiovascular, and resistance exercises. Participants should be comfortable in the water, but do not need to know how to swim. All classes are limited to a certain number of participants on a first come first serve basis. Purchase of a punch card does not guarantee a spot in the class.

*The water aerobic class schedules are subject to change without notice depending on instructor/pool availability.*

#### Open to Participants Age 16 & Older

#### 8 Visit Punch Card

Resident Fee: \$40; Non-Resident: \$45

Daily Drop-In Fee: \$6 per visit

#### Lackey Pool (Indian Head)

*Class will not be held on Jan. 28*

Mon/Wed, Jan 5-Feb 25 7:45-8:45 p.m.

#### North Point Pool (Waldorf)

Tue/Thu, Jan 6-Feb 26 7:45-8:45pm

Sat, Jan 10-Feb 28 10:30-11:30am

#### New times for spring water aerobics starts March 9!

### Intro to Fitness Swimming

Designed for adults who are confident in the water, and have the knowledge and skills necessary to cross the pool safely, but still need work on their conditioning and swimming technique. The goal of this course is to assist adults in transitioning from learning to swim to swimming for fitness.

#### North Point Pool (Waldorf)

Age 17+

108015-N1 Mon/Wed, Mar 2-25 7:45-8:45 p.m.

Resident Fee: \$65; Non-Resident: \$70

# Swim Lessons

**Resident Fee: \$60 • Non-Resident: \$65**

Sessions consist of eight, 35-minute classes. Each session includes one day of basic water safety skills. Children must be able to perform all skills of the previous level before moving on to a higher level. For safety reasons, all class sizes are limited to a maximum number of participants. Classes may be canceled due to low enrollment. Instructors may move children to a different level class if the child is unable to participate in the skill level of the registered class. Please contact the Aquatics Supervisor if health conditions warrant additional accommodations for participation. Registration is on a first-come, first-serve basis.

## INFANT/TODDLER

**REQUIREMENTS:** Age 6-36 mths. Parent/guardian accompanies child in water.

**SKILLS:** Teaches parents skills and techniques to encourage/develop comfort level for children in and around water. Includes guided instructional teaching, as well as individual parent/child water exploration.

## PRESCHOOL 1

**REQUIREMENTS:** Age 3-5. **SKILLS:** Designed to teach water safety and intro to basic swimming skills; including submerging, floating, kicking, bobbing, using their arms on both the stomach and back.

## PRESCHOOL 2

**SKILLS:** Age 3-5. Must have successfully completed Preschool 1 skills. Must be able to fully submerge head, and be comfortable with water. **SKILLS:** Works on floating, and introduces combined stroke (arms/legs) on stomach and back.

## PRESCHOOL 3

**REQUIREMENTS:** Age 3-5. Must have successfully completed Preschool 2 skills. Must be comfortable with underwater swimming, able to float unsupported, and swim 5 yds on stomach and back by themselves.

**SKILLS:** Continues with combined stroke on stomach and back, introduction of elementary back stroke, and deep water skills.

## LEVEL 1

**REQUIREMENTS:** Age 6-11. **SKILLS:** Designed for non-swimmers. Intro to water safety and basic swimming skills. Includes submerging, floating, kicking, bobbing, and alternate arm action.

## LEVEL 2

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 1 skills. Must be able to fully submerge head and be comfortable with water. **SKILLS:** Course works on floating and introduces combined stroke (arms/legs) on stomach and back.

## LEVEL 3

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 2 or Preschool 3 skills. Must be comfortable with underwater swimming, able to float, and swim 15 yds on stomach and back. **SKILLS:** Class builds on acquired combined stroke on stomach and back. Adds deep water skills, elementary backstroke, and beginning diving skills.

## LEVEL 4

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 3 skills. Must be able to swim 25 yds (one length of pool) of front crawl, and back crawl. **SKILLS:** Refine technique of previous skills. Front and back crawl, elementary backstroke, breaststroke, and sidestroke emphasized. Also improve diving from a standing position.

## LEVEL 5

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 4 skills. Must be able to swim 50 yds (two lengths of pool) of front crawl, and back crawl. Must be able to correctly demonstrate elementary backstroke, breaststroke, and sidestroke. **SKILLS:** Builds on skills from previous levels and refines strokes of front crawl, backstroke, breaststroke, sidestroke and diving. Also learn basics of butterfly stroke.

## TEEN 1

**REQUIREMENTS:** Age: 12-16. **SKILLS:** Designed for non-swimmers. Course is an introduction to water safety and basic swimming skills. Includes submerging, floating, kicking, bobbing, and alternate arm action on both the stomach and back.

## ADULT BEGINNER/ADVANCED

Please see the Adult Learn to Swim Hour, Intro to Fitness Swimming.



