

CHARLES COUNTY RECREATION, PARKS & TOURISM

# GUIDE

Winter 2016/2017



Visit [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com) for more great fun.  
Look for the spring GUIDE coming in March 2017!

# There is something fun for everyone to enjoy!



Welcome to the **Department of Recreation, Parks, and Tourism** Winter Program Guide. Our mission will be to simply enhance the quality of life of our residents and visitors through providing enjoyable recreation and tourism opportunities. Our professional staff is dedicated to this mission and will strive to deliver interesting, diverse, and high quality programs and facilities that are available to all persons throughout our community.



Whatever your interest, when it comes to recreation and leisure activities the Department of Recreation, Parks, and Tourism will be here to serve you. I invite you to browse the many programs and activities provided to improve your social, mental, and physical well-being. I hope you take some time to explore a county park or try a new sport or activity.



Sincerely,

Eileen B. Minnick  
Director of Recreation, Parks, and Tourism

## Charles County Department of Recreation, Parks & Tourism

8190 Port Tobacco Road • Port Tobacco, Maryland 20677

### Recreation & Parks Division

301-932-3470

### Tourism Division

1-800-766-3386

[www.CharlesCountyMD.gov/Tourism](http://www.CharlesCountyMD.gov/Tourism)

*See pages 4-5 for a complete listing of facility locations, including phone numbers and hours of operation.*



**Part-Time  
Employment  
Opportunities**

**[www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov)**

# GUIDE

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**Save time...**  
**Register for your fun & recreation online!**  
**[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)**  
*See page 38 for registration details.*



**Birthday parties have never been so fun...or easy!**

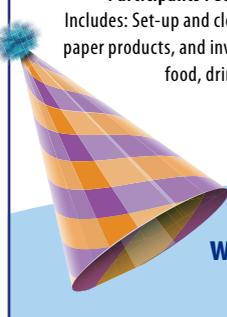
Choose a theme and location, bring the kids and a birthday cake, and we'll take care of the rest.

All parties are two hours on select Friday evenings, Saturdays, or Sundays, varying by location. For the first hour of the party, staff will lead the kids through the selected games or activity. The second hour is for your celebration. We provide pizza, drinks, goodie bags, and paper products. Parties are for children turning age 4-12 unless otherwise noted.

Participants Fee 1-20: \$225 (\$10 each additional child; Max 30)  
 Includes: Set-up and clean-up, pizzas, one party favor for each attendee, paper products, and invitations. Parents are welcome to bring additional food, drinks, and/or other items to personalize their party.

**Parties styled by  
 DIY Socialite**

Learn more:  
**[www.CharlesCountyParks.com/  
 Recreation/Birthday-Parties](http://www.CharlesCountyParks.com/Recreation/Birthday-Parties)**

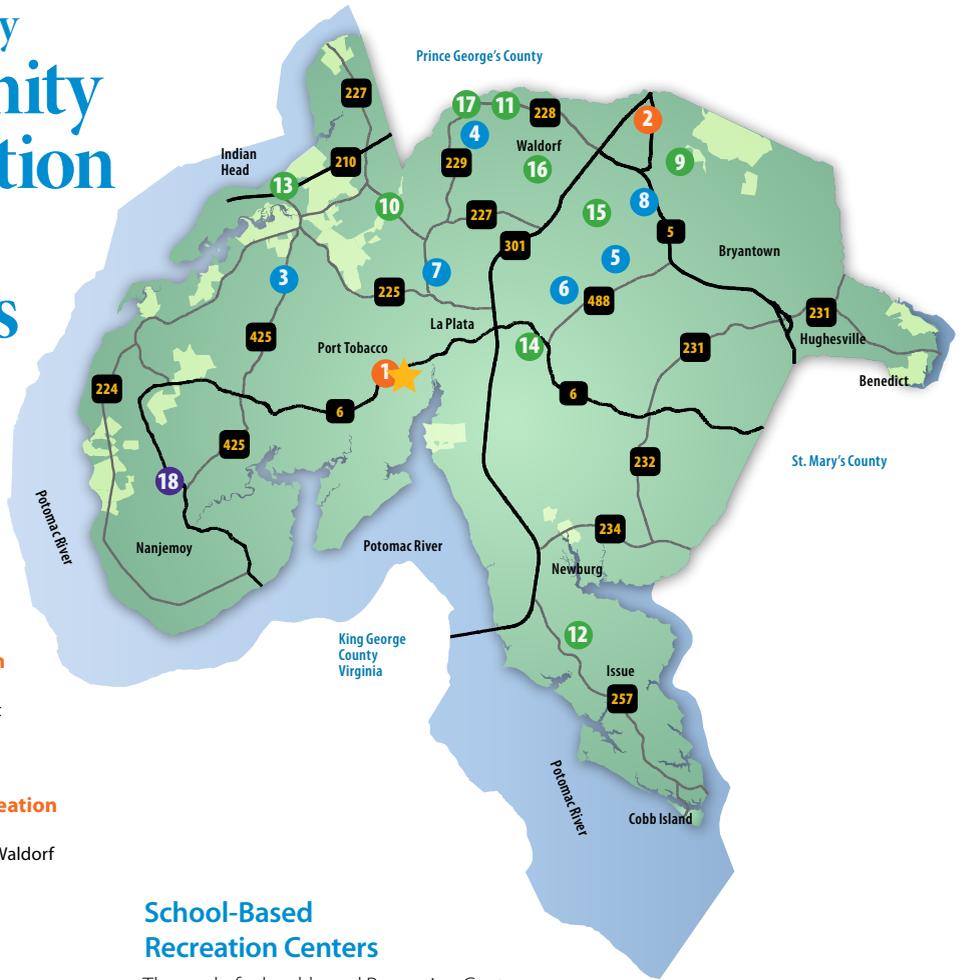



## Coming Spring 2017!

# SPRING BREAK MINI CAMPS

Look for more details in the spring edition of the Guide on March 1.

# Charles County Community & Recreation Center Locations



## Recreation Centers

- 1 Port Tobacco Recreation Center**  
8190 Port Tobacco Road, Port Tobacco  
301-932-3470, ext. 5161
- 2 Elite Gymnastics & Recreation Center**  
2745 Old Washington Road, Waldorf  
Hrs: Mon-Fri 11 a.m.-9 p.m.;  
Sat 9 a.m.-2 p.m.  
301-870-7938

## Pools

Recreational swimming, water aerobics, swim lessons, water safety courses, lap swimming, birthday parties, and private rentals are available year-round. Pools are open to the public for recreational swimming with daily admission or memberships available.

### Indoor/Year Round

- 3 Lackey Indoor Pool**  
3000 Chicamuxen Road, Indian Head  
301-743-2470, 301-753-6003
- 4 North Point Indoor Pool**  
2500 Davis Road, Waldorf  
301-934-7475
- 5 Donald M. Wade Aquatic Center at St. Charles High School**  
5305 Piney Church Road, Waldorf  
301-934-7474

### Outdoor/Summer

- 6 La Plata Outdoor Pool**  
6035 Radio Station Road, La Plata
- 7 McDonough Outdoor Pool**  
7165 Marshall Corner Road, Pomfret
- 8 Thomas Stone Outdoor Pool**  
3785 Leonardtown Road, Waldorf

## School-Based Recreation Centers

The goal of school-based Recreation Centers is to offer citizens a variety of social, educational, and recreational programs designed to best meet the needs of community members of all ages in which the centers serve. The centers provide less structured programs geared toward developing community relations and providing needed supportive services.

- 9 Hanson Community Center**  
3165 John Hanson Drive, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m.; Sat 10 a.m.-2 p.m.  
301-645-2186
- 10 Henson Community Center**  
3535 Livingston Road, Indian Head  
Hrs: Mon-Fri 3-9:30 p.m.; Sat 10 a.m.-2 p.m.  
301-375-7875
- 11 Mattawoman Community Center**  
10145 Berry Road, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m.; Sat 10 a.m.-2 p.m.  
301-645-6865
- 12 Piccowaxen Community Center**  
12834 Rock Point Road, Newburg  
Hrs: Mon-Fri 2-9 p.m.; Sat 10 a.m.-2 p.m.  
301-259-2503
- 13 Smallwood Community Center**  
4990 Indian Head Hwy, Indian Head  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-743-3020

- 14 Somers Community Center**  
300 Willow Lane, La Plata  
Hrs: Mon-Fri 2-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-932-6679
- 15 Stoddert Community Center**  
2040 St. Thomas Drive, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-645-4847
- 16 Wade Community Center**  
2300 Smallwood Drive, Waldorf.  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-645-9291
- 17 Davis Community Center**  
2495 Davis Road, Waldorf  
Hrs: Mon-Fri 3-9:30 p.m., Sat 10 a.m.-2 p.m.  
301-392-5533

## Community Centers

- 18 Nanjemoy Community Center**  
4375 Port Tobacco Road, Nanjemoy  
Hrs: Mon/Wed 8:30 a.m.-8 p.m.; and  
Tue/Thu/Fri 8:30 a.m.-4:30 p.m.  
301-246-9612

# Charles County Park Locations

## 1 Bryantown Sports Complex

**Bryantown Road, Bryantown.** 15 various-sized soccer fields for permitted league and tournament play. Concessions, restrooms and picnic areas available.

## 2 Bensville Park

**Bensville Road, White Plains.** Three soccer, three Little League baseball, one regulation baseball and one football field. Picnic areas and playground.

## 3 Charlie Wright Park

**Dr. Mitchell Lane, Indian Head.** Two soccer, two Little League baseball, and one regulation baseball field, and practice football area.

## 4 Friendship Farm Park

**Friendship Farm Road, Nanjemoy.** A county-owned boat ramp on Nanjemoy Creek near the Potomac River. One-acre surrounding this boat launching facility designated free fishing area – anglers are not required to possess fishing license. Hiking trails. Equestrian trails (April-November).

## 5 Gilbert Run Park

**8 miles east of La Plata on Route 6.** Hiking and nature trails, picnic areas, pavilions and playground areas. 60-acre fresh water lake with fishing piers and boat ramp. Nature Center with a 150-gallon aquarium. Fishing supplies, boat rentals and concessions are available. **301-932-1083.**

## 6 Indian Head/White Plains Rail Trail

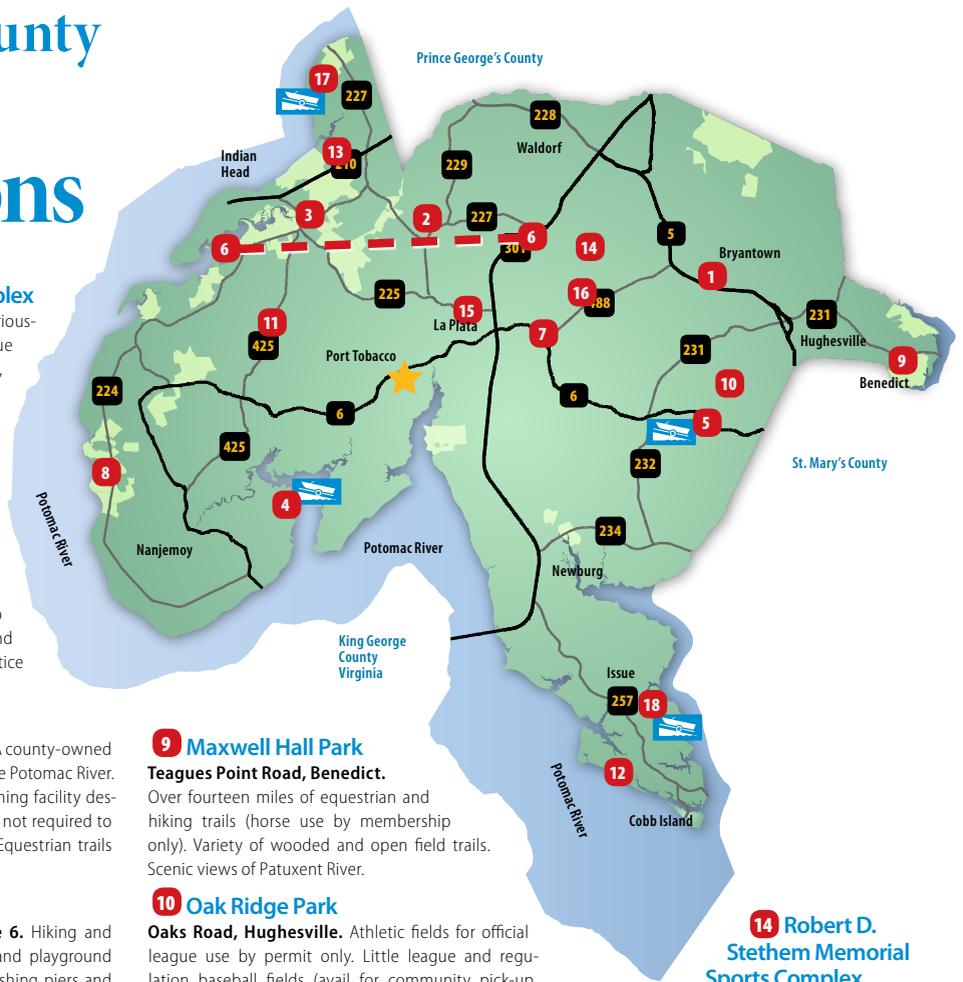
13 mile recreational trail connects the town of Indian Head with White Plains. Paved surface for cycling, walking, running, in-line skating. Wheelchair accessible. Wildlife viewing opportunities.

