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NANJEMOY Community CENTER



Activity & Event Newsletter

301-246-9612 • 301-609-7639 • 301-753-1647 ☀ 4375 Port Tobacco Rd • Nanjemoy, MD 20662
Hours: Monday & Wednesday: 8:30 a.m.–8 p.m. • Tuesday, Thursday, & Friday: 8:30 a.m.–4:30 p.m. | www.CharlesCountyMD.gov

National Night Out

Tuesday, Aug. 2, 6-8 p.m. • Fee: FREE

The Nanjemoy Community Center is joining forces with thousands of communities nationwide for the 33rd Annual National Night Out. Enjoy an evening filled with entertainment, free food, games, activities, door prizes, and more! The Western Charles County Community Association will host their annual **School Supply Giveaway** for school-aged children. Throughout the evening children will be called to the front of the room, according to grade level, to be given a packet of school supplies helping to prepare them for the upcoming school year.

National Night Out promotes crime and drug prevention awareness, generates support for participation in local anticrime programs; strengthens neighborhood spirit and police-community partnerships while sending a message to criminals letting them know that neighborhoods are organized and fighting back. Local fire departments will be handing out brochures and demonstrating fire safety techniques.

Join your community for this wonderful event!



The Giving Bins

REMINDER: The Nanjemoy Council Giving Bins program is available Thursday, July 14 & July 28, 10-11 a.m. and 1-2 p.m. to help those in need.



Charles County Fair Coming Sept. 15-18

The fair is approaching and everyone needs to finish their projects. Entries are always needed for the senior building at the Fair (age 60 and older) Two entry maximum per class.

Entry selections include: Needle Arts: crocheting, knotting, needlepoint, sewn garments, decorated baskets, pillows, embroidery, counted cross stitch, quilting, rugs, decorated accessories, dolls, and more. Arts & Crafts: watercolors, oils, acrylics, drawings, ceramics, pottery, woodcarving. Christmas decorations, toys, decorative items, photographs, calligraphy, jewelry, and more

Collections: scrapbooks, stamps, coins, and more.

Entries must have been completed Sept. 2015-Sept. 2016, excluding collections with new additions. Persons are encouraged to take part in this community event. Fair books will be available at senior centers or the library beginning August.



Activities & Classes

Learning About Wolves

Ms. Gonzales from the Charles County Humane Society will be here to educate us about wolves.

Tuesday, July 5 10-11:30 a.m.
Fee: FREE

Council Meeting

This is one of the most important groups at our Senior Center. They help in the community by hosting events and fundraisers. New members welcome.

Tuesday, July 5 1-2 p.m.
Fee: FREE

Picnics

July is the time when people celebrate with picnics. We enjoy spending time with family and friends. We will complete a puzzle about picnics by filling in the squares.

Wednesday, July 6 10-11 a.m.
Fee: FREE

Nickel Bingo

Wednesday, July 6-27 1-2 p.m.
Fee: 5¢/card

National Blueberry Month

Blueberries are plentiful in certain parts of the United States this time of year. We will celebrate the wholesome taste of blueberries by making a snack and sharing nutritional facts about this fruit.

Thursday, July 7 10-11 a.m.
Fee: FREE

New Game Day

Seniors will pick a new game from the game closet and learn how to play.

Thursday, July 7 12:45-1:45 p.m.
Fee: FREE

Table Talk

We will talk about how we celebrated July 4th. Tea and cookies will be served. A July 4th word search will be given to everyone to complete.

Monday, July 11 10-11 a.m.
Fee: FREE

Monday Bingo

This is a great day to visit our senior center. The Monday Bingo group is filled with energy. Come enjoy the fun.

Monday, July 11-25 1-2 p.m.
Fee: FREE

Summer Poems

We will enjoy some summer poems read by the seniors followed by an open discussion.

Tuesday, July 12 10-11 a.m.
Fee: FREE

Graham Crackers

The Graham Cracker is a perfect example of a simple yet delicious snack that many of us have enjoyed since childhood. As the seniors snack on their graham crackers, they will reminisce a little.

Tuesday, July 12 1-2 p.m.
Fee: FREE

Farmers Market Nutrition Program

See back page for details.

Thursday, July 14 9:30 a.m.
Fee: FREE

Half a Word & Halfway There

Seniors will test their skills matching the first column with the second column.