## Current Swim Lesson Schedule:

### Lackey Pool (Indian Head)

#### Winter Session 1: (8 weeks)

Sat • Jan 10-Feb 28

Infant/Toddlers . . . . .	10:30 . . . . .	108500-1A
Preschool 1 . . . . .	10:30 . . . . .	108501-1A
Level 2 . . . . .	10:30 . . . . .	108505-1A
Preschool 2 . . . . .	11:15 . . . . .	108502-1A
Level 3 . . . . .	11:15 . . . . .	108506-1A
Level 4/5 . . . . .	11:15 . . . . .	108508-1A
Preschool 3 . . . . .	12:00 . . . . .	108503-1A
Level 1 . . . . .	12:00 . . . . .	108504-1A

### North Point Pool (Waldorf)

#### Winter Session 1: (8 weeks)

Sun • Jan 11-Mar 1

Infant / Toddler . . . . .	2:15 . . . . .	108600-1A
Level 5 . . . . .	2:15 . . . . .	108609-1A
Preschool 1 . . . . .	3:00 . . . . .	108601-1A
Level 2 . . . . .	3:00 . . . . .	108605-1A
Preschool 2 . . . . .	3:45 . . . . .	108602-1A
Level 3 . . . . .	3:45 . . . . .	108606-1A
Preschool 3 . . . . .	4:30 . . . . .	108603-1A
Level 1 . . . . .	4:30 . . . . .	108604-1A
Level 2 . . . . .	5:15 . . . . .	108605-1B
Preschool 1 . . . . .	5:15 . . . . .	108601-1B
Preschool 2 . . . . .	6:00 . . . . .	108602-1B
Level 3 . . . . .	6:00 . . . . .	108606-1B
Level 4 . . . . .	6:00 . . . . .	108607-1A
Teen 1 . . . . .	6:45 . . . . .	108612-1A

#### Winter Session 2: (4 weeks)

Mon/Wed • Mar 2-25

Level 1 . . . . .	5:30 . . . . .	108604-2A
Preschool 2 . . . . .	5:30 . . . . .	108602-2A
Level 2 . . . . .	6:15 . . . . .	108605-2A
Preschool 3 . . . . .	6:15 . . . . .	108603-2A
Level 3 . . . . .	7:00 . . . . .	108606-2A
Level 4/5 . . . . .	7:00 . . . . .	108608-2A



# TRIPS & TOURS

www.CharlesCountyParks.com • 301-934-9305 or 301-870-3388, ext. 5159

## Philadelphia Flower Show



LIGHTS  
CAMERA  
BLOOM

Experience the magic of movies and horticulture as the Philadelphia Flower Show celebrates the silver screen. The show is an annual event at the Pennsylvania Convention Center in March. It is the world's oldest and largest indoor flower show, attracting more than 260,000 people annually, and featuring large-scale gardens, elaborate landscapes, and over-the-top floral creations.

**Saturday, March 7**

103025-TR • Trip Fee: \$104 • Deadline: Feb. 7

Departure: La Plata Courthouse 6 a.m., Waldorf Park & Ride 6:20 a.m.

Est. Return: 8 p.m.

## Senior Trips

Senior Citizens are invited to enjoy these trips planned specifically for them. Registration is accepted at the Department of Community Services building and the Richard R. Clark Senior Center. Age: 60+.

### The Addams Family at Toby's Dinner Theatre (Columbia, MD)

The Addams Family is taking the theatre scene by storm! Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet young man from a respectable family. Everything will change for the family on the night they host a dinner for Wednesday's "normal" boyfriend and his parents. Buffet lunch included before the show.

103106-TR Wed, Mar 25

Trip Fee: \$90

Registration Deadline: Feb 25

Departure: Clark Senior Center 8:15 a.m., Waldorf Jaycees 8:45 a.m.

Est. Return: 5:30 p.m.

### Funny Girl at Dutch Apple Dinner Theater (Lancaster, PA)

Fanny Brice ruled Broadway as Ziegfeld's brightest star, and she brought the house down as a comedienne and singer. Fanny becomes a star, falls in love, and marries Nick Arnstein, a gambler whose luck doesn't hold up. Hear hits *Don't Rain on My Parade*, *Who Are You Now*, and Barbra Streisand's *People*. Lunch included. Dinner on your own at Cracker Barrel.

203103-TR Thu, Apr 16

Trip Fee: \$104

Registration Deadline: Mar 18

Departure: Clark Senior Center 7:40 a.m., Waldorf Jaycees 8 a.m.

Est. Return: 8:30 p.m.

### Joseph at Sight & Sound Theatre (Strasburg, PA)

Using innovative dream sequences, lavish Egyptian staging, colorful characters, live animals, and memorable songs, this show will leave you uplifted with the life-changing message of God's forgiveness. Buffet lunch at Double Tree Resort included. Dinner on your own at Cracker Barrel after the show.

303118-TR Wed, Jun 3

Trip Fee: \$130

Registration Deadline: Apr 17

Departure: Clark Senior Center 8 a.m., Waldorf Jaycees 8:20 a.m.

Est. Return: 9:30 p.m.