## 7 Laurel Springs Regional Park

**Radio Station Road, La Plata.** Exercise trail, playground, picnic pavilions and informal picnic areas. Two regulation baseball, five softball, three little league, one football, five soccer fields and one multi-purpose field. Athletic fields available for official league use by permit only.

## 8 Mallows Bay Park

**Route 224, Riverside.** Kayak and small boat launch facility with direct access to the Potomac River. Hiking, fishing and wildlife viewing opportunities.



## 9 Maxwell Hall Park

**Teagues Point Road, Benedict.**

Over fourteen miles of equestrian and hiking trails (horse use by membership only). Variety of wooded and open field trails. Scenic views of Patuxent River.

## 10 Oak Ridge Park

**Oaks Road, Hughesville.** Athletic fields for official league use by permit only. Little league and regulation baseball fields (avail for community pick-up play). Equestrian trails and show rings available first come, first served, unless there are scheduled events. Playground and picnic pavilion available.

## 11 Pisgah Park

**Located 14 miles west of La Plata on Mason Springs Road.** Paved bike and fitness trail (.7 mi), play ground with tot lot, and picnic pavilion. Variety of sports fields available for organized league use. Community softball/baseball field also available.

## 12 Southern Park

**Just off of Route 257, Issue.** Scenic view of Potomac River, a playground, picnic areas, ball fields, tennis courts, a basketball court and a fishing pier.

## 13 Ruth B. Swann Memorial Park

**Route 210, Bryans Road.** Regulation baseball field and football field available to organized leagues during playing seasons by permit only. Picnic and playground areas. One-mile foot trail passes through mature woodland to Potomac River shoreline.

## 14 Robert D. Stethem Memorial Sports Complex

**Piney Church Road, Waldorf.** Ten little league and big league baseball fields, one football practice area, playground and picnic pavilion. Athletic fields available for official league use by permit only.

## 15 Turkey Hill Park

**Turkey Hill Road, La Plata.** Four soccer and one football field. One-acre, fence-enclosed off-leash dog park. Dogs must display up-to-date vaccination tags and license. Half-mile oval roadway for walkers/runners, and an 18-hole disc golf course.

## 16 White Plains Regional Park

**1015 St. Charles Parkway.** 18-hole golf course, lighted tennis courts, tot lot and playground, picnic pavilions. One soccer, one softball, one regulation baseball, one Little League baseball, and one football field (for official league use by permit only).

## Skate Park

15,000 sq. ft. concrete-based skatepark. Various sized bowls with transitions, street course. Skateboards and in-line skating. Helmet, pads required. Fee. **301-638-5208.**

## Golf Course

Regionally acclaimed 18-hole public golf course. Well groomed greens and Bermuda grass fairways. For all levels of play. Driving range available. Scheduled tee times recommended. **301-645-1300, 301-843-2947.**

## Dog Park

One-acre, fence-enclosed area where dogs with owners can run, play and exercise off-leash. Dogs must display up-to-date vaccination tags and license.

## Boat Launch Facilities

All County-operated boat ramps are available free of charge. With the exception of Gilbert Run (seasonal hours), and Mallows Bay Park (5:30 a.m.-Dusk) all are open year-round, dawn to dusk.

**4 Friendship Farm Park**  
Nanjemoy Creek, Nanjemoy

**5 Gilbert Run Park**  
Wheatley Lake, Dentsville  
(Electric Motor Only)

**8 Mallows Bay Park**  
Potomac River, Nanjemoy



**17 Marshall Hall**  
Potomac River, Bryans Road

**18 Hatton Creek**  
Wicomico River, Issue

# Recreation Center Programs

See pg. 4 for listing of all center locations.

## Twas the Night Before...

Join us for one night of holiday splendor. Dress up with our staff as we sit down for a night of holiday story time. Enjoy light refreshments, a craft, and an amazing holiday fairy tale to get your little angel in the holiday spirit. Each child will make and take home a holiday craft after the reading.



**Stoddert Community Ctr. (Waldorf)**  
**Wed, Dec. 21 • 6:15-7 p.m.**  
 Age: 3-6 • 401286-S3  
 Resident Fee: \$3; Non-Resident: \$4

## Dance

### It's A Line Dance "Thang"

Want to learn the latest line dances? How about a classic like the Electric Slide? Encourage a group of friends or come solo for a great time with other dance enthusiasts. Open to all levels (beginner to intermediate).

**Henson Community Ctr. (Indian Head)**  
 Age: 16+  
 101029-HE Thu, Jan 5-Feb 9 6:30-8:30 p.m.  
 Registration Fee: \$35; Non-Resident: \$40

## General

### CPR/First Aid Adult & Child Certification Classes

The Adult and Pediatric First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies and how to respond to breathing emergencies to help victims of any age - adults (about 12 years and older) and pediatric (children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR valid for two years.

**Port Tobacco Recreation Ctr. (Port Tobacco)**  
 Age: 18+  
 101399-P1 Sun, Jan 22 9-1 p.m.  
 101399-P2 Sun, Feb 5 9-1 p.m.  
 101399-P3 Sun, Mar 19 9-1 p.m.  
 Resident Fee: \$85; Non-Resident: \$90

### Birdhouse Making

Just in time for spring. Make a colorful birdhouse to attract birds to your yard. Simple construction, all supplies included. Must be accompanied by an adult.

**Piccowaxen Community Ctr. (Newburg)**  
 Age: 3-9  
 101223-PI Thu, Feb 23 6:45-7:45 p.m.  
 Resident Fee: \$8; Non-Resident: \$9

**Somers Community Ctr. (La Plata)**  
 Age: 3-9  
 101223-SO Mon, Mar 20 6:45-7:45 p.m.  
 Resident Fee: \$8; Non-Resident: \$9



Keywords: Charles County Parks & Recreation

## DROP & SHOP

This holiday season, don't worry about a baby sitter, drop your kids off with us! The kids will enjoy a holiday activity, along with a snack and drink.



**Wade Community Ctr. (Waldorf)**  
 Age: 5-12 • 401331-W1  
 Sat, Dec 17 • 10:30 a.m.-1:30 p.m.  
 Resident Fee: \$10; Non-Resident: \$12

## Cooking

### Jr. Chef Chocolate Shop Fun

We supply the fruit and sweets to dip, coat, and swipe through the melted chocolate. Dipping in dark, white, and flavored chocolate. You will take home a delicious work of art perfect for a gift or to simply devour at your leisure.

Age: 6-12  
 Resident Fee: \$10; Non-Resident: \$12

**Somers Community Ctr. (La Plata)**  
 101133-SO Sat, Jan 21 10-11 a.m.

**Piccowaxen Community Ctr. (Newburg)**  
 101133-PI Fri, Feb 3 6:30-7:30 p.m.



### Winter Theme No Bake Workshop – Snow Much Fun

Winter is here and so are our winter desserts. Selections include a snowman cupcake, winter wonderland popcorn, melting snowman chocolate bark, hot cocoa cookies, festive fruit, and more.

**Somers Community Ctr. (La Plata)**  
 Age: 6-12  
 101133-S1 Sat, Feb 11 10-11 a.m.  
 Resident Fee: \$10; Non-Resident: \$12

### Jr. Chef

Your child will decorate and explore a variety of culinary adventures. All supplies, chef hat, apron, and instructions included. Please bring a pan or storage to take home your creations. Class size is limited. Must be accompanied by an adult.

**Mattawoman Community Ctr. (Waldorf)**  
 Age: 6-12  
 101133-M4 Sat, Mar 18 11:30 a.m.-12:30 p.m.  
 Resident Fee: \$10; Non-Resident: \$12

# Little Fingers of Love

Bring your toddlers in to create a Valentine's Day gift crafted by your little ones! Getting messy with finger paint is part of the fun! All supplies and instruction provided.

Henson Community Ctr.  
(Indian Head)

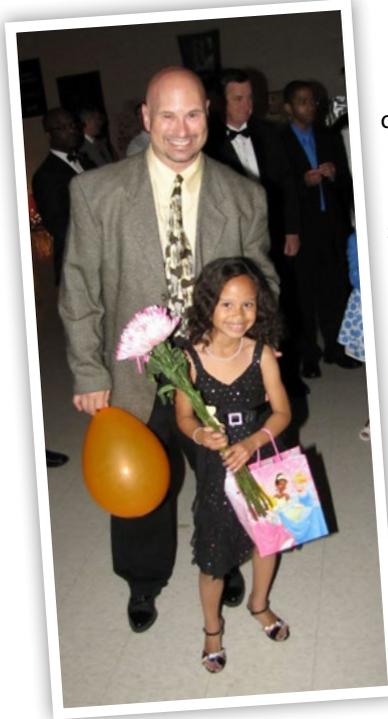
Age: 3-6 • 101372-HE

**Thursday, Feb. 9  
6-7 p.m.**

Resident Fee: \$5  
Non-Resident: \$6



# Daddy Daughter Dance



Make sure your daughter is dressed in her best dress for dancing. Every girl receives her very own tiara and souvenir photo. An evening of dancing, crafts, games, light refreshments, and photo opportunities will make a perfect father daughter bonding time.

**Friday, April 28  
6:30-8:30 p.m.**

Somers Community Ctr.  
(La Plata)

Age: 3-12 • 201213-SO

Resident Fee: \$15  
Non-Resident: \$17  
At the Door: \$20

*Fee is for one child + one adult. Additional child: \$15*

# beyond the bell



**Beyond the Bell (BTB)** is an afterschool activities club for middle school aged teens looking for a safe environment to do their homework, hang out with friends, and enjoy structured activities. Become a member at your school and enjoy special benefits and events exclusive to club members. Registration forms are available at Community Services (Port Tobacco), all community centers, and online at [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com).

**Program Operates Monday-Friday**

**Open to Grades: 6-8 • Weekly Fee: \$50**

One-Time Registration Fee: \$25 (per school yr)

**Available Community Centers**

**Indian Head:** Henson, Smallwood  
**La Plata:** Somers  
**Newburg:** Piccowaxen  
**Waldorf:** Davis, Hanson, Mattawoman, Stoddert

*Registrant must attend school where participating. Program does not meet on school closing days. Program may not qualify for child care tax deduction.*

## Recreation Center Programs

### Learning through Lego's

Use your creative imagination while learning basic skills including adding and subtracting, building different animals, vehicles, and buildings all while having a great time.

#### Henson Community Ctr. (Indian Head)

Age: 4-7  
101157-HE Fri, Mar 3 6-7 p.m.  
Resident Fee: \$5; Non-Resident: \$6

### Let Go of My "Lego"

Program incorporates pre-school and youth age children. Participants get the chance to get together and build with Lego's. Ideas: transportation, space building, Toy Story characters, SpongeBob, and partner building. Kids will take their creations home.



#### Henson Community Ctr. (Indian Head)

Age: 4-11  
101158-HE Fri, Mar 3 7:30-8:30 p.m.  
Resident Fee: \$35; Non-Resident: \$40

### Toddler Programs

#### Little Engineers - All Aboard

All aboard for a wonderful adventure for your little train enthusiast. Enjoy special train activities, Thomas the Train video, puzzles, and games. Participants will be given a conductor hat, bandana, and train whistle.

Age: 3-6  
Resident Fee: \$8; Non-Resident: \$9

#### Piccawaxen Community Ctr. (Newburg)

101285-PI Wed, Jan 18  
6:30-7:30 p.m.