Thursday, July 14 11 a.m.-Noon
Fee: FREE

Wii Bowling

Seniors may choose to compete in teams or alone. Be sure to be here and take part in a little competitive spirit.

Thursday, July 14 12:45-2 p.m.
Fee: FREE

The Best Horse Race in Charles County

Place your bets! Horses are in their gates...and they're off! Who will win it? Come roll your dice and find out.

Monday, July 18 10-11 a.m.
Fee: FREE

Can You Guess What It Is?

Seniors will put on a blindfold, reach into a bowl of nuts, select a nut, and then try to identify the type by touch.

Tuesday, July 19 10-11 a.m.
Fee: FREE

Common Phrases

Words will have to be picked from the word box to make a common phrase. There are three words provided to make common two-word phrases.

Wednesday, July 20 10-11 a.m.
Fee: FREE

Homemade Ice Cream Crank-Off

We will make homemade vanilla ice cream to be served. Come take part in this tasty treat.

Thursday, July 21 10-11:30 a.m.
Fee: FREE

Fifteen Flavors

After lunch seniors will talk about fifteen flavors.

Thursday, July 21 12:45-1:45 p.m.
Fee: FREE

Words of Nature

Summertime lets us enjoy the wonderful nature that surrounds us. Find and circle each word of nature listed in the puzzle.

Monday, July 25 10-11 a.m.
Fee: FREE

Train Day

Mr. Richard Lord collects trains. He plans to visit the center and share his knowledge of trains, promising to bring in a few from his collection.

Tuesday, July 26 10-11:30 a.m.
Fee: FREE

Music Appreciation Day

Music sets the mood for whatever activity you plan to do. Music stirs memories of days and events gone by.

Wednesday, July 27 10-11 a.m.
Fee: FREE

Information & Assistance

A representative from the Department on Aging will be here to assist seniors and community members with their needs. Be sure to bring all of your information and your ID cards.

Thursday, July 28 10 a.m.-Noon
Fee: FREE

Open Games

Seniors can play games of their choice.

Thursday, July 28 12:45-1:45 p.m.
Fee: FREE

Summer Cookout

Shortcut Sunny, a local musician from La Plata, will be here to entertain by playing acoustic, soulful favorites. Hot dogs, hamburgers, watermelon, baked beans, potato salad, and all the fixings will be served.

Wednesday, July 13 • 10 a.m.-Noon
Fee: FREE



July 2016

Event Calendar

 Programs for All Ages
 Youth

 Tots & Younger Children
 Adults
 Seniors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Computer Lab . . . 8:30-8:00 Fitness Room . . . 8:30-8:00 Billiards Drop In 8:30-8:00 Walking Club . . . 9:15-9:45 Fitness with LaMont 11:00-11:45 Board Games . . . 9:30-11:00 BINGO 1:00-2:00 Fitness Orientation 3:00-4:00 Video Fit 6:30-7:30	Computer Lab . . . 8:30-4:30 Fitness Room . . . 8:30-4:30 Billiards Drop In 8:30-4:30 Walking Club . . . 9:15-9:45 Board Games . . . 9:30-11:00 Tai Chi 11:15-11:45 Card Games 12:30-1:30 Breathe Easy . . . 1:00-1:45	Computer Lab . . . 8:30-8:00 Fitness Room . . . 8:30-8:00 Billiards Drop In 8:30-8:00 Walking Club . . . 9:15-9:45 Board Games . . . 9:30-11:00 Fitness Orientation . . . 10:30-11:30 Strength Training 11:00-11:30 Bingo 1:00-2:00 Video Fit 6:30-7:30	Computer Lab . . . 8:30-4:30 Fitness Room . . . 8:30-4:30 Billiards Drop In 8:30-4:30 Walking Club . . . 9:15-9:45 Board Games . . . 9:30-11:00 Card Games 12:30-1:30	Computer Lab . . . 8:30-4:30 Fitness Room . . . 8:30-4:30 Billiards Drop In 8:30-4:30	
				1 Craft Corner 10:00	
4 Senior Center Closed Independence Day	5 Learning about Wolves 10:00-11:30 Council Meeting 1:00	6 Picnics 10:00-11:00 Nickel Bingo 1:00	7 National Blueberry Month 10:00-11:00 New Game Day 12:45-1:45	8 Craft Corner 10:00 Outdoor Movie Night 8:30-10:00 p.m.	9
11 Table Talk 10:00-11:00 Monday Bingo 1:00	12 Summer Poems 10:00-11:00 Graham Crackers 1:00-2:00	13 Summer Cookout 10:00-Noon Nickel Bingo 1:00	14 Farmers Market Program 9:30 Half a Word and Halfway There 11:00-12:00 Wii Bowling 12:45-2:00 Giving Bins Available	15 Open Games 10:00	16
18 The Best Horse Race in Charles County 10:00-11:00 Monday Bingo 1:00	19 Can You Guess What It Is 10:00-11:00 Joint Council Mtg . . . 10:30 Tai Chi 11:15-11:45 Breathe Easy . . . 1:00-1:45	20 Common Phrases 10:00-11:00 Nickel Bingo 1:00	21 Homemade Ice Cream Crank-Off 10:00-11:30 Fifteen Flavors 12:45-1:45	22 Open Games 10:00	23
25 Words Of Nature 10:00-11:00 Monday Bingo 1:00	26 Train Day 10:00-11:30 Tai Chi 11:15-11:45 Breathe Easy . . . 1:00-1:45	27 Music Appreciation Day 10:00-11:00 Nickel Bingo 1:00	28 Information & Assistance 10:00-12:00 Open Games . . . 12:45-1:45 Giving Bins Available	29 Open Games 10:00	30