## Fly Away Trips & Tours

The Department of Community Services and Collette Vacations is pleased to present the following trips. These trips include air transportation from the Washington area, waiver and cancellation insurance. All trips out of the country require a passport.

Detailed itineraries, pricing, and registration forms are available by calling 301-934-9305 or 301-870-3388, ext. 5159.

### Free Travel Slide Presentation

Bring a friend and join us for travel and fun with Collette Vacations. *Discovery Tuscany* will be the featured trip: learn about the tours, hotels and travel managers on that trip.

103209-TR Date: Mar 12 (Preregistration required)

Location Dept. of Community Services (Port Tobacco)

Time: 1:30 p.m.

### Discover Tuscany

#### 10 Days 13 Meals

Your adventure begins with an overnight flight to Italy. Rolling landscapes, savory wines, delicious food, and stunning architecture – this can only be Tuscany. On this special journey you will enjoy walking tours in Italy's most charming towns, visit magnificent historic monuments and sample delicious cuisine and wines.

503232-TR Date: Sept 29-Oct 8, 2015

Registration Deadline: Mar 23

Per Person Fee: \$3,959 double, \$4,259 single if booked before Mar 23.

After that date, the fee is an additional \$200/pp.

## Statue of Liberty & Ellis Island

### At Liberty State Park, NJ

Enjoy your trip to the Statue of Liberty and Ellis Island. Ticket includes pedestal access and a self-guided audio tour of the Statue of Liberty.

**Saturday,  
March 28**

103017-TR

Trip Fee: \$103

Registration Deadline: Feb 27

Departure: La Plata  
Courthouse 6 a.m., Waldorf Rt.  
301 Park & Ride 6:15 a.m.

Est. Return: 10:30 p.m.



# CHARLES COUNTY PARKS

301.932.3470 or 301.870.2778 • www.CharlesCountyParks.com



	BRYANTOWN	BENSVILLE	CHARLES COUNTY SKATE PARK	CHARLIE WRIGHT	FRIENDSHIP FARM	GILBERT RUN	HATTON CREEK	INDIAN HEAD RAIL TRAIL	LAUREL SPRINGS	MALLOWS BAY	MARSHALL HALL	MAXWELL HALL	OAK RIDGE	PINEFIELD	PISGAH	POMONKEY	ROBERT D. STETHEM	RUTH B. SWANN	SOUTHERN	TURKEY HILL	WHITE PLAINS GOLF COURSE & PARK	
Amphitheater					●																	
Baseball		●		●	●				●				●	●	●		●	●	●			●
Basketball														●						●		
Boat Ramp					●	●	●			●	●											
Boat Rentals						●																
Concessions	●		●			●			●				●		●		●					●
Disc Golf Course																					●	
Driving Range																						●
Dog Park																					●	●
Equestrian Ring/Trails					●							●	●									
Fishing					●	●				●									●			
Football		●		●					●						●			●		●	●	●
Golf Course																						●
Grills						●			●				●	●				●	●	●	●	●
Horseshoes						●																
Trails/Hiking		●			●	●		●	●	●		●	●		●			●				
Multipurpose Fields		●													●			●				
Pavilion	●	●				●			●				●	●	●		●	●	●	●	●	●
Picnic Tables	●	●			●	●		●	●	●			●	●	●		●	●	●	●	●	●
Playground		●				●			●				●	●	●			●	●			●
Skateboard/Inline			●					●							●							
Sled Run																		●				
Soccer	●	●		●					●					●	●	●					●	●
Softball		●							●				●	●	●		●	●	●			●
Tennis																			●			●
Tot Lot		●				●			●				●		●			●	●			●
Volleyball						●																
Restrooms	●	●	●	●	●	●		●	●	●	●	●	●		●	●	●	●	●	●	●	●

Some park facilities may require usage permits.

# HAPPY TRAILS!

Whether you walk, jog, or hike...  
ride a horse or a bike...

Charles County Parks has a trail for you!



## Gilbert Run Park

13140 Charles St. • Charlotte Hall

This 2.5 mile nature trail travels along the edge of the 60 acre Wheatley Lake. Features include: self guided nature walk (pamphlets available at park office), fishing pavilions, numerous boardwalks and bridges, and beaver colony observation deck.

## Friendship Farm Park

4705 Friendship Landing Rd • Nanjemoy

This hidden gem offers seven miles of recreational trail – providing access to 382 acres of forest and farmland. Visitors can explore the outstanding natural resources and serenity that surrounds Nanjemoy Creek. Amenities such as interpretive signs, benches, and observation decks are highlights along the trail. Friendship Farm Park is also noted for reliable wildlife viewing opportunities. Most trails are open to equestrians April through November.

## Laurel Springs Park

5940 Radio Station Rd • La Plata

Winding around the edges of the athletic complex, this 1.6 mile trail is ideal for jogging or a quick lunch hour stroll.