#### Smallwood Community Ctr. (Indian Head)

101285-SM Fri, Jan 27 6:30-7:30 p.m.

#### Somers Community Ctr. (La Plata)

101285-SO Wed, Mar 1 6:30-7:30 p.m.

### Tiny Picasso

Toddlers love getting creative – and messy. Explore your toddler's artistic abilities with this simple art class. Participants will take the lead and create their own masterpiece that can be displayed in your home for years to come. Each participant will be provided all art supplies, and each participant must be accompanied by an adult.

#### Wade Community Ctr. (Waldorf)

Age: 3-5  
101318-WA Tue, Jan 24 6:30-7:30 p.m.  
Resident Fee: \$10; Non-Resident: \$12

### Toddler Chefs

Does your child love to play chef? Let them make a mess at our place! Bring your little one to decorate four cupcakes and a chef hat. All supplies included, along with a take-home box for your goodies.

#### Wade Community Ctr. (Waldorf)

Age: 3-5  
101139-WA Tue, Mar 7 6:30-7:30 p.m.  
Resident Fee: \$10;  
Non-Resident: \$12



### Social Skills

#### SpeakEZ – Public Speaking for Kids

Course provides training on the fundamentals of public speaking and drama for kids. Sessions include training on the importance of proper breathing techniques, projection, stage presence, improvisation, and more. These programs were established to assist youth with building their confidence and overcoming fears of public speaking.

Resident Fee: \$65; Non-Resident: \$70

#### Mattawoman Community Ctr. (Waldorf)

Grades: 6-8  
101393-M1 Sat, Jan 14-Feb 4 Noon-2 p.m.

#### Wade Community Ctr. (Waldorf)

Grades: K-5  
101393-W1 Sat, Feb 11-Mar 4 10 a.m.-Noon



## PARENT'S NIGHT OUT!

Don't worry about who can watch the kids Friday night...bring them to us! Kids will make a craft, play games, watch a movie, and enjoy a snack. Space is limited, advance registration is required.

Age: 5+ • Resident Fee: \$5; Non-Resident: \$6  
Registration Deadline: One Day Prior to Start

#### Smallwood Community Ctr. (Indian Head)

101087-S1 Fri, Jan 13 6-9 p.m.  
101087-S2 Fri, Feb 24 6-9 p.m.  
101087-S3 Fri, Mar 17 6-9 p.m.

#### Wade Community Ctr. (Waldorf)

101082-W2 Fri, Feb 3 6-9 p.m.  
101082-W3 Fri, Mar 10 6-9 p.m.





## Sweet Heart's Preschool Prom

Join us for a night to remember. Begin your night with your little one taking pictures on the red carpet followed by an evening of dancing, games, and light refreshments. End the night with the always popular Sweet Hearts Prom parade. All children must be accompanied by a loved one.

**Somers Community Ctr. (La Plata)**  
Age: 2-6 • 101397-SO

**FRIDAY, FEB. 10 • 6:30-8:30 p.m.**

Resident Fee: \$15; Non-Resident: \$17  
At the Door: \$20

## Spring Princess Party

The young princesses of Charles County are most graciously invited to the grandest royal gathering of the season. Dress your princess in her favorite gown and allow us to treat her to a night of royal pampering and activities only fit for a princess. All princesses must be accompanied by their King or Queen and we encourage you to dress in your most regal attire. All participants must be accompanied by adult. Royal attire is encouraged but not required. Preregistration is highly suggested.

### Wade Community Ctr. (Waldorf)

Age: 3-12 • 201138-WA      Fri, Apr 21 • 6:30-8:30 p.m.  
Resident Fee: \$15; Non-Resident: \$17; At the Door: \$20



# FLASHLIGHT Easter EGG HUNT

Enjoy games, activities, and a flashlight Easter egg hunt. Prizes awarded to those who find the most Easter eggs and the prize egg. Prizes also will be awarded for the jelly bean count and coloring contest. Get your picture taken with the Easter Bunny. All participants must be accompanied by an adult and must bring their own flashlight and Easter basket or bucket.

**Friday, April 7**

**6:30-8:30 p.m.**

**Smallwood Community Ctr. (Indian Head)**

Open to Kids Age 2-10 • 201036-SM  
Resident Fee: \$10; Non-Resident: \$12  
(\$15 at the door)



Somers Community Center  
Presents



# SPRING BABY Bazaar

**SATURDAY** 9 a.m.  
**APRIL 22** to  
Noon

Somers Community Center  
300 Willow Lane, La Plata



## JOIN US FOR THIS FREE EVENT!

We've got the best event in town to buy and sell pre-loved baby, toddler, and maternity items! Shop for ALL things baby and toddler sized at our semi-annual Baby Bazaar. Our annual bazaar provides an opportunity for you to buy quality pre-loved goods all under one roof.

Event held rain or shine.  
Children must be supervised at all times.  
Sorry, shoppers not admitted before 9 a.m.

**Maternity Wear**  
**Nursing Wear**  
**Car Seats & Carriers**  
**Baby Strollers**  
**Playpens**  
**Play Equipment**  
**Books & Toys**  
**Clothes & Shoes**  
**Food & Feeding Items**  
**Baby Essentials**  
**Nursery Items**  
**and more!**

**Call for Details**  
**301-932-6679**

### Are you interested in being a seller?

We are searching for crafters of baby and toddler themed items, sellers of out-grown toys, clothes, and furniture, gently used maternity items, and more.

Setup is from 8 a.m.-9 a.m.

#### Table availability is limited.

201143-S0  
Space + one 6' table ..... \$10/ea  
201143-S1  
Space + second 6' table .... \$10/ea  
201143-S2  
Space + third 6' table ..... \$10/ea  
201144-S0  
Your table + space.....\$5/ea  
201144-S1  
Your table + space.....\$5/ea  
201144-S2  
Your table + space.....\$5/ea

Note: Children must be supervised at all times.



# TOT OLYMPICS

**SATURDAY, MAY 13 • 10 a.m.-Noon**  
**North Point High School (Waldorf)**

Magnify your Olympic spirit and watch as your toddler brings their Olympic dream to life. The Charles County Department of Recreation, Parks, and Tourism presents **Tot Olympics** 2017. Fun-filled events for children age 3-6 that include running, jumping, kicking, and throwing. Athletes will have their participation recorded on a special tracking form distributed during check-in/registration. Please register in advance to guarantee your child's shirt size.

**EVERYONE'S A WINNER!**  
**So, don't forget your camera!**

Each child will receive a T-shirt, award, and snack for his/her efforts. Parent/guardian participation is required for each athlete. Please arrive early, check-in starts 9 a.m. Opening ceremonies will begin at 10 a.m.

**201334-SM for Age: 3-4 • 201335-SM for Age 5-6**

Event Rain Date: Sun, May 14

Resident Fee: \$15; Non-Resident: \$17 • Day of Event: \$20  
*Parent/guardian participation required for each athlete.*



# Fitness Classes Just for Kids!

## Dharma Kids Do Groovyoga

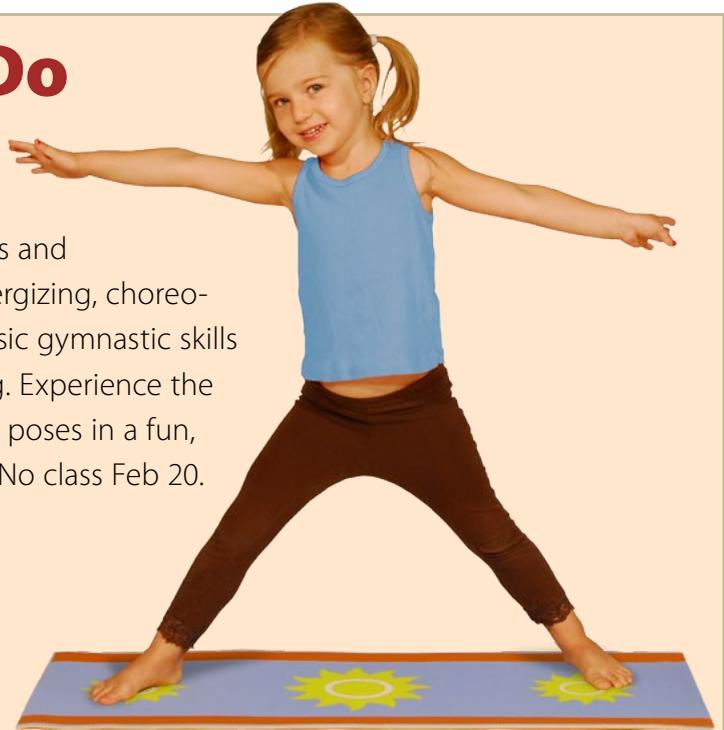
At Dharma kids we believe everyone has a special gift so come join us and discover yours! There will be fun, energizing, choreographed combinations. Learn fun basic gymnastic skills from a cartwheel to back handspring. Experience the many benefits of yoga through yoga poses in a fun, safe, and enlightening environment. No class Feb 20.

**Somers Community Ctr. (La Plata)**

Age: 4-10 • 101386-50

**Mon, Jan 23-Feb 27**  
**6:45-7:45 p.m.**

Resident Fee: \$45; Non-Resident: \$50



## Challenge 2B Fit

Challenge kids to put away their video games, get up from the computer and experience fitness fun! Instructor utilizes music during fun activities to improve cardiovascular, muscular strength, flexibility, overall stamina, speed, and agility.

**Hanson Community Ctr. (Waldorf)**

Age: 5-14

101161-H1

**Mon/Wed,**  
**Jan 23-Feb 8**  
**6:30-7:15 p.m.**

101161-H2

**Mon/Wed,**  
**Feb 27-Mar 15**  
**6:30-7:15 p.m.**

Resident Fee: \$10  
Non-Resident: \$12



## Sports Conditioning/ Vertical Jump Training

Looking to add a boost to your vertical jump game? Join our plyometric class designed to help young athletes improve their leaping ability. Class is structured for athletes training for a variety of sports. Inquire with our instructor if you would like sport specific drills and exercises.

**Hanson Community Ctr.**  
**(Waldorf)**

Age: 13-18

101400-HA

**Tue/Thu, Jan 10-Feb 9**  
**6-7 p.m.**

Resident Fee: \$40  
Non-Resident: \$45  
Drop-In: \$5/visit



# SPORTS

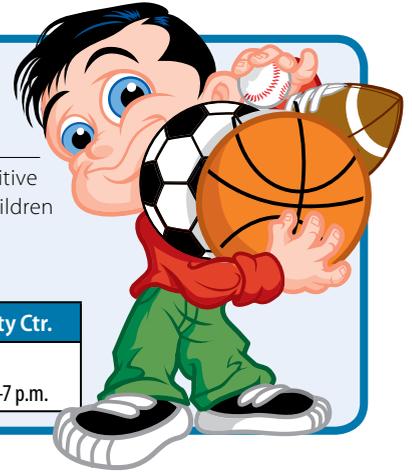
## Start Smart Multi-Sport!

Sanctioned by the National Alliance of Youth Sports

This program assists parents in preparing kids for organized sports in a non-competitive environment using fun, developmentally age appropriate equipment to prepare children for sports without the fear of failure. No class April 15.

Age: 3-5 • Resident Fee: \$40; Non-Resident: \$45

Davis Recreation Ctr.	Hanson Community Ctr.	Henson Community Ctr.
101116-DA Sat, Mar 18-Apr 29 • 10-11 a.m.	201116-HA Thu, Apr 20-May 25 • 6-7 p.m.	201116-HE Thu, Apr 20-May 25 • 6-7 p.m.



### Adult Basketball

Take advantage of this opportunity to meet people and play basketball in a fun, organized atmosphere. Program emphasizes total participation and fun. Registration is required – Not a drop-in program. No class April 11-12.

Open to Age 30+  
Resident Fee: \$40; Non-Resident: \$50

#### Mattawoman Community Ctr. (Waldorf)

401051-M1  
Wed, Dec 7-Feb 15 7-9 p.m.  
101051-M1  
Wed, Feb 22-May 3 7-9 p.m.

#### Somers Community Ctr. (La Plata)

101051-S1 Tue, Jan 3-Mar 7 7-9 p.m.  
101051-S2 Tue, Mar 28-Jun 6 7-9 p.m.



### Spring In-House Recreational Basketball Program

**This is not a league.** Non-competitive program (six sessions) designed to develop skills and promote fun while participating in loosely organized games. Players go through four fundamental stations and play round-robin style games. Games and practices will be in one location. No class April 11-14.

