

**Classes & Programs**  
Page 2



**Activity Calendar**  
Page 3



**More Programs & Activity Sneak Peeks**  
Page 4



# NANJEMOY Community CENTER



## Activity & Event Newsletter

301-246-9612 • 301-609-7639 • 301-753-1647 ☀ 4375 Port Tobacco Rd • Nanjemoy, MD 20662  
Hours: Monday & Wednesday: 8:30 a.m.–8 p.m. • Tuesday, Thursday, & Friday: 8:30 a.m.–4:30 p.m. | [www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov)

### Bassmaster Elite Series

**Thursday-Sunday, Aug. 11-14 • Smallwood State Park**

Follow the highest level of professional bass fishing to the Bassmaster Elite Series tournament at the Potomac River!

- Tournament take off: Aug. 11-14: 6:30 a.m. at Smallwood State Park
- Weigh-In: Aug. 11-12: 3:30 p.m. at Smallwood State Park
- Weigh-In: Aug. 13-14: 3:30 p.m. at Indian Head Pavilion and Village Green (Aug. 13-field of 50 anglers; August 14-field of 12 anglers)

Free admission and parking for spectators.



POTOMAC RIVER  
CHARLES COUNTY, MD



### Discover Quest

**Saturday-Sunday, Aug. 13-14 • Noon-5 p.m.  
Indian Head Pavilion & Village Green**

Come see the top Bassmaster Elite anglers and immerse yourself in the charm of Indian Head at Discover Quest!

The town festivities begin at Noon on Saturday at the Village Green. Visit the Bassmaster sponsor tents and exhibits, enjoy delicious local food and drink, and wander to the Indian Head Pavilion for various entertaining programs.



### National Night Out

**Tuesday, Aug. 2, 6-8 p.m. • Fee: FREE**

Visit the community center for an evening filled with entertainment, free food, games, school supply give away, coloring contest, door prizes, and much more.

### Charles County Fair Coming Sept. 15-18

Residents of Charles County that are 60 years of age and older may enter their exhibits in the Senior Building. Two entry maximum per class.

**Entry selections include:** Needle Arts: crocheting, knotting, needlepoint, sewn garments, decorated baskets, pillows, embroidery, counted cross stitch, quilting, rugs, decorated accessories, dolls, and more. Arts & Crafts: watercolors, oils, acrylics, drawings, ceramics, pottery, woodcarving. Christmas decorations, toys, decorative items, photographs, calligraphy, jewelry, and more

**Collections:** scrapbooks, stamps, coins, and more.

Entries must have been completed Sept. 2015-Sept. 2016, excluding collections with new additions.

Persons are encouraged to take part in this community event. Fair books will be available at senior centers or the library beginning August.



# Activities & Classes

## Sunny Sunflowers

Hot August days are upon us, and a sunny sunflower will brighten the room.

Monday, Aug. 1 10-10:45 a.m.  
Fee: FREE

## Monday Bingo

Each Monday, Aug. 1-29 1-2 p.m.  
Fee: FREE

## What Can Coloring Do For You?

Coloring increases creativity, reduces stress, and gives you a calming effect. Let's name others you might experience.

Tuesday, Aug. 2 10-11:30 a.m.  
Fee: FREE

## Council Meeting

This active group meets the first Tuesday of each month planning fundraisers and hosting events.

Tuesday, Aug. 2 1-2 p.m.  
Fee: FREE

## Wiggle Your Toes Day

There seems to be a day dedicated to honoring almost everything. Let's wiggle our toes to music and feel the beat.

Wednesday Aug. 3 10-11:30 a.m.  
Fee: FREE

## Nickel Bingo

Each Wednesday, Aug. 3-31 1-2 p.m.  
Fee: 5¢/card

## Movie Matinee

*Not Easily Broken* is inspirational, hilarious, and deeply moving.

Thursday, Aug. 4 10-11:30 a.m.  
Fee: FREE

## National Watermelon Day

After lunch enjoy ice cold watermelon.

Thursday, Aug. 4 12:45-1:45 p.m.  
Fee: FREE

## Three of the Same

Teams will sit in a circle answering questions. The team with the most correct answers wins.

Monday, Aug. 8 10-11:30 a.m.  
Fee: FREE

## Dog Days Poster

Let's color those dog days of summer posters to display on the bulletin board.

Tuesday, Aug. 9 10-11:30 a.m.  
Fee: FREE

## Doggone Doggerel

Seniors will have to match the correct answers with the correct phrase.

Tuesday, Aug. 9 12:45-2 p.m.  
Fee: FREE

## How Would You Handle This?

This story is about a young girl who was not happy in her marriage and found herself wanting someone else. Her concerned grandmother offered suggestions. What would you do?

Wednesday, Aug. 10 10-11 a.m.  
Fee: FREE

## The Price is Right

Seniors will team up and play the *Price is Right*.

Thursday, Aug. 11 12:45-1:45 p.m.  
Fee: FREE

## Call Out the Answer

We will name the missing words in famous proverb #3 and #4.