## Oak Ridge Park

13675 Oaks Rd • Hughesville

This 7 mile trail network offers equestrians and hikers a wide variety of trail options. Features include: hilly terrain, creek crossings, bridges, and flat open areas. Oak Ridge Park also features two show-quality riding arenas which are open to the public except during special events.

## Maxwell Hall Park

6680 Maxwell Dr • Benedict

This equestrian facility welcomes hikers and nature watchers. Located off Rt. 231 near Benedict, the park offers over 14 miles of horse trails. Features include: flat wide open riding, "intense" and hilly wooded terrain, cross country jumping course, trail obstacle course, and beach front riding along the Patuxent River. \$25 annual membership required to ride at facility. Hikers and birders may use trails free of charge.

## INDIAN HEAD



## RAIL TRAIL

The Indian Head Rail Trail is a 13-mile recreational trail that connects White Plains with the Town of Indian Head. The smooth paved surface offers excellent opportunities for cycling, walking, and running. The trail also offers an excellent wildlife viewing area.

Stop by and discover why the IHRT is quickly becoming one of the region's most popular recreational facilities.

Various parking areas/trail access points are available.

Open daily during daylight hours.

**For information please call 301-932-3470.**

**Pets are welcome on all of the trails, but must be on a leash. Horseback riding is limited to Friendship, Oak Ridge, and Maxwell Hall Parks. Bicycles are permitted on IHRT, but are not allowed on any other trails**



# Gilbert Run Park

There's something for everyone at Gilbert Run Park. Whether it's fishing or boating on our 60-acre freshwater lake, playing horseshoes or volleyball, hiking or birdwatching, you'll find it at the park.



Gilbert Run Park is located off Rt. 6 in Charlotte Hall. Open Monday–Sunday, April–Oct., and weekends only in March and Nov. The park is closed during the winter season.

Closed for the season after Nov. 16.

## Picnic Pavilion Rentals

Let nature's beauty enhance your next company picnic, reunion, or birthday party. There are six different sites to choose from. Small groups (50) to large groups (up to 450) can be accommodated.

To make reservations, or if you have questions, please call the park office at 301-932-1083. Entrance Fee: \$4 (April–Sept., weekends and holidays).

## Mark Your Calendar!

Reservations for next season will start Feb. 2, 2015.

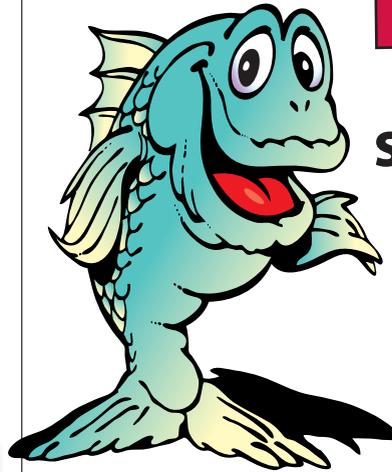


**Boat  
Rentals  
open  
APRIL 4**



Catch the  
**EXCITEMENT!**

# GILBERT RUN PARK FISHIN' BUDDIES DERBY



**Sat • May 2**

7 a.m.–12:30 p.m.

Team Fishing  
Entry Fee: \$7/team

Each team must consist of one adult (age 21+) and one child (age 6-15). Awards will be given in two different age divisions. Bank anglers will compete separately from those who choose to fish from a boat.

## categories

Largest and Most  
Bluegill-Crappie-Bass  
Special Award for Trout & Catfish

Preregistration is required. All entries must be received at the Parks Division at 1001 Radio Station Road in La Plata by Noon, April 29.

Registration forms are available at the Park (weekends only), or by calling 301-932-3470 or 301-870-2778.

# Charles County PLAYGROUNDS

*Enjoy hours of fun*

... at any one of the many Charles County public playgrounds! The play equipment is contemporary, encourages innovative play, and meets all industry standards for safety compliance. Facilities are designed to accommodate all levels of abilities, including special needs.



### Bensville Park

6980 Bensville Road • White Plains

### Cobb Island Playground

Neale Sound Drive • Cobb Island

### Gilbert Run Park\*

13140 Charles Street • Charlotte Hall

### Laurel Springs Regional Park

5940 Radio Station Road • La Plata

### Oak Ridge Park

13675 Oaks Road • Hughesville

### Pisgah Park

6645 Mason Springs Road  
La Plata

### Robert D. Stethem Park\*

4250 Piney Church Road • Waldorf



### Ruth B. Swann

3100 Ruth B. Swann Drive • Bryans Road

### Southern Park

15885 Wilson Road • Newburg

### White Plains Regional Park

1015 St. Charles Parkway  
White Plains

*\*Park is closed Dec.–Feb.*



For details, please call 301-932-3470, or visit:  
[www.charlescountyparks.com](http://www.charlescountyparks.com)

## Charles County is... Going to the Dog Parks!

Did you know there are **TWO** dog parks in Charles County?



Public off-leash exercise areas, operated and maintained by Charles County Government, help provide safe, legal areas in which dogs can run, play, and socialize. We invite residents to visit with their dogs to enjoy these unique facilities.