Age: 5-8  
Resident Fee: \$40; Non-Resident: \$45  
Registration Deadline: One week prior to start date

#### Davis Recreation Ctr. (Waldorf)

Age: 5 104006-DA Tue, Mar 28-May 9 6-7 p.m.

#### Mattawoman Community Ctr. (Waldorf)

Age: 6-7 104007-MA Thu, Mar 30-May 11 6-7 p.m.

#### Port Tobacco Recreation Ctr. (Port Tobacco)

Age: 5 104006-PT Fri, Mar 31-May 12 6-7 p.m.  
Age: 6-7 104007-PT Fri, Mar 31-May 12 6-7 p.m.

## Pickleball For All

Open to Age 18+

Pickleball is a fun sport that combines many elements of tennis, badminton, and table tennis. The rules are simple and the game is easy for beginners to learn, but it can develop into a fast-paced, competitive game for experienced players. Learn to play this fun and exciting game and then put your skills to the test in friendly games. An instructor will be present at all classes to teach skills and facilitate play. All necessary equipment is provided. Registration is limited.

#### Port Tobacco Recreation Ctr. (Port Tobacco)

Resident Fee: \$20; Non-Resident: \$25 • Drop-In Fee: \$5 per visit

Code	Date	Time
504210-01	Mon, Jan 2-30	11 a.m.-1 p.m.
504210-02	Wed, Jan 4-Feb 1	11 a.m.-1 p.m.
504210-03	Thu, Jan 5-Feb 2	3:30-5:30 p.m.
504210-04	Mon, Feb 6-Mar 6	11 a.m.-1 p.m.
504210-05	Wed, Feb 8-Mar 8	11 a.m.-1 p.m.
504210-06	Thu, Feb 9-Mar 9	3:30-5:30 p.m.
504210-07	Mon, Mar 13-Apr 10	11 a.m.-1 p.m.
504210-08	Wed, Mar 15-Apr 12	11 a.m.-1 p.m.
504210-09	Thu, Mar 16-Apr 13	3:30-5:30 p.m.



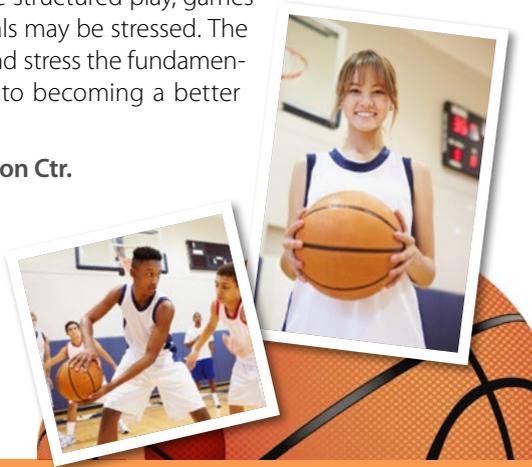
# BASICS OF BASKETBALL

Clinic focuses on the basic fundamentals and skills of basketball. Skills and drills will be taught during half court and full court segments on both offense and defense. Each 2-hour session will be broken down into four 30 minute segments. During the first 30 minutes, basketball fundamentals will be taught; during the second 30 minute segment, individual and team shooting; the next 30 minutes will cover half and full court pressure defense and the last 30 minute segment will include structured games.

We hope to see the skills and drills that we teach implemented in structured games. During the structured play, games will stop so fundamentals may be stressed. The main focus is to teach and stress the fundamentals that are important to becoming a better basketball player.

## Port Tobacco Recreation Ctr. (Port Tobacco)

Age: 9+  
Sun, Mar 26-May 14  
Registration Fee: \$100  
Drop-In Available: \$20/visit



### Beginners

For players new to the sport or with less than two years of organized playing experience. Learn basic game rules and skills from experienced coaches to be better prepared for the upcoming season.

104225-PT 9-11 a.m.

### Advanced

For players that have played more than two years of organized basketball and are considered to be advanced. Learn advanced skills from experienced coaches to get ready for the upcoming season. Note: Instructor will have the authority to move participants to the class that better fits their skill level.

104226-PT 11 a.m.-1 p.m.

### Girls

Girls will learn basic game rules and skills from experienced coaches to improve their playing ability. All skill levels welcome

104222-PT 1-3 p.m.

## Youth & Teen Drop-In's

Open style sports and semi-organized games. Registration form with parental consent required each school year. Sign-in by youth required each day of participation.

### Programs are FREE!

Dates/times subject to change. Call Center for schedule changes.

### Winter: Nov. 28-March 13

Location	Code	Day	Time
<b>Age: 8-10</b>			
Wade	501001-WA	M/W/F	4-5:30 p.m.
<b>Age: 11-13</b>			
Wade	501001-W1	Tue/Thu	4-5:30 p.m.



## Adult Sports Drop-In's

### Punch Card: \$30/12 Visits

Resident Fee: \$3/visit, Non-Resident: \$4

<b>Aug. 31-June 1</b>			
Location	Code	Day	Time
<b>Basketball for Age 18+</b>			
Port Tobacco	501072-PT	Tue	8-9:30 p.m.
Piccowaxen	501072-PI	Wed	7-9 p.m.
<b>Basketball for Age 30+</b>			
Smallwood	501073-SM	Mon	7-9 p.m.
Port Tobacco	501073-PT	Wed	8-9:30 p.m.
<b>Co-Ed Volleyball for Age 18+</b>			
Port Tobacco	501074-PT	Thu	8-9:30 p.m.
<b>Futsal for Age 18+</b>			
Somers	501075-SO	Fri	8-9:15 p.m.
<b>Table Tennis for Age 18+</b>			
Stoddert	501076-ST	T/Th/F	6-9 p.m.



**Registration Fee: \$90**  
**Early Bird Registration: Jan. 25-Feb. 1**  
**Save \$15 if you register by Feb. 1!**

**Registration is Limited**  
**Registration Deadline: Feb. 22**

**Middle School ID:**  
 Davis (DA) • Hanson (HA) • Henson (HE)  
 Mattawoman (MA) Piccowaxen (PI)  
 Smallwood (SM) • Somers (SO) • Stoddert (ST)

All games and practices played on weeknights (*exception: post season tournament*). Refunds will not be granted after March 28 unless the player has a medical excuse. A doctor's note must be presented at the time of the request.

**Players must register for the school they attend.**  
*Private and homeschool students are welcome, but must play for the public school they are zoned for.*

## High School Prep Basketball

Represent your school while playing in the best high school preparatory league in Southern Maryland. This is a competitive basketball league designed to prepare middle school students for high school basketball.

- 8-game regular season
- Weekend post-season tournament
- Reversible game jersey
- Modified game and play rules (geared to high school)
- Weeknight games and practices
- Separate leagues for boys and girls
- 6-8th grade students only

High School Prep Basketball	
Grade	Code
6th Grade Boys	204180 + School ID
7th Grade Boys	204181 + School ID
8th Grade Boys	204182 + School ID
6th-8th Grade Girls	204183 + School ID

## High School Prep Cheer Program

Come join the team. Represent your school in the newly formed High School Prep Cheer Program. Our cheer program is designed to prepare middle school students to be high school cheerleaders while representing their school.

- Cheer at all home games and post season tournament
- Uniform includes: custom cheer top, cheer shorts, and pom pom's
- Weeknight games and practices
- 6-8th grade students only

**Grade Code:** 204190 + School ID

# 2017 Elks Hoop Shoot National Free Throw Contest

At Davis Comm. Ctr. (Waldorf)

This event is **FREE** and open to the public. Awards will be presented to all age group winners. Winner moves up to District Level... then Regional and State Finals... State winner advances to National Finals where the winner will have their name enshrined in the James Naismith Memorial Basketball Hall of Fame.

Must bring proof of age day of event (*copy of birth certificate, passport, or baptismal certificate*). Winners must submit a copy of proof the week following the competition.

**Note:** Age group eligibility is determined by child's age as of April 1, 2017 (*not necessarily their current age*).

## Friday, Jan. 13

Open to Kids Age 8-13

Registration: 6 p.m. • Competition: 6:30 p.m.

Program Code	Girls	Boys
Age 8-9	104034-01	104035-01
Age 10-11	104034-02	104035-02
Age 12-13	104034-03	104035-03

Sponsored by Waldorf BPO Elks Lodge No. 2421 and the Department of Recreation, Parks & Tourism.

## Youth Sports Leagues Volunteer Coach Application

Recreation, Parks, and Tourism is looking for volunteer coaches for the various youth sports league offered throughout the year. If you are interested in volunteering, please complete this form and mail to:

Department of Recreation, Parks & Tourism  
Attn: Sports Office  
8190 Port Tobacco Road  
Port Tobacco, MD 20677

**Or... Fax to 301-934-0121**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Complete Address: \_\_\_\_\_

Daytime Phone #: \_\_\_\_\_

Evening Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

### Age/Grade group you prefer (circle):

High School Prep League (spring)		
6th Grade Boys	7th Grade Boys	8th Grade Boys
6-8th Grade Girls		

Youth Basketball League (winter)					
Boys	8	9-10	11-12	13-14	15-17
Girls	8-10	11-14			

Pee Wee Basketball League (winter)		
Pee Wee	Boys 5 • 6-7	Girls 5 • 6-7

Youth SELECT Basketball League (winter)			
Boys 9-10	Boys 11-12	Boys 13-14	Girls 11-14

Youth Co-Ed Soccer League (winter)							
Pee Wee	4U	6U	8U	10U	12U	14U	18U

Youth Volleyball League (winter)	
Grades 5-6	Grades 7-8

A volunteer coach will receive a 50% refund off the regular fee for one child if they are selected to coach. Coaching refunds are processed after games begin.

Child's Name: \_\_\_\_\_

**Coach Shirt Size:** (circle one)

S   M   L   XL   XXL   Other \_\_\_\_\_  
(Shirt sizes run small)

**This is not a program registration form. See the back, inside cover for program registration.**

# ADULT SPORTS LEAGUES



**ATTENTION  
FREE AGENTS**

If you are interested in joining a team as a free agent, please call **301-932-3470**.

## Age 18+ Basketball League

Games are played each Sunday at one of the various county schools. Players must not be eligible to participate at the high school level.

### Winter League: Games Begin Mid-Feb

Team Fee:	\$550
Registration Deadline:	Jan 25
Men – A	104205-ZZ
Men – B	104206-ZZ
Men – C	104209-ZZ
Men – Age 35+	104207-ZZ
Women	104208-ZZ

## Adult Volleyball League

Ten-match season (30 games). Players must not be eligible to participate at the high school level. Leagues are open to all playing levels – from beginner to power. Church league players must be associated with a local church organization.

Age: 18+ • Team Fee: \$325

### Winter League: Games Begin Mid-Jan

Registration Deadline:	Jan 4	
Competitive	Co-Ed	104200-CO
Recreational	Co-Ed	104200-RE
Church League	Co-Ed	104200-CH

### Spring League: Games Begin Mid-March

Registration Deadline:	Mar 1	
Competitive	Co-Ed	204200-CO
Recreational	Co-Ed	204200-RE
Church League	Co-Ed	204200-CH

# 4 V 4 INDOOR SLAM! Adult Volleyball Tournament Series

Adult teams are invited to participate in this volleyball spectacular. Pool play determines seedings into a single-elimination tournament. Games will be played at some of the best volleyball facilities in Southern Maryland. Min 4/ Max 6 per team roster. Games will be officiated.

## Open to Players Age 18 & Older

*Awards to Division Champs  
Each participant receives a T-shirt*



## Saturday, March 18 ST. PATTY'S DAY SLAM

Team Fee: \$100

Registration Deadline: March 2

Port Tobacco Recreation Ctr.  
(Port Tobacco)

204197-ZZ • Competitive A  
204198-ZZ • Competitive B

# Charles County Adult Kickball League

Spring 2017

**KICK** and **CATCH** the fun!

At White Plains Regional Park

Tuesday Nights: Division I & Division II

Wednesday Nights: Division III

Age: 18+

Fee: \$450/team

Registration Begins: Feb 27

Registration Ends: Mar 10

Interested individuals will be placed on a free agent list available to all coaches.



## 2017 Men's Class-E Early Bird Softball Tournament

In partnership with ASA Softball, Charles County Recreation, Parks, and Tourism is hosting its annual Men's Class E Softball tournament at Laurel Springs Regional Park, one of the premier parks in Southern Maryland.

20 team max. Rain date TBA. First and second place awards. Registration begins Feb. 20.