Monday, Aug. 15 10-11 a.m.  
Fee: FREE

## How to Stay Safe

A representative from the Charles County Sheriff's Office will visit the center to talk about how to stay safe in your home.

Tuesday, Aug. 16 10-11 a.m.  
Fee: FREE

## Remembering Elvis

Elvis Presley, one of the greatest rock and roll singers of all time, passed away in the month of August. Today we will remember him.

Tuesday, Aug. 16 12:45-1:45 p.m.  
Fee: FREE

## A Feeding Frenzy

In this activity there are three, four, five, and six letter verbs that fit the description related to eating or drinking.

Wednesday, Aug. 17 10-11 a.m.  
Fee: FREE

## Zekiah Farms

We will have a field trip to Zekiah Farms in Bryantown, MD. Seniors can buy fresh fruits and vegetables.

Thursday, Aug. 18 10-1:30 p.m.  
Fee: FREE

## Who is a Senior Citizen?

In observance of National Senior Citizens Day on August 21, we will determine when a person becomes a senior citizen.

Monday, Aug. 22 10-11 a.m.  
Fee: FREE

## Intergenerational Day

Children from Mt. Hope/Nanjemoy Elementary School are invited to come and take part in senior activities.

Tuesday, Aug. 23 10-11:30 a.m.  
Fee: FREE

## Words with "SE" in Them

Word definitions are given on the left and seniors have to find the missing letters on the right.

Tuesday, Aug. 23 12:45-1:45 p.m.  
Fee: FREE

## Greetings from the Grandkids

Wednesday, Aug. 24 10-11 a.m.  
Fee: FREE

## Luau

Join us for a Luau consisting of pork, vegetables, and fruits.

Thursday, Aug. 25 10:30 a.m.-1:30 p.m.  
Fee: FREE

## Information & Assistance

A representative will be here to assist seniors and community members with necessary information on available services.

Thursday, Aug. 25 10:15 a.m.-Noon  
Fee: FREE

## Brain Games

It's August! Time to wipe those cobwebs out of our brains and exercise your minds.

Monday, Aug. 29 10-11:30 a.m.  
Fee: FREE

## Writing a Legacy Letter

Let's write a legacy letter to help future generations share in our life experiences and the wisdom we have gained throughout the years.

Tuesday, Aug. 30 10-11 a.m.  
Fee: FREE

## Table Talk

Open discussion on subjects of your choice.

Tuesday, Aug. 30 12:45-1:45 p.m.  
Fee: FREE

## Ceramics

This is the day to take out your ceramic pieces and paint to take home or get ready for the County Fair.

Wednesday, Aug. 31 10-11 a.m.  
Fee: FREE

## What's all the Buzzing About?

Norman Sanders, a former bee keeper, will be here to discuss the wonderful world of bees. August 20 is World Honey Bee Day, making this the perfect time to focus on the positive contributions received from the honey bee.