The parks offer two separate fenced areas – A large area designed for general dog play and a smaller area for smaller dogs and puppies (at least 4 mos. old). The smaller area is also great for shy dogs not quite ready to socialize in the larger play area.

**For more information,  
please call 301-932-3470**

**White Plains Dog Park** • This dog park is located within the White Plains Regional Park which is at the intersection of St. Charles Parkway and DeMarr Road (1015 St. Charles Parkway). Directions: From Waldorf: travel south on U.S. 301 to White Plains, turn left on DeMarr Road. Travel 1.5 miles to stop sign, turn right on parkway, then turn left into the park. Follow the main entrance road to the athletic complex. The off-leash area is just off of the cul-de-sac at the road's end.

**Turkey Hill Dog Park** • Located in Turkey Hill Park, this facility is located just north of La Plata (9430 Turkey Hill Road). Directions: From Waldorf: travel south approximately 5 miles on U.S. 301, turn right on Turkey Hill Road. The park is the first entrance on the right. The dog park is directly on the left once you enter the park. From La Plata, travel North on U.S. 301, approximately 2 miles, turn left on Turkey Hill Road.

**Hours of Operation** • Seven days a week, 8 a.m. until dusk (with the exception of Christmas Day and New Year's Day when both parks are closed). Occasionally, the park may be closed during, and after, periods of inclement weather.

**Dog Park Brochures** • Dog park brochures are available by visiting our website at [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com).

## FREE Boat Launch Facilities

### Friendship Farm Park

Nanjemoy Creek • Nanjemoy

Single-lane boat ramp. Parking for approx. 16 trailers. Facility features good access to the main stem of the Potomac and also to the extensive, immediate protected waters of Nanjemoy Creek. Open year-round, dawn to dusk. Directions: From La Plata, take Route 6 West. Left on Route 425. Left on Friendship Landing Road. Follow to end.

### Gilbert Run Park (electric motor only)

Wheatley Lake • Dentsville

60 acre fresh water lake with fishing, pedal boating, row boating, and canoeing. Bass, bluegill, trout and catfish. Ramp for electric motors only. Fishing supplies, licenses and concessions available. Open Mar-Nov with seasonal hours.

### Hatton Creek

Wicomico River • Issue

Single-lane ramp gives protected small boat access to river. Open year-round, dawn to dusk. Directions: From La Plata, take Rt. 301 south. Left on Rt. 257 towards Cobb Island. Left on Hatton Creek Road. Follow to end.

### Mallows Bay Park – Boat Launch Facility

Nanjemoy/Riverside

Single-lane ramp allows for protected access to the Potomac River. Recommended for small watercraft (shallow water). Gravel parking for 20 trailers. Open daily 5:30 a.m.-Dusk. Kayak launch available. Directions: From La Plata, take Route 6 West. Right on Liverpool Point Road. Right on Route 224. Left on Wilson Landing Road. Follow to the end.

### Marshall Hall

Potomac River • Bryans Road

Double ramp. Paved trailer parking for 25 boat trailers with available overflow parking. Situated just above Greenway Flats in Mount Vernon area of river. Open year-round, dawn to dusk. Directions: From Route 210 (Indian Head Highway) south make a right turn onto Route 227. Follow to end of road.

**Details: 301-932-3470**

## Charles County

# SKATEPARK

At White Plains Park • 301-638-5208



**A California Experience On the East Coast!**

**15,000 sq. ft. concrete skatepark!**

Open to skateboarders and in-line skaters, this park features various size bowls and a challenging street course.

### Now Open for Freestyle Bikes!

Saturday only 9 a.m.-Noon

**Open to Age 6 & Older**

Helmets & Pads Required

### Winter Hours: Dec. 8, 2014–Jan. 4, 2015

Saturday..... *Bikes Only:* 9 a.m.-Noon

Saturday & Sunday ..... Noon-Dusk

Closed during rain/wet conditions. Closed on all major holidays.

**The skatepark will be closed for the winter season after Sunday, Jan. 4, and will re-open on Saturday, March 7.**

### Fees & Passes

Youth • Age 6-17	Resident	Non-Resident
Per Session Admission	\$3	\$5
Season Pass	\$75	\$110
Adult • Age 18+	Resident	Non-Resident
Per Session Admission	\$4	\$6
Season Pass	\$95	\$130

**SEASON PASS** is effective beginning March 1 of each year and is valid for 10 full months (pass cannot be prorated).

### Equipment Rental

Helmet .....	\$2	Wrist Guards .....	\$1
Knee Pads.....	\$2	Combo/All .....	\$5
Elbow Pads.....	\$2		

Although the park offers rental helmets and pads, we encourage skaters to provide their own protective equipment.

# CAPITAL CLUBHOUSE

Operated by Rink Management Services Corporation

301.932.4348 • Fax: 301.632.5880

[www.CapitalClubhouse.com](http://www.CapitalClubhouse.com)

10 a.m.–10 p.m. • Call/check website for public skate times.