**215400-EB • April 1-2**

Laurel Springs Regional Park

Age: 18+ Men's Division

Entry Fee: \$250 (4 Game Guarantee)

Registration Deadline: Mar 24

Details: [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com), 301-932-3470



# SPORTS LEAGUES

## For Youth & Adults

### Youth Sports

#### Youth Outdoor Soccer

The Southern Maryland Youth Soccer League is first and foremost a recreational sports program. Its purpose is to provide an opportunity for youth to participate in soccer within designated age divisions. League play will be a round-robin schedule consisting of 8-10 games.

Age: 5-19

Spring Registration: Jan.-Early March

Games Begin: Early April

League	Format	Field
U-6, 7, & 8	7 vs 7, 4 vs 4	Small Field
U-9 & 10	7 vs 7	Intermediate Field
U-12	8 vs 8	Intermediate Field
U-15	11 vs 11	Regulation Field
U-19	11 vs 11	Regulation Field

#### Youth Soccer Organizations

- **La Plata Youth Soccer Association (LPYSA):** Registration is from Dec 1-Feb 25. Walk-in registrations will only be taken on Wednesday, Feb 15 from 6-8 p.m. at the Green Turtle (La Plata). Contact Julie Waitt at juliew.lpya@gmail.com or visit us at www.lpya.org for more information.
- **Bryans Road Soccer Association (BRSA):** www.brsa.net
- **Indian Head Soccer Association (IHSA):** http://ihsa1.tripod.com
- **Pisgah Soccer Association (PSA):** www.pisgahsoccer.com
- **Southern Maryland Youth Organization (SMYO):** www.smyo.org
- **Waldorf Soccer Club (WSC):** www.waldorfsoccer.com

#### Youth Tackle Football & Cheerleading

For information regarding organizations offering youth tackle football and cheerleading programs, visit www.CharlesCountyParks.com/OutdoorSports.

#### Youth Outdoor Baseball & Softball

For information regarding organizations offering youth baseball and softball programs, visit www.CharlesCountyParks.com/OutdoorSports.

### Adult Sports

#### Adult Outdoor Soccer

Round-Robin play format (8-10 games). Post-season tournament will be offered. League is open to one or more divisions of competition.

Age: 18+

Spring Registration: Feb. 27-March 10

Team Fee: \$450-\$700

Games Begin: Early September

League	Format	Day
Women's Age 18+	7 vs 7	Sun
Men's Age 18+	11 vs 11	Mon
Men's 35+	11 vs 11	Wed

#### Adult Softball

Regular season play will be round-robin format (18 games); teams play double-headers. Each team limited to a min. 15 players and max 20.

Age: 18+ (not attending high school)

Spring Registration: Feb. 20-March 10

Team Fee: \$600-\$650

Games Begin: Late April

League	Day
Adult Co-Rec	Fri/Sun
Men's	Mon/Wed/Thu





2745 Old Washington Rd., Waldorf MD  
301-870-7938 • 301-705-6557

## Parkour Basics

Are you an aspiring American Ninja Warrior? Or maybe you are just looking for a new and exciting way to work out and have fun with your friends. Parkour is a training discipline which focuses on movement through obstacles efficiently. Skills such as rolls, kong vaults, and precision jumps will be used to get from point A to B. Learn the basics in a safe environment. Through games and challenges, you will be taught to control your body and mind in any urban or natural environment. Of course, some spins, flips, and tricks will be learned along the way.

Age: 8+ Resident Fee: \$150; Non-Resident: \$155  
Session 3: Fri, Jan 13-Mar 3 7:30-8:30 p.m.  
Session 4: Fri, Mar 10-Apr 28 7:30-8:30 p.m.



## SUPER FUN SATURDAY NIGHT!

Wouldn't you like to enjoy a quiet night out while your children have a blast bouncing at Elite? Well here is your chance...our fun-filled nights include gymnastics, arts and crafts, games, refreshments, and a fun theme! Each child will get two pieces of pizza, a juice box, and two snacks. Preregistration is required.

**Flurries, Flips & Fun**..... Jan 28  
**Sweet Escape**..... Feb 25  
**March Madness**..... Mar 25

Age: 5-14 • 5:30-9:30 p.m. • Resident Fee: \$15; Non-Resident: \$17

## Fitness & Dance

### Forever Young Friday Drop-In

Do you ever feel like fine tuning your cartwheel or brushing up on your toe touch? Well come bounce, swing, flip, or jump with us and feel like a kid again. It's not only fun, it's a great workout too!

Age: 18+ Fri, Ongoing 8:30-9:30 p.m.  
Resident Drop-In Fee: \$5; Non-Resident: \$7

### Belly Dance Fit

Basic instruction focusing on hip and arm isolation. Learn a full routine per session. It's a perfect way to exercise and have fun! No previous experience required.

Age: 18+ Sat, Jan 14-Feb 18 10-11 a.m.  
Resident Fee: \$60; Non-Resident: \$65

## Infants & Toddler Programs

### Parent & Tot Drop-In

Spend quality time with your little one while he or she develops body awareness, balance, fitness, listening and social skills. Enjoy fun and activities using gymnastics apparatus. Parent supervision is required. Parent/guardian must be within arms reach of child at all times. Maximum two children per adult. Drop-in not available during the summer. No class Dec. 23, 26-30, and Jan. 27.

Age: 6 mths-5 yr (Ongoing)  
M/W/F, 11-11:45 a.m. or  
Sat, Noon-12:45 p.m.  
Resident Fee: \$5; Non-Resident: \$7



## Special Programs

### High School Open Tumbling

The perfect time for gymnasts or cheerleaders to practice their tumbling skills.

Age: 13-18 Sat (Ongoing) 1-2 p.m.  
Drop-In: \$5

### Junior Campnastics

This popular gymnastics camp is now offered as a half-day experience during the school year for younger children and gymnasts. Camp includes basic gymnastic instruction, activities, games, and arts and crafts.

Age: 4-6 Dec 19-23 9 a.m.-Noon  
Resident Fee: \$75; Non-Resident: \$80

### Campnastics Drop-In Days

It's everything you love about our Campnastics program available for drop-in when schools are closed. Daily activities include gymnastics instruction, arts and crafts, organized games, and other special projects. Campers should bring a daily bag lunch, drink, and snack.

Age: 5-14  
Dec 23, 26-30, and Jan 27 6:30 a.m.-6 p.m.  
Resident Fee: \$30; Non-Resident: \$35

### Elite's Fitness Challenge

Elite is looking for Charles County's next Biggest Loser! Join a group fitness class geared to help you shed pounds for the new year. This is the year to achieve your resolution! Classes meet twice per week. Enjoy a welcoming, healthy atmosphere that will assist you in achieving a healthier lifestyle. The "Biggest Loser" will receive a prize after the final weigh out!

Age: 16+ \$150/session  
Session 1: Mon/Wed, Jan 9-Mar 29 6:45-7:45 p.m.  
Session 2: Mon/Wed, Apr 3-Jun 21 6:45-7:45 p.m.

### Open Gym Clinic

Need to work on your gymnastics skills? Come to our monthly gym clinic, which gives recreational and competitive gymnasts time to work independently on skills, and work with one of our qualified coaches.

Age: 6-18  
Sat, Jan 28, Feb 25, Mar 25 1 p.m.-3 p.m.  
Resident Fee: \$20; Non-Resident: \$25



## Gymnastics

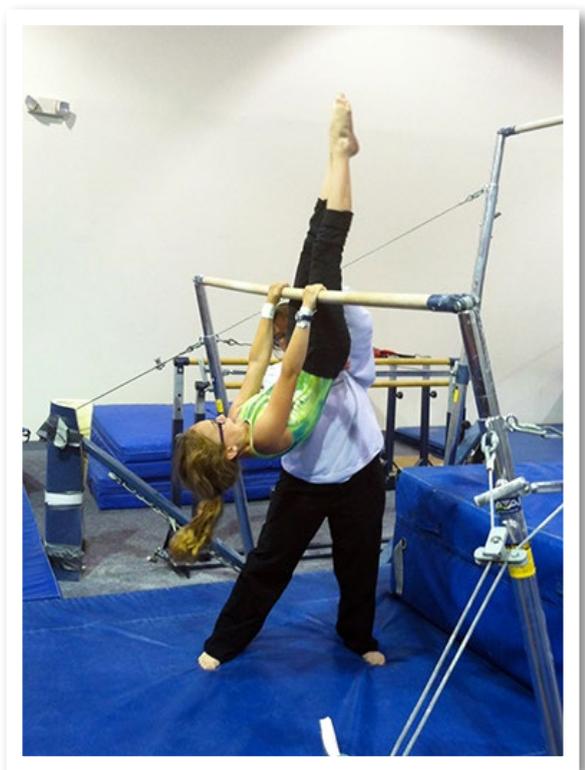
High quality gymnastics are available at Elite for boys and girls age 2-18. Class programs follow USA Gymnastics Jr. Olympic Program Day and evening classes available. Beginner, intermediate, and advanced classes. Monthly fees with annual registration.

### Competitive Teams

Elite offers USAG competitive team: levels 2-10. USA Gymnastics is the sole national governing body for the sport of gymnastics in the United States. This designation comes from the U.S. Olympic Committee and the International Gymnastics Federation (FIG). The competition season begins in late fall and ends in spring. Our competitive gymnasts will travel to various gyms both in Maryland and throughout the United States.

### Pre-Competitive Teams

Elite offers pre-competitive team by placement only. This group is designed to prepare gymnasts who demonstrate skills and readiness needed for competitive programs. This group does not compete.

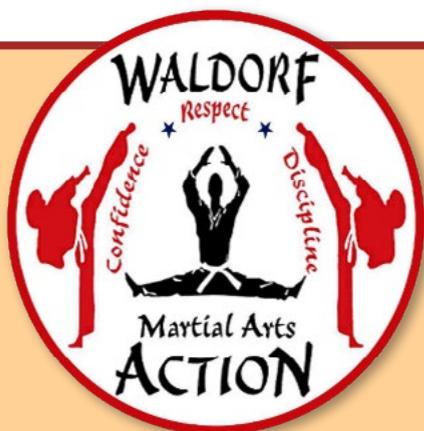


## Recreational Gymnastics

Program teaches achievable goals, frequent success and tangible rewards. Our curriculum uses a beginner to advanced level system to track achievements. Skills are broken into achievable steps. Elite nurtures an environment where children have an opportunity to be successful and feel like winners.

Sessions consist of eight classes. Placement depends on age and skill level. For safety reasons, all class sizes are limited to a maximum number of participants. Classes may be canceled due to low enrollment. Instructors may move children to a different level if child is unable to participate in skill level of the registered class.

**Session 3: Jan 9-Mar 4**  
**Session 4: Mar 6-Apr 29**



## Waldorf Action Martial Arts

Gain energy, flexibility, strength, endurance, be less stressed, and learn forms of self-protection. 4th, 5th and 6th Degree Black Belt Master Instructors. Affordable prices, family memberships, law enforcement/firefighter/military discounts! Taekwondo, Te-Geri Fitness Kickboxing, adult morning classes, karate birthday parties, transported afterschool sport taekwondo program.

"Test-drive" any of our programs with a free Introductory lesson.

**301-645-1650 • [www.WaldorfMartialArts.com](http://www.WaldorfMartialArts.com)**

# GYMNASTICS SCHEDULE

Schedule is subject to change.

Session 3: Jan 9-Mar 4  
Session 4: Mar 6-Apr 29

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Duration	Session Fee*
<b>Tiny Tumblers</b>								
Age: 2-3	5 p.m.			6 p.m.		9 or 11 a.m.	45 Min.	\$90
<b>Twisters</b>								
Age: 4-5	6 p.m.	5 or 7 p.m.		5 p.m.		10 a.m. or Noon	55 Min.	\$115
<b>Girls Gymnastics</b>								
Red: Age 6+	5 or 7 p.m.		6 p.m.			10 a.m. or Noon	55 Min.	\$115
White: Age 6+	7 p.m.	6 p.m.	5 or 7 p.m.	7 p.m.	6 p.m.	11 a.m. or Noon	55 Min.	\$115
Blue: Age 6+	7 p.m.	7 p.m.	7 p.m.		7 p.m.	9 or 10 a.m.	55 Min.	\$115
Silver: Age 6+		5 p.m.	AND	5 p.m.			85 Min., 2x's/wk	\$225
Gold: Age 6+		6:30 p.m.	AND	6:30 p.m.			85 Min., 2x's/wk	\$225
<b>Boys Tumble &amp; Gym</b>								
Age: 6+	6 p.m.		6 p.m.			11 a.m.	55 Min.	\$115
<b>Kids Conditioning &amp; Core</b>								
Age: 8+		6 p.m.		6 p.m.			55 Min.	\$115
<b>Cheer Tumbling</b>								
	6 p.m. (Elementary)		6 p.m. (Middle)		6 p.m. (High School)	9 a.m. (All)	55 Min.	\$115

\*Non-residents add \$5

Additional classes can be purchased for \$50/class – must be done in person at Elite Gymnastics. Prices are "per class, per week," unless otherwise noted.