**Thursday, Aug. 11 • 10-11 a.m.**  
Fee: FREE



# August 2016

## Event Calendar

 Programs for All Ages  
 Youth

 Tots & Younger Children  
 Adults  
 Seniors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Computer Lab ... 8:30-8:00 Fitness Room ... 8:30-8:00 Billiards Drop In ..... 8:30-8:00 Walking Club ... 9:15-9:45 Fitness with LaMont ..... 11:00-11:45 Board Games ... 9:30-11:00 BINGO ..... 1:00-2:00 Fitness Orientation ..... 3:00-4:00 Video Fit ..... 6:30-7:30	Computer Lab ... 8:30-4:30 Fitness Room ... 8:30-4:30 Billiards Drop In ..... 8:30-4:30 Walking Club ... 9:15-9:45 Board Games ... 9:30-11:00 Tai Chi ..... 11:15-11:45 Card Games ... 12:30-1:30 Breathe Easy ... 1:00-1:45	Computer Lab ... 8:30-8:00 Fitness Room ... 8:30-8:00 Billiards Drop In ..... 8:30-8:00 Walking Club ... 9:15-9:45 Board Games ... 9:30-11:00 Fitness Orientation ... 10:30-11:30 Strength Training ..... 11:00-11:30 Bingo ..... 1:00-2:00 Video Fit ..... 6:30-7:30	Computer Lab ... 8:30-4:30 Fitness Room ... 8:30-4:30 Billiards Drop In ..... 8:30-4:30 Walking Club ... 9:15-9:45 Board Games ... 9:30-11:00 Card Games ... 12:30-1:30	Computer Lab ... 8:30-4:30 Fitness Room ... 8:30-4:30 Billiards Drop In ..... 8:30-4:30		
<b>1</b> Sunny Sunflower ..... 10:00-10:45 Monday Bingo ..... 1:00	<b>2</b> What Can Coloring Do For You? ..... 10:00-11:30 Council Meeting ..... 1:00-2:00	<b>3</b> Wiggle Your Toes Day ..... 10:00-11:30 Nickel Bingo ..... 1:00	<b>4</b> Movie Matinee ..... 10:00-11:30 National Watermelon Day ..... 12:45-1:45	<b>5</b> Craft Corner ..... 10:00		<b>6</b>
<b>8</b> Three of the Same ..... 10:00-11:30 Monday Bingo ..... 1:00	<b>9</b> Dog Days Poster ..... 10:00-11:30 Doggone Dogger ..... 12:45-2:00	<b>10</b> How Would you Handle This ... 10:00-11:00 Nickel Bingo ..... 1:00	<b>11</b> What's all the Buzzing About? ..... 10:00-11:00 The Price is Right ..... 12:45-1:45	<b>12</b> Craft Corner ..... 10:00		<b>13</b>
<b>15</b> Call Out the Answer ..... 10:00-11:00 Monday Bingo ..... 1:00	<b>16</b> How to Stay Safe ..... 10:00-11:00 Remembering Elvis ..... 12:45-1:45	<b>17</b> A Feeding Frenzy ..... 10:00-11:00 Nickel Bingo ..... 1:00	<b>18</b> Field Trip Zekiah Farms . 10:00-1:30	<b>19</b> Open Games ..... 10:00		<b>20</b>
<b>22</b> Who Is A Senior Citizen ..... 10:00-11:00 Monday Bingo ..... 1:00	<b>23</b> Intergenerational Day ..... 10:00-11:30 Words With SE in Them ..... 12:45-1:45	<b>24</b> Greetings From the Grandkids ..... 10:00-11:00 Nickel Bingo ..... 1:00	<b>25</b> Luau ..... 10:30-1:30 Information & Assistance ..... 10:00-Noon Open Games ... 12:45-1:45	<b>26</b> Open Games ..... 10:00		<b>27</b>
<b>29</b> Brain Games ... 10:00-11:30 Monday Bingo ..... 1:00	<b>30</b> Writing a Legacy Letter ..... 10:00-11:00 Table Talk ..... 12:45-1:45	<b>31</b> Ceramics ..... 10:00-11:00 Nickel Bingo ..... 1:00	<div data-bbox="862 1864 1549 2011" style="background-color: #0056b3; color: white; padding: 10px; text-align: center;"> <h3>Reminder: Council Meeting</h3> <p>Tuesday, Aug. 2 • 1 p.m. • Fee: FREE</p> </div>			

# NANJEMOY Community CENTER

The Charles County Department of Community Services is pleased to offer this edition of the Nanjemoy Community Center Newsletter, a monthly publication listing events and programs.

## CHARLES COUNTY COMMISSIONERS



*Equal Opportunity Employer*

### Department of Community Services

8190 Port Tobacco Road  
Port Tobacco, Maryland 20677  
301-934-9305 • 301-870-3388

MD Relay: 711  
Relay TDD: 1-800-735-2258

Learn more at...

[www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov)



**Mission Statement** – The mission of Charles County Government is to provide our citizens the highest quality service possible in a timely, efficient, and courteous manner. To achieve this goal, our government must be operated in an open and accessible atmosphere, be based on comprehensive long- and short-term planning, and have an appropriate managerial organization tempered by fiscal responsibility. We support and encourage efforts to grow a diverse workplace.

**Vision Statement** – Charles County is a place where all people thrive and businesses grow and prosper; where the preservation of our heritage and environment is paramount; where government services to its citizens are provided at the highest level of excellence; and where the quality of life is the best in the nation.

**Americans With Disabilities** – The Department of Community Services welcomes the participation of individuals with disabilities. As with all County Government, we comply fully with the Americans With Disabilities Act in making reasonable accommodations to encourage involvement. If you require special assistance and would like to participate in our programs, please contact the Department of Community Services.

# 16<sup>th</sup> Annual Heritage Day

## Saturday, Oct. 8 • Noon-3 p.m.



Join us to celebrate the amazing heritage of Nanjemoy. The day will begin with a lively parade starting at the Nanjemoy Fire Department, ending at the Community Center. Events at the Center include live music, crafts for the kids, face painting, area artists, local heritage displays, classic cars, games, and much more.

Plan to attend this fun-filled day with local area businesses, organizations, family farms, fire departments, and churches. Refreshments and souvenir T-shirts will be available. Taking part in this special event will provide you with a deeper understanding of this local community.

If you are interested in being a vendor, exhibitor, or participating in the parade with a classic vehicle or antique farm equipment, please call 301-246-9612. This year, we are also looking for families with deep roots in the Nanjemoy area. Do you have old family photos or artifacts from the area to showcase? Please contact us for more information.

# Breast Cancer awareness Fitness Walk

11<sup>th</sup> ANNUAL

**Saturday, Oct. 8**  
8:30 a.m.-1 p.m.  
Fee: \$25/person

Festivities take place on the Indian Head Village Green and the Indian Head Rail Trail. Registration fee includes healthy snacks, bottled water, and lunch. A free T-shirt will be available to the first 100 registrants. **Details: 301-743-2125**

## A Sneak Peek At Upcoming Events

**Sept. 5: Labor Day  
Center CLOSED**

**Sept. 15-18: Charles  
County Fair**

**Sept. 9: Outdoor  
Movie Night**

**Sept. 17: Alzheimer's  
Walk at Clark Center**