**Online registration available! Registrations for Capital Clubhouse programs are accepted only at the Capital Clubhouse.**

## Public Skating

Visit [www.capitalclubhouse.com](http://www.capitalclubhouse.com) for the complete schedule. Days and times subject to change without notice.

Age: All Open Daily • Admission: \$7 • Skate Rental: \$3

## Friday Night Dance Party

LIVE DJ house music every Friday night! No discount, passes, or coupons.

Age: All Each Friday through March • 8:30-10 p.m. Admission: \$12/skater

## Home School Fridays

Days and times subject to change. Program does not operate on holidays.

Age: All Fri, Ongoing • 1:30 p.m. • Admission: \$7/home-schooled student (incl skates)

## Totsicles

A half-hour of self-paced orientation to movement on ice for ages 2 to 5 with an adult care-giver, followed by a cup of hot cocoa and a story read aloud in our warm lobby. Children may wear skates or shoes for snow and ice (no smooth-sole or open-toe shoes). Adults wear shoes for snow and ice.

Age: 2-5 with Adult Caregiver  
Fri, Ongoing • 10:30-11:30 a.m.  
Fee: \$7/visit



## CAPITAL CLUBHOUSE SKATING ACADEMY



### Learn To Skate

Divided by skill level/age – beginner through advanced. Professional instructors teach a progression of basic skating skills. Learn basic ice skating skills. Sessions include: 30 min. lesson (45 min. for Basic 4 and beyond), rental skates, practice card good for six public skating admissions during your session (\$3 for skate rental), official Basic Skills membership card, record book w/stickers, member patch, and year patch. Written evaluation at end of session.

**Schedule subject to change without notice.**

**Prerequisite:** All skaters must be able to stand and walk in skates without assistance while not on the ice. All first-time Academy students are recommended to skate at least once prior to class start to find out correct skate size and fit.

**Session 3: Jan 6-Feb 11 • Session 4: Feb 17-Mar 25**  
**Registration Deadline: 7 Days Prior to Start of Class**

### Beginner Skating Levels

Age 4+ • Helmet Recommended

Sunday: 4:30-5 p.m. or 5:05-5:35p.m. or 5:40-6:10 p.m. **OR**

Monday: 6-6:30 p.m. or 6:35-7:05 p.m.

Age: 4-5 for Snowplow Sam 1, 2, 3

Age: 6-Adult for Basic 1, 2, 3

Resident Fee: \$90 ; Non-Resident: \$105

### Interm. & Adv. Figure Skating

Age 4+

Sunday: 5:40-6:25 p.m. **OR** Monday: 6:15-7 p.m.

Age: 6-Adult for Basic 4, 5, 6, 7, 8 pr Free Skate 1, 2, 3

Resident Fee: \$135; Non-Resident: \$150

### Hockey Skating Skills

**Prerequisite:** Must be age 6+ **AND** completed 6 wks of Basic 1 in hockey skates

Age: 6-Adult for Hockey 1, 2, 3, and 4

Monday: 6-6:30 p.m. or 6:30-7 p.m.

Resident Fee: \$90 ; Non-Resident: \$105

**Add an additional \$15 for non-resident and/or \$15 for late fee.**

Submit your birth date and e-mail address when registering. Makeup classes offered with permission from Skating Director; skill levels may be combined due to low enrollment; skill levels available only at listed times.

## Special Events

### Theatre on Ice Holiday Ice Show

Tue Dec 16 7pm

Free admission

Skaters from our Skating Academy perform

### National Skating Month

Join the Capital Clubhouse in celebration of National Skating Month. Introductory lessons, information about figure skating and hockey, goodies to take home, information on how to become a U.S. Figure Skating member, parent education and information sessions.

Age: 4-Adult

Dates TBA

Please call 301-932-4348 for schedule information.

### Eighth Annual Glide Into Spring!

#### Open Basic Skills Ice Skating Competition

#### National Capital Area Basic Skills Competition Series

Show off your skills for the judges in our competition just for skaters learning the Basic Skills of ice skating. Competitors can skate a program to music, or demonstrate their skills one-by-one, or both. Events for tots through Adults. Everyone receives a prize! Rental skates are included with entry fee. Prerequisite: at least one six-week Skating Academy class (includes membership in USFS Basic Skills). Final event in the Competition Series.

Age: 4 and older

Sat May 2 8am-2:30pm

Entry Deadline: Apr 14

Entry Fee: First Event \$30; Additional Events (each) \$15; late entry fee (additional) \$30, if space is available. Fees and deadline subject to change.

## Ice Hockey

### Stick-n-Puck

90 minutes of informal stick handling and shooting practice for all ages. No instruction. Full ice hockey equipment required for youth and recommended for parents; helmets required for all.

Age: 4+ Ongoing Fee: \$11/player

### Adult Ice Hockey Leagues

Recreational play for A and B-level teams. Games on Saturdays, and/or Wednesdays. Details: 301-932-4348

### Adult Pickup Ice Hockey

90 minutes of informal game time. No referees. Full ice hockey equipment required.