## Class Descriptions

**Tiny Tumblers:** (This is a parent participation class). This class is designed for small children and promotes proper brain development, motor skills, communication, and social skills, and provides a fun bonding experience with the parent. During class only 1 parent per child is permitted in the gym (no siblings permitted in gym). Age: 2-3

**Twisters:** Learn basic gymnastics skills and terminology that will help build self-esteem, increase flexibility and coordination while making the learning experience fun and successful. Age: 4-5

**Red:** Beginner level. For children with little or no experience in gymnastics. Your child will be introduced to the basic gymnastics skills, positions, and safety for Floor, Beam, Vault, & Bars. Age: 6+

**White:** Advanced Beginner. For gymnasts who have completed all Red level skills, such as a handstand and cartwheel and is familiar with basic skills on the other equipment. Age: 6+

**Blue:** Intermediate. For gymnasts who have completed the White level - students should have a strong roundoff and back bend kickover on the floor before advancing to this level. Age: 6+

**Silver/Gold:** Intermediate Advanced/Advanced- Students may enroll in these classes by invitation only. Gymnasts must have completed the blue level skills before advancing as these classes have increased levels of difficulty which require a good knowledge and mastery of basic skills on each event. Age: 6+

**Boys Tumble & Gym:** Our boys gymnastics programs focuses on building strength, flexibility, & confidence. Boys will be introduced to basics skills and positions on events and learn the rules and safety in gymnastics. In addition to gymnastics they will be introduced concepts of Parkour. Age: 6+

**Kids Conditioning & Core:** Get in shape gymnast style! Class will incorporate strength training, muscle and endurance building in a gymnastic atmosphere. Classes will include circuit training as well as games and activities to build core strength. Age: 8+

**Cheer Tumbling:** Students will learn the fundamentals of tumbling through drills and skill progression. Tumbling skills will be focused around tumbling needed for cheerleading.



# AQUATICS

DAILY CALENDARS: [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)

Hours are subject to change without notice. All patrons will be cleared from the water 15 minutes prior to facility closing.

## Indoor Pools

### Lackey Indoor Pool

301-743-2470 • 301-753-6003  
3000 Chicamuxen Road (Indian Head)

### Winter Hours: Nov 15-Feb 26

Monday, Tuesday, Thursday ..... 7-9 p.m.  
Wednesday & Friday ..... 7:30-9 p.m. (varies)  
Saturday-Sunday ..... Noon-6 p.m.

### Donald M. Wade Aquatic Ctr.

301-934-7474 • 5305 Piney Church Road (Waldorf)

### North Point Indoor Pool

301-934-7475 • 2500 Davis Road (Waldorf)

### Winter Hours: Nov 15-Feb 26

Monday, Tuesday, Thursday ..... 6-9 p.m.  
Wednesday & Friday ..... 7:30-9 p.m. (varies)  
Saturday-Sunday ..... Noon-6 p.m.

## All Locations

### Spring Hours: Feb 27-June 16

Monday-Friday ..... 3:30-9 p.m.  
Saturday-Sunday ..... Noon-6 p.m.

## Daily Admission

Age	Fee
Age 2 & Younger	Free
Age 3-12	\$4
Age 13-59	\$5
Age 60+	\$4
Children age 12 and younger must be accompanied by an adult age 16+.	

### Group Admission

Any group of 8 or more must make reservations with the Pool Manager at least two weeks prior. Please call any of the indoor pool locations or the aquatics office for more information.



## Punch Cards

12 visit punch card good at all pool locations. Expires 6 months from date of purchase. Valid for one person only. Each person must present their own card.

Age	Resident	Non-Resident
Age 3-12	\$40	\$45
Age 13-59	\$50	\$55
Seniors Age 60+	\$40	\$45

## Pool Memberships

Good at all pools operated by the Department of Recreation, Parks & Tourism.

### Annual Membership

Good 12 months from date of purchase

Age	Resident	Non-Resident
Family of Four	\$400	\$410
Individual Adult	\$250	\$255
Indiv Youth/Senior	\$225	\$230
Add'l Family Member	\$50	\$55

### Semi-Annual Membership

Good 6 months from date of purchase

Age	Resident	Non-Resident
Family of Four	\$300	\$310
Individual Adult	\$175	\$180
Indiv Youth/Senior	\$150	\$155
Add'l Family Member	\$35	\$40

## Pool Rentals

The Indoor Community Pools are available year-round, and McDonough Outdoor Pool is available during the summer months for private pool rentals. Perfect for birthday parties, family gatherings, church groups, camps, day care groups, group parties, and more.

The rental is for three hours and includes certified lifeguards.

Reservations must be made in person at least two weeks in advance at the Aquatics Offices or any of the indoor pool locations. Non-refundable, 50% deposit due at time of reservation.

No. of Guests	Resident
Fewer than 50	\$225
50-100	\$275
100-150**	\$325
**Not available at North Point Rates: If non-resident, please add \$5 More than 150 Guests: Contact Aquatics Office	

For details/available dates, please call the Aquatics offices.

## HOLIDAY PUNCH CARD SALE

Buy a punch card from Dec. 7 to 30, and receive a free pair of goggles priced at \$10 or less. Makes a great gift or start to your New Year's Resolution!

*Sale is available at pool locations only while supplies last.*



## Thunderstorm Policy

All patrons will be cleared from all pools after the first sight or sound of an approaching thunderstorm. The pools will remain cleared for a full 30 minutes after the last clap of thunder or sight of lightning.

 Find us on Facebook

Keywords:  
Charles County Parks & Recreation

**Lackey Pool (Indian Head)**

# Swimming with Santa



Whether you've been naughty or nice...bring your swimsuit and join Santa in the pool for holiday fun and games. Activities include above water or submerged picture with Santa, water games, and an arts and crafts station.

**Saturday, Dec. 17 • 2-4 p.m.**

All Ages • 408010-LK

Admission Fee: \$5/person

Registration accepted at door based on availability



**Pictures with Santa begin at 2:15 p.m.**

## Holiday Swim

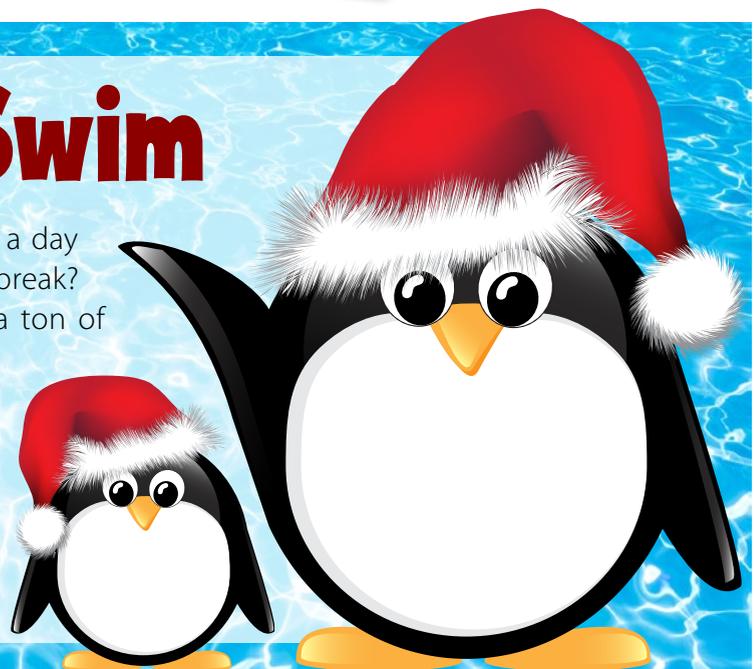
Looking for a fun way to spend a day with the kids over the holiday break? Come to the indoor pools for a ton of splashing fun.

**Lackey Pool, North Point Pool & Donald M. Wade Aquatic Ctr.**

All Ages

Dec 23 & 27-30 • 1-4 p.m.

Admission Fee: \$2/pp



# Underwater Egg Hunt

Bring your swimsuit and goggles to help the Easter Bunny collect his eggs – IN THE POOL! There will be an underwater egg hunt, fun activities, and a visit from the Easter Bunny!

## Lackey Pool (Indian Head)

Open to All Ages • 208010-L1

**Thu, Apr 6 • 6:30-8 p.m.**

Admission Fee: \$5/person

Registration Required

*Registration at the door accepted based on availability.*



# LAP SWIMMING

Lap lanes will be available during most of our open swim hours. Due to limited space, swimmers may need to share lanes. Lanes will not be available during water aerobics. Lap swimming hours are subject to change without notice.

## Extended Lap Swim Hours

**Donald M. Wade Aquatic Ctr. (Waldorf)**  
Sat, Jan 7-Feb 25 • 8 a.m.-Noon

**North Point (Waldorf)**  
Sat, Jan 7-Feb 25 • 9:15 a.m.-Noon

**Lackey (Indian Head)**  
Sat, Jan 7-Mar 4 • 9:45 a.m.-Noon



# American Red Cross Classes

Refunds will not be given if participant does not pass the prerequisites or fails to complete the certification requirements.

## Must Attend All Classes

### Lifeguard Instructor Class

Designed to train currently certified lifeguards to teach American Red Cross Lifeguarding courses. Participants must provide own adult resuscitation mask with oxygen inlet, a pediatric resuscitation mask, and instructor manual.

**Donald M. Wade Aquatic Ctr. (Waldorf)**

Age: 17+

508028-S1 Tue-Fri, Dec 27-30 8 a.m.-1 p.m.

Resident Fee: \$215; Non-Resident: \$220

### Lifeguard Prep Class

Class will focus on swimming endurance and necessary skills needed to meet prerequisites of upcoming Lifeguard classes.

**North Point Pool (Waldorf)**

Age: 14+

508029-N1 Fri, Feb 3 7-7:45 p.m.

Registration Fee: \$15

### Lifeguard Class

Designed to provide participants with the knowledge and skills necessary to ensure the safety of patrons at aquatic facilities. Text book and CPR mask are included in the course fees.

**North Point Pool (Waldorf)**

Age: 15+

508030-N1 Fri, Mar 3 4-9 p.m.

Sat/Sun, Mar 4-5 8 a.m.-6 p.m.

Resident Fee: \$200; Non-Resident: \$205

### Water Safety Instructor Course

Designed to train instructor candidates the skills needed to instruct courses in the American Red Cross Swimming and Water Safety program.

**Donald M. Wade Aquatic Ctr. (Waldorf)**

Age: 16+

508033-S1 M/W/Th, Mar 15-Apr 5 6-9 p.m.

Sat, Mar 25 8 a.m.-2 p.m.

Resident Fee: \$215; Non-Resident: \$220



## CHARLES COUNTY SWIM CLUB

### Teamwork, Competition, Sportsmanship!

The Charles County Swim Club is a recreation based program designed for both competitive and non-competitive swimmers. Through leveled instruction, we are able to meet the needs of both the advance and novice swimmer in a fun and safe environment. **Instructors may move swimmers to a different group after evaluating each participant at the first practice.**

#### Dolphin

Requirements-Must be able to swim one length (25 yds) both freestyle and backstroke.

Skills-Refines freestyle and backstroke technique. Introduces and builds on breaststroke, butterfly, starts, turns, and finishes.

#### Sharks

Requirements-Must be able to swim two lengths (50 yds) of freestyle, backstroke, breaststroke, and demonstrate butterfly.

Skills-Refines all four competitive stroke techniques along with starts, turns, and finishes. Endurance training emphasized.

### Open to Age 6-18

Dolphin – Resident Fee: \$140; Non-Resident: \$145

Sharks – Resident Fee: \$200; Non-Resident: \$205

#### Lackey Pool (Indian Head) • Jan 3-Mar 6

108056-LK	Dolphins	Tue	7:15-8 p.m.
		Sat	11-11:45 a.m.
108056-L1	Sharks	Mon/Thu	7:15-8:30 p.m.
		Sat	9:45-11 a.m.