NANJEMOY Community CENTER

The Charles County Department of Community Services is pleased to offer this edition of the Nanjemoy Community Center Newsletter, a monthly publication listing events and programs.

CHARLES COUNTY COMMISSIONERS



Equal Opportunity County

Department of Community Services

8190 Port Tobacco Road
Port Tobacco, Maryland 20677
301-934-9305 • 301-870-3388

MD Relay: 711
Relay TDD: 1-800-735-2258

Learn more at...

www.CharlesCountyMD.gov



Mission Statement – The mission of Charles County Government is to provide our citizens the highest quality service possible in a timely, efficient, and courteous manner. To achieve this goal, our government must be operated in an open and accessible atmosphere, be based on comprehensive long- and short-term planning, and have an appropriate managerial organization tempered by fiscal responsibility. We support and encourage efforts to grow a diverse workplace.

Vision Statement – Charles County is a place where all people thrive and businesses grow and prosper; where the preservation of our heritage and environment is paramount; where government services to its citizens are provided at the highest level of excellence; and where the quality of life is the best in the nation.

Americans With Disabilities – The Department of Community Services welcomes the participation of individuals with disabilities. As with all County Government, we comply fully with the Americans With Disabilities Act in making reasonable accommodations to encourage involvement. If you require special assistance and would like to participate in our programs, please contact the Department of Community Services.

Senior Farmers Market Nutrition Program

Once again, this year we are excited to be able to offer senior farmers market coupons. This program provides free coupons to be used at any approved farmers markets for fresh fruits and vegetables. To be eligible to receive coupons you must be enrolled in one of the following Federal Programs:

- Qualified Medicare Beneficiary Program (QMB)
- Special Low-Income Medicare Beneficiary Program (SLMB)
- Maryland Energy Assistance Program (MEAP)
- Senior Prescription Drug Assistance Program (SPDAP)
- EXTRA HELP with Medicare D Prescription Drug Program
- Medicaid
- SSI
- Food Stamps
- Senior Employment Program

If you are not enrolled in any of these programs but make below \$1,287 a month in income, you may still be eligible. Verification of eligibility must be presented at time of pick-up. Participation in the program in past years, does not automatically qualify you for this year. **Details: Lisa Furlow 301-934-0138 or 301-870-3388 ext. 5138.**

DISTRIBUTION DATES

Indian Head Senior Center July 7 • 9:30 a.m.
Nanjemoy Senior Center July 14 • 9:30 a.m.
Waldorf Senior Center July 21 • 9:30 a.m.
Clark Senior Center July 28 • 9:30 a.m.



16th Annual Heritage Day

Saturday, Oct. 8 • Noon-3 p.m.

Join us to celebrate the amazing heritage of Nanjemoy. This event is currently in the planning stages and we invite you join us.

If you are interested in being a vendor, exhibitor, or participating in the parade with a classic vehicle or antique farm equipment, please call 301-246-9612, ext. 11.

A Sneak Peek At Upcoming Events

**Aug. 2: National
Night Out**

**Aug. 13: Old Durham Church
Annual Dinner & Festival**

**Aug. 12: Outdoor
Movie Night**

**Sept. 15-18: Charles
County Fair**