Age: 18+ with proof of age

Ongoing Fee: \$11/player

### Inline Hockey Leagues

Developmental leagues for all age groups. Full equipment required. Please contact Amanda Michael at amichael@capitalclubhouse.com for days, times, and fees.

Age: Adult Sun and/or Fri Sep-Dec

## Sports Court Programs

Schedules are subject to change without notice. Call to confirm dates/times.

### Inline Hockey Leagues

Developmental leagues for all age groups. Full equipment required. Contact Amanda Michael at amichael@capitalclubhouse.com for details on days, times, and fees.

Age: 13u, 18u & Adult Sun • Mar-Jun

### Inline Hockey Pickup Sessions

Sun, Ongoing (until league play begins)

Age 13u or Age 18u: \$7

Adult: \$10

### Sports Pickup Sessions

Additional sessions may be held. Check the monthly Dry Court Activity Calendar at [www.capitalclubhouse.com/calendar](http://www.capitalclubhouse.com/calendar).

Mon/Wed = Basketball and Soccer

Tue/Thu = Field Hockey and Volleyball

Age: All Ongoing • 3:30-5 p.m. Fee: \$5/player

### Southern Maryland Volleyball Club Youth Leagues

Details: Nila Straka, 877-377-7465 ext. 111.

### Waldorf Soccer Club: Youth Leagues

Details: [www.waldorfsoccer.com](http://www.waldorfsoccer.com)

### Charles County Lacrosse Club Youth Leagues

Details: [www.charlescountylax.com](http://www.charlescountylax.com)

## Don't forget...

Check out our daily programs and ongoing activities. Visit [www.capitalclubhouse.com](http://www.capitalclubhouse.com) for details, dates, and fees.

## Daily Programs

**Rock-N-Skate Fridays!**  
**Totsicles • Daily Skating**  
**Home School Fridays**  
**Rock Climbing Wall**

## Sport Courts

**Inline Hockey Leagues**  
**Pick-Up Sessions for**  
**Basketball, Soccer, Lacrosse,**  
**Inline Hockey,**  
**and Volleyball**

For details, please call  
301-932-4348, or visit  
[www.capitalclubhouse.com](http://www.capitalclubhouse.com).

## Hockey

For details, please contact the Capital Clubhouse's League Director, Christine Brock, at 301-932-4348.

**Ice Hockey • Stick-N-Puck**  
**Ice Hockey Pick-up Games**  
**Adult & Youth Leagues**

For more information, or to register for youth hockey leagues at the Capital Clubhouse, please visit [www.somdsabres.org](http://www.somdsabres.org).

Youth Ice Leagues are offered through the Southern Maryland Sabres, the area's premier youth ice hockey club.





## Online Registration

Online registration is available for most programs at:

[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)

### Please take note of the following regarding your online registration:

Instructions for logging into the system are provided online.

If registering for the first time, you will need to create a new account. Please be sure to enter everyone in the household, including date of birth and grade for everyone registering for programs.

If you have an account, but have forgotten your user name and/or password, the registration system can automatically send this information to you.

Registration for minors (18 and younger) requires adult input and information.

Not all programs are available for online registration.

Online payments are accepted by MasterCard, Visa and Discover only.

To register for programs not currently offered online, please follow the standard registration process.

## Standard Enrollment

A completed and signed registration form, along with payment, is due at the time of registration.

Checks and money orders must specify the program by **code**, and must be for the exact amount, payable to: **Charles County Commissioners**

Checks must include the current address, telephone number, and drivers license number with expiration. Information must be included for the person making payment.

Cash payment is only accepted at the main office at 8190 Port Tobacco Rd., Elite Gymnastics, and Capital Clubhouse. Except for limited programs/activities, cash is not accepted at Community Centers or indoor pools.

Discover, MasterCard and Visa payments are accepted by mail, in person, or via fax at all Community Centers and the main office in Port Tobacco. See page 4 for a listing of Centers in your area with telephone numbers and addresses.

**Mail-in payments** with a signed registration form are only accepted at:

Dept. of Community Services  
Attn: Registration Office  
8190 Port Tobacco Road  
Port Tobacco, MD 20677

## Transfers

All transfer requests must be received in writing. After a transfer has been made, no additional transfers or refunds will be accepted for that program.

## Indoor Youth Sports League Registration

Proof of age is required within three (3) days of registration if requested by the Registration Office. There are no exceptions to this rule.

Carpool requests, practice location requests, or requests for a particular coach cannot be guaranteed.

## Returned Check Fees

Checks returned for insufficient funds or other reason will incur a fee of up to, but not more than, \$35 for each occurrence. We do not re-deposit returned checks; only cash, money order, or credit card accepted for face value of check, plus the return check fee. Persons who fail to rectify this obligation will be denied participation in all Charles County Government programs.