#### Donald M. Wade Aquatic Ctr. (Waldorf) • Jan 3-Mar 2

108056-SC	Dolphins	Tue/Thu	6:15-7 p.m.
108056-S1	Sharks	Tue/Thu	7-8:15 p.m.
		Sat	8-9:15 a.m.

#### North Point Pool (Waldorf) • Jan 3-Mar 2

108056-NP	Dolphins	Tue/Thu	6:15-7 p.m.
108056-N1	Sharks	Tue/Thu	7-8:15 p.m.
		Sat	9:15-10:30 a.m.



## Water Aerobics

Classes are low-impact with emphasis on stretching, cardiovascular, and resistance exercises. Participants should be comfortable in the water, but do not need to know how to swim. All classes are limited to a certain number of participants on a first come first serve basis. Purchase of a punch card does not guarantee a spot in the class. (Water Aerobic classes are subject to change without notice depending on Instructor/Pool availability)

Age: 16+

#### 8 Visit Punch Card

Resident Fee: \$40;

Non-Resident: \$45

Daily Drop-in Fee: \$6/visit

#### Donald M. Wade Aquatic Ctr. (Waldorf)

Mon/Wed, Jan 4-Mar 1  
7:30-8:30 p.m.

#### North Point Pool (Waldorf)

Sat, Jan 7-Feb 25  
10:45-11:45 a.m.

## TODDLER HAPPY HOUR

Bring your toddler to the pool for free swimming during an hour specifically for them. Enjoy time with your little fish in the zero-depth entry area. Adult is required to be in the water with their children.

### FREE Program Open to children age 3 months to 5 years

Donald M. Wade  
Aquatic Ctr. (Waldorf)  
Sat, Jan 7-Feb 25  
9:15-10:15 a.m.

Lackey Pool (Indian Head)  
Sat, Jan 7-Mar 4 • 10:30-11:30 a.m.



# SWIM LESSONS

**Resident Fee: \$60 • Non-Resident: \$65**

Sessions consist of eight, 35-minute classes. Each session includes one day of basic water safety skills. Children must be able to perform all skills of the previous level before moving on to a higher level. For safety reasons, all class sizes are limited to a maximum number of participants. Classes may be canceled due to low enrollment. Instructors may move children to a different level class if the child is unable to participate in the skill level of the registered class.

Please contact the Aquatics Supervisor if health conditions warrant additional accommodations for participation. Registration is on a first-come, first-serve basis. Classes that have not met minimum enrollment by the prior business day before the start date will be canceled.

## INFANT/TODDLER

**REQUIREMENTS:** Age 6-36 mths. Parent/guardian accompanies child in water. **SKILLS:** Teaches parents skills and techniques to encourage/develop comfort level for children in and around water. Includes guided instructional teaching, as well as individual parent/child water exploration.

## PRESCHOOL 1

**REQUIREMENTS:** Age 3-5. **SKILLS:** Designed to teach water safety and intro to basic swimming skills; including submerging, floating, kicking, bobbing, using their arms on both the stomach and back.

## PRESCHOOL 2

**REQUIREMENTS:** Age 3-5. Must have successfully completed Preschool 1 skills. Must be able to fully submerge head, and be comfortable with water. **SKILLS:** Works on floating, and introduces combined stroke (arms/legs) on stomach and back.

## PRESCHOOL 3

**REQUIREMENTS:** Age 3-5. Must have successfully completed Preschool 2 skills. Must be comfortable with underwater swimming, able to float unsupported, and swim 10 yds on stomach and back by themselves. **SKILLS:** Continues with combined stroke on stomach and back, introduction of elementary back stroke, and deep water skills.

## LEVEL 1

**REQUIREMENTS:** Age 6-11. **SKILLS:** Designed for non-swimmers. Intro to water safety and basic swimming skills. Includes submerging, floating, kicking, bobbing, and alternate arm action.

## LEVEL 2

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 1 skills. Must be able to fully submerge head and be comfortable with water. **SKILLS:** Course works on floating and introduces combined stroke (arms/legs) on stomach and back.

## LEVEL 3

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 2 or Preschool 3 skills. Must be comfortable with underwater swimming, able to float, and swim 15 yds on stomach and back. **SKILLS:** Class builds on acquired combined stroke on stomach and back. Adds deep water skills, elementary backstroke, and beginning diving skills.

## LEVEL 4

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 3 skills. Must be able to swim 25 yds (one length of pool) of front crawl and back crawl. **SKILLS:** Refine technique of previous skills. Front and back crawl, elementary backstroke, breaststroke, and sidestroke emphasized. Also improve diving from a standing position.

## LEVEL 5

**REQUIREMENTS:** Age 6-16. Must have successfully completed Level 4 skills. Must be able to swim 50 yds (two lengths of pool) of front crawl and back crawl. Must be able to correctly demonstrate elementary backstroke, breaststroke, and sidestroke. **SKILLS:** Builds on skills from previous levels and refines strokes of front crawl, backstroke, breaststroke, sidestroke and diving. Also learn basics of butterfly stroke.

## TEEN 1

**REQUIREMENTS:** Age 12-16. **SKILLS:** Designed for non-swimmers. Course is an introduction to water safety and basic swimming skills. Includes submerging, floating, kicking, bobbing, and alternate arm action on both the stomach and back.

 Find us on Facebook

**Keywords:**  
Charles County  
Parks & Recreation



visit our website

Save Time & Register Online!

[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)

See page 38 for registration details.

## Winter Swim Lessons

**Donald M. Wade Aquatic Ctr. (Waldorf)**

**Session 1 (8 weeks)**

**Sat, Jan 7-Feb 25**

Level 1.....	10:30	108904-1A
Infant/Toddler.....	10:30	108900-1A
Preschool 2.....	10:30	108902-1A
Level 2.....	11:15	108905-1A
Preschool 1.....	11:15	108901-1A
Level 4/5.....	11:15	108908-1A
Level 3.....	12:00	108906-1A
Preschool 3.....	12:00	108903-1A

**North Point Pool (Waldorf)**

**Session 1 (8 weeks)**

**Sun, Jan 8-Feb 26**

Infant/Toddler.....	2:15	108600-1A
Level 5.....	2:15	108609-1A
Preschool 1.....	3:00	108601-1A
Level 2.....	3:00	108605-1A
Preschool 2.....	3:45	108602-1A
Level 3.....	3:45	108606-1A
Preschool 3.....	4:30	108603-1A
Level 1.....	4:30	108604-1A
Level 2.....	5:15	108605-1B
Preschool 1.....	5:15	108601-1B
Preschool 2.....	6:00	108602-1B
Level 4.....	6:00	108607-1A
Teen 1.....	6:45	108612-1A





## Adult Swimming Programs

### Adult Learn to Swim Hour

Designed for adult beginner and intermediate swimmers looking to gain confidence in the water. Each class will focus on basic swimming skills, stroke development, and water safety.

Age: 17+ • Resident Fee: \$65; Non-Resident: \$70

Lackey Pool (Indian Head): . . . 108028-L1 . . . . . W/F, Jan 4-27 . . . . . 7:45-8:45 p.m.

North Point Pool (Waldorf): . . . 108028-N1 . . . . . Sun, Jan 8-Feb 26 . . . . . 6:45-7:45 p.m.  
 108028-N2 . . . . . M/W, Feb 8-Mar 6 . . . . . 7:30-8:30 p.m.

### Intro to Fitness Swimming

Designed for adults who are confident in the water, and have the knowledge and skills necessary to cross the pool safely, but still need work on their conditioning and swimming technique. Course Goal: assist adults in transitioning from learning to swim to swimming for fitness.

Age: 17+ • Resident Fee: \$65; Non-Resident: \$70

Donald M. Wade Aquatic

Ctr. (Waldorf): . . . . . 108015-S1 . . . . . Sat, Jan 7-Feb 25 . . . . . 9:15-10:15 a.m.

North Point Pool (Waldorf): . . . 108015-N1 . . . . . M/W, Jan 9-Feb 1 . . . . . 7:30-8:30 p.m.

Lackey Pool (Indian Head); . . . 108015-L1 . . . . . W/F, Feb 8-Mar 3 . . . . . 7-8 p.m.

# Mini Swim Lessons

Are you looking to get a head start on swim lessons? Our condensed Mini Swim Lessons are designed to teach the basic fundamentals of swimming between our regular swim lesson program. A session will consist of four 30 minute classes done over a one week time frame. Classes will be kept small in order to maximize your child's learning potential, so space is limited.



**Resident Fee: \$40; Non-Resident: \$45**

### Beginner

Intro to basic swimming skills; including submerging, floating, kicking, and using their arms on both the stomach and back.

#### North Point

**Tue-Fri • Dec 27-30**

4:45 p.m. . . . . 408022-P4 . . . . . Age: 6-8  
 6:15 p.m. . . . . 408022-P5 . . . . . Age: 3-5  
 7 p.m. . . . . . 408022-P6 . . . . . Age: 9-12

#### Donald M. Wade

**Mon-Thu • Mar 6-9**

4:45 p.m. . . . . 108022-P1 . . . . . Age: 3-5  
 4:45 p.m. . . . . 108022-P2 . . . . . Age: 9-12  
 6:15 p.m. . . . . 108022-P3 . . . . . Age: 6-8

### Intermediate

Designed to work on floating unsupported and the basic fundamentals of front crawl and back crawl unsupported.

#### North Point

**Tue-Fri • Dec 27-30**

4:45 p.m. . . . . 408022-F4 . . . . . Age: 3-5  
 5:30 p.m. . . . . 408022-F5 . . . . . Age: 9-12  
 7 p.m. . . . . . 408022-F6 . . . . . Age: 6-8

#### Donald M. Wade

**Mon-Thu • Mar 6-9**

5:30 p.m. . . . . 108022-F1 . . . . . Age: 3-5  
 6:15 p.m. . . . . 108022-F2 . . . . . Age: 6-8  
 7 p.m. . . . . . 108022-F3 . . . . . Age: 9-12

### Advanced

Designed to build on acquired front and back crawl, refine breaststroke and deep water treading.

#### North Point

**Tue-Fri • Dec 27-30**

5:30 p.m. . . . . 408022-S3 . . . . . Age: 7-12  
 6:15 p.m. . . . . 408022-S4 . . . . . Age: 4-6

#### Donald M. Wade

**Mon-Thu • Mar 6-9**

5:30 p.m. . . . . 108022-S1 . . . . . Age: 4-6  
 7 p.m. . . . . . 108022-S2 . . . . . Age: 7-12

# CHARLES COUNTY PARKS

301-932-3470

[www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)



	BRYANTOWN	BENVILLE	CHARLES COUNTY SKATE PARK	CHARLIE WRIGHT	FRIENDSHIP FARM	GILBERT RUN	HATTON CREEK	INDIAN HEAD RAIL TRAIL	LAUREL SPRINGS	MALLOWS BAY	MARSHALL HALL	MAXWELL HALL	OAK RIDGE	PINEFIELD	PISGAH	POMONKEY	ROBERT D. STETHEM	RUTH B. SWANN	SOUTHERN	TURKEY HILL	WHITE PLAINS GOLF COURSE & PARK	
Amphitheater					•																	
Baseball		•		•	•				•				•	•	•		•	•	•			•
Basketball														•					•			
Boat Ramp					•	•	•			•	•											
Boat Rentals						•																
Concessions	•		•			•			•				•		•		•					•
Disc Golf Course																					•	
Driving Range																						•
Dog Park																					•	•
Equestrian Ring/Trails					•							•	•									
Fishing					•	•				•									•			
Football		•		•					•						•			•		•	•	•
Golf Course																						•
Grills						•			•				•	•				•	•	•	•	•
Horseshoes						•																
Trails/Hiking		•			•	•		•	•	•		•	•		•			•				
Multipurpose Fields		•													•			•				
Pavilion		•				•			•				•	•	•			•	•	•	•	•
Picnic Tables	•	•			•	•		•	•	•			•	•	•		•	•	•	•	•	•
Playground		•				•			•				•	•	•			•	•	•		•
Skateboard/Inline			•					•							•							
Sled Run																		•				
Soccer	•	•		•					•				•	•	•	•					•	•
Softball		•							•				•	•	•		•	•	•		•	•
Tennis																			•			•
Tot Lot		•				•			•				•		•			•	•			•
Volleyball						•																
Restrooms	•	•	•	•	•	•		•	•	•	•	•	•		•	•	•	•	•	•	•	•

Some park facilities may require usage permits.