## Refund Policies

All requests for refunds must be received, in writing, seven working days prior to the start of a program. Fax requests for refunds are accepted at 301-934-5624.

After the program has begun, a prorated refund, based on participation, may be approved if requested in writing with medical verification received prior to the end of the program.

No refunds will be considered after a program has ended.

A \$10 administrative fee will be deducted from all approved refunds, regardless of circumstances, unless the program is canceled by Charles County Community Services.

Late fees and T-shirt costs are non-refundable.

**Overnight trips** may not qualify for a refund.

## Additional Policy for Youth Sports Leagues

For select **sports programs**, league rules determine program refund amount. All requests for refunds for youth sports league programs must be received, in writing as follows: **High School Prep Basketball League: Feb 26.** Faxed refund requests are accepted at 301-934-5624.



## Charles County Commissioners • Charles County Government

P.O. Box 2150 • 200 Baltimore St. • La Plata, MD 20646 • 301-645-0550 • 301-870-3000 • Equal Opportunity County

**Mission Statement** - The mission of Charles County Government is to provide our citizens the highest quality service possible in a timely, efficient, and courteous manner. To achieve this goal, our government must be operated in an open and accessible atmosphere, be based on comprehensive long- and short-term planning, and have an appropriate managerial organization tempered by fiscal responsibility. We support and encourage efforts to grow a diverse workplace.

**Vision Statement** - Charles County is a place where: private initiative is rewarded and businesses grow and prosper, while the preservation of our heritage is paramount; government services have reached the highest level of excellence; the quality of life is felt by its citizens to be the best in the region; and its government is recognized as a leader in support of these expectations.

**Americans With Disabilities** - Charles County Government welcomes the participation of individuals with disabilities. As with all county government, we comply fully with the **Americans With Disabilities Act** in making reasonable accommodations to encourage involvement. If you require special assistance and would like to participate in our programs, please call 301-934-0132.

**MD Relay Service: 711 • Relay TDD: 1-800-735-2258** - Efforts will be made to accommodate the disabled and non-English speaking residents with advance notice to 301-934-0132.

# Program Registration Form - Please Print | One Form Per Participant

Registrations for Capital Clubhouse programs are accepted only at that facility.

Register to receive timely e-mail/text announcements about upcoming programs and events. Visit [www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov) for details!



**This section must be completed**—If participant is a minor, this section should list parent or guardian information.

Name				E-Mail Address:			
Mailing Address				City		State	Zip
Phone #'s		Home		Work		Cell	
COUNTY			Emergency Contact Name			Emergency Contact Phone	
<b>Participant/Child's Information</b>				Age	Date of Birth		Sex (circle) M F
First Name				Last Name			
Special Health Conditions				Current School		Grade	

Registration for: Classes & Programs Trips, Sports Programs				
1	Title			
	Date	Code		
	Amount	\$	Trip P/U	
2	Title			
	Date	Code		
	Amount	\$	Trip P/U	
3	Title			
	Date	Code		
	Amount	\$	Trip P/U	
4	Title			
	Date	Code		
	Amount	\$	Trip P/U	
5	Title			
	Date	Code		
	Amount	\$	Trip P/U	

Youth Sports League Registration			
Program Title			
League Code		Grade	
Middle School			
Height	Weight		
Experience in Years <small>(Please provide number of years child has played this sport in an organized league.)</small>			
I/my child will abide by the Code of Conduct. (Must initial)			Initials
<input type="checkbox"/>	Check here if you are interested in coaching.		
Proof of age required within three (3) days if requested by Community Services Registration Office.			
<b>Amount/Fee Due \$</b> _____			

LEAGUE SHIRT SIZE SELECTION			
Please <b>CIRCLE</b> the proper shirt size if you are registering for the youth sports leagues: Selecting the proper shirt size is the responsibility of the parent/guardian. <b>SIZES MAY RUN SMALL.</b>			
<b>Youth Size</b>	Small 6-8	Medium 10-12	Large 14-16
<b>Adult Sizes</b>	Small	Medium	Large
	XLarge	Other:	

No confirmations will be sent. You may assume you are registered unless otherwise contacted. Charles County Government is not responsible for program cancellations due to Charles County Public Schools programming. I agree to participate or to allow my child to participate in these programs knowing that safety precautions will be taken but realizing that the Charles County Government does not have accident insurance for participants. I do hereby release and hold harmless Charles County, Maryland, its officials, employees, instructors, and volunteers from any and all liabilities arising from any injuries that might occur during the supervised programs. I also authorize the Charles County Government to take photographs of me/my child for promotional and/or educational purposes. I hereby state and declare that this information is freely, willingly, and voluntarily made.

## Forms without signatures will be returned.

Your signature acknowledges that you have read and understand the above statement.

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Please let us know how you learned about our programs. Check the method that MOST applies...

<input type="checkbox"/>	The Guide	<input type="checkbox"/>	Visit to a Center
<input type="checkbox"/>	Friend	<input type="checkbox"/>	Other

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