# WHITE PLAINS GOLF COURSE

1015 St. Charles Parkway • White Plains  
Located just south of DeMarr Rd (off Rt 301) south of Waldorf  
301-645-1300 • 301-843-2947  
www.CharlesCountyParks.com



**April–Sept.** Mon–Fri • 7 a.m.–Dusk | Sat–Sun • 7 a.m.–Dusk  
**Oct.–March** Mon–Sun • 8 a.m.–Dusk  
*Tee times recommended*

## A public course with the playing conditions of a private club...

From the challenging and fair layouts, to the lush Bermuda grass fairways and manicured greens...

### White Plains Golf Course is truly a fine golf experience.

Par 70 – 18 Hole Course • Putting Green–Range  
Annual Memberships • Professionally Staffed Pro Shop  
USGA Certified Handicaps & Golf Classes  
Weekday Specials for Twilight Play • Discount Plans  
Snack Bar & Grill • Outings & Tournament Play Available!

Plan your next golf outing with us.  
Call to reserve a date!

**FootGolf!**  
AVAILABLE DAILY: NOON-DUSK

## WINTER GOLF DISCOUNTS



Take the chill out of year-round play by taking advantage of super winter green fees discounts!

**Great Rates Start Dec. 15**  
Details: 301-645-1300

## Beginner Golf Classes

Take your game from the driving range to the course in just a few short weeks. Larry Gray, PGA teaching professional, will give new golfers the confidence to play and enjoy the wonderful game of golf. In a small group setting, participants will learn course etiquette, basic rules, and the essentials of becoming proficient with irons, woods, and putters.

Course will offer both driving range and on-course instruction. At the conclusion of the class, participants will receive a free round (valued at \$25).

**Limit 8 Per Session**  
**Preregistration Required**



**Special Events & Class Details/Registration: 301-645-1300**

Inquire about men's, ladies, and junior golf leagues for the 2017 season.

# TURKEY HILL DISC GOLF COURSE



**Open Daily  
8 a.m.–Dusk**  
Turkey Hill Park  
9430 Turkey Hill Rd.  
La Plata, MD



## Challenging 18 Hole Course

Come try one of the Nation's fastest growing outdoor sports! Once known as "Frisbee Golf," disc golf is similar to regular golf; however, instead of using golf clubs and balls, players use golf discs and aim for elevated chain-covered baskets. Disc golf is a healthy activity that is an inexpensive, easy to learn and fun for all ages.

**Call for Details: 301-932-3470**



## Charles County's Newest Sport! **FootGolf**

At White Plains Golf Course

Combining the popular sport of soccer with the traditional game of golf, FootGolf is fun for all ages and ability! FootGolf generally follows the same model as golf, but instead of using clubs, the challenge is to kick a soccer ball into an oversized (21") hole in the least amount of kicks. Scorecards are used to display par scores for each hole.

Play with friends in a competitive atmosphere or as a fun-filled family activity. Best of all, it's 18-holes in about two hours!

**FootGolf is available everyday starting at Noon.**

Visit [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com) for our great introductory rates and details on this awesome new sport (or call 301-932-3470).

*Soccer + Golf = FootGolf!*



# HAPPY TRAILS!

Whether you walk, jog, or hike...  
ride a horse or a bike...

Charles County Parks has a trail for you!



## Gilbert Run Park

13140 Charles St. • Charlotte Hall

This 2.5 mile nature trail travels along the edge of the 60 acre Wheatley Lake. Features include: self guided nature walk (pamphlets available at park office), fishing pavilions, numerous boardwalks and bridges, and beaver colony observation deck.

## Friendship Farm Park

4705 Friendship Landing Rd • Nanjemoy

This hidden gem offers seven miles of recreational trail – providing access to 382 acres of forest and farmland. Visitors can explore the outstanding natural resources and serenity that surrounds Nanjemoy Creek. Amenities such as interpretive signs, benches, and observation decks are highlights along the trail. Friendship Farm Park is also noted for reliable wildlife viewing opportunities. Most trails are open to equestrians April through November.

## Laurel Springs Park

5940 Radio Station Rd • La Plata

Winding around the edges of the athletic complex, this 1.6 mile trail is ideal for jogging or a quick lunch hour stroll.

## Oak Ridge Park

13675 Oaks Rd • Hughesville

This 7 mile trail network offers equestrians and hikers a wide variety of trail options. Features include: hilly terrain, creek crossings, bridges, and flat open areas. Oak Ridge Park also features two show-quality riding arenas which are open to the public except during special events.

## Maxwell Hall Park

6680 Maxwell Dr • Benedict

This equestrian facility welcomes hikers and nature watchers. Located off Rt. 231 near Benedict, the park offers over 14 miles of horse trails. Features include: flat wide open riding, "intense" and hilly wooded terrain, cross country jumping course, trail obstacle course, and beach front riding along the Patuxent River. \$25 annual membership required to ride at facility. Hikers and birders may use trails free of charge.

## INDIAN HEAD



## RAIL TRAIL

The Indian Head Rail Trail is a 13-mile recreational trail that connects White Plains with the Town of Indian Head. The smooth paved surface offers excellent opportunities for cycling, walking, and running. The trail also offers an excellent wildlife viewing area.

Stop by and discover why the IHRT is quickly becoming one of the region's most popular recreational facilities.

Various parking areas/trail access points are available.  
Open daily during daylight hours.

**For information please call 301-932-3470.**

**Pets are welcome on all of the trails, but must be on a leash. Horseback riding is limited to Friendship, Oak Ridge, and Maxwell Hall Parks. Bicycles are permitted on IHRT, but are not allowed on any other trails.**



# Gilbert Run Park

Catch the  
**Excitement!**

## GILBERT RUN PARK FISHIN' BUDDIES DERBY



There's something for everyone at Gilbert Run Park. Whether it's fishing or boating on our 60-acre freshwater lake, playing horseshoes or volleyball, hiking or bird watching, you'll find it at the park.

Gilbert Run Park is located off Rt. 6 in Charlotte Hall. Open Monday-Sunday, April-Oct., and weekends only in March and Nov. The park is closed during the winter season. Closed for the season after November 20, 2016.

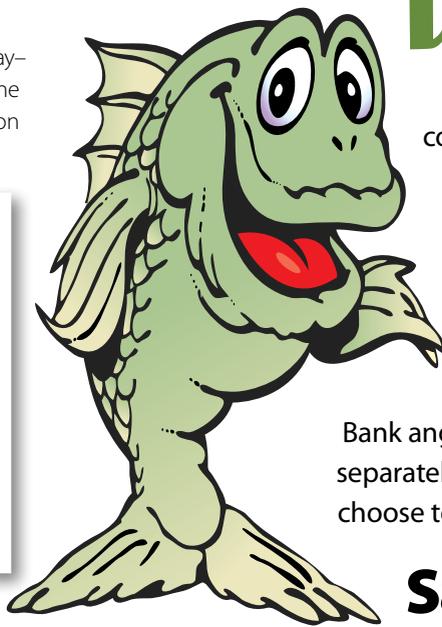
### Picnic Pavilion Rentals

Let nature's beauty enhance your next company picnic, reunion, or birthday party. There are six different sites to choose from. Small groups (50) to large groups (up to 450) can be accommodated. To make reservations, or if you have questions, please call the park office at 301-932-1083. Entrance Fee: \$5 (April-Sept, weekends and holidays).



**Pavilion Rentals for 2017 will be accepted starting Feb. 1, 2017.**

### BOAT RENTALS OPEN APRIL 1



Each team must consist of one adult (age 21+) and one child (age 6-15).

Awards will be given in two different age divisions

Bank anglers will compete separately from those who choose to fish from a boat.

**Saturday  
May 6**

**7 a.m.-12:30 p.m.**

Team Fishing Event • Entry: \$7/team

### categories

Largest and Most Bluegill-Crappie-Bass  
Special Award for Trout & Catfish

Preregistration is required. All entries must be received by Noon, April 26.

Registration forms are available at the Park (weekends only), or by calling 301-932-3470.

# Charles County PLAYGROUNDS

*Enjoy hours of fun*

... at any one of the many Charles County public playgrounds! The play equipment is contemporary, encourages innovative play, and meets all industry standards for safety compliance. Facilities are designed to accommodate all levels of abilities, including special needs.



## Bensville Park

6980 Bensville Road • White Plains

## Cobb Island Playground

Neale Sound Drive • Cobb Island

## Gilbert Run Park\*

13140 Charles Street • Charlotte Hall

## Laurel Springs Regional Park

5940 Radio Station Road • La Plata

## Oak Ridge Park

13675 Oaks Road • Hughesville

## Pisgah Park

6645 Mason Springs Road  
La Plata

## Robert D. Stethem Park\*

4250 Piney Church Road • Waldorf

## Ruth B. Swann

3100 Ruth B. Swann Drive • Bryans Road

## Southern Park

15885 Wilson Road • Newburg

## White Plains Regional Park

1015 St. Charles Parkway  
White Plains

*\*Park is closed Dec.–Feb.*



For details, please call 301-932-3470, or visit:  
[www.charlescountyparks.com](http://www.charlescountyparks.com)

# FREE Boat Launch Facilities

Details: 301-932-3470

## **Friendship Farm Park Nanjemoy Creek • Nanjemoy**

Single-lane boat ramp. Parking for approx. 16 trailers. Facility features good access to the main stem of the Potomac and also to the extensive, immediate protected waters of Nanjemoy Creek. Open year-round, dawn to dusk. Directions: From La Plata, take Route 6 West. Left on Route 425. Left on Friendship Landing Road. Follow to end.

## **Gilbert Run Park (electric motor only) Wheatley Lake • Dentsville**

60 acre fresh water lake with fishing, pedal boating, row boating, and canoeing. Bass, bluegill, trout and catfish. Ramp for electric motors only. Fishing supplies, licenses and concessions available. Open March-November with seasonal hours.

## **Hatton Creek Wicomico River • Issue**

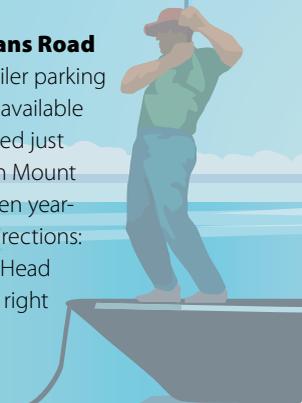
Single-lane ramp gives protected small boat access to river. Open year-round, dawn to dusk. Directions: From La Plata, take Rt. 301 south. Left on Rt. 257 towards Cobb Island. Left on Hatton Creek Road. Follow to end.

## **Mallows Bay Park – Boat Launch Facility Nanjemoy/Riverside**

Single-lane ramp allows for protected access to the Potomac River. Recommended for small watercraft (shallow water). Gravel parking for 20 trailers. Open daily 5:30 a.m.–Dusk. Kayak launch available. Directions: From La Plata, take Route 6 West. Right on Liverpool Point Road. Right on Route 224. Left on Wilson Landing Road. Follow to the end.

## **Marshall Hall Potomac River • Bryans Road**

Double ramp. Paved trailer parking for 25 boat trailers with available overflow parking. Situated just above Greenway Flats in Mount Vernon area of river. Open year-round, dawn to dusk. Directions: From Route 210 (Indian Head Highway) south make a right turn onto Route 227. Follow to end of road.



# DID SANTA PUT A PONY IN YOUR STOCKING?

Charles County has a park for you!

## Friendship Farm Park

4705 Friendship Landing Rd • Nanjemoy

Seven miles of equestrian trails along Najemoy Creek. Open April through October.

## Maxwell Hall Park

6680 Maxwell Dr • Benedict

Over 14 miles of equestrian trails, warm-up area, trail obstacle course, small cross country jumps course, beach riding area. Membership required for equestrians. Open year round.

## Oak Ridge Park

13675 Oaks Rd • Hughesville

Seven miles of equestrian trails, two show rings open to the public. Open year round.



# Charles County is... Going to the Dog Parks!

Did you know there are **TWO** dog parks in Charles County?



Public off-leash exercise areas, operated and maintained by Charles County Government, help provide safe, legal areas in which dogs can run, play, and socialize. We invite residents to visit with their dogs to enjoy these unique facilities.

The parks offer two separate fenced areas – A large area designed for general dog play and a smaller area for smaller dogs and puppies (at least 4 mos. old). The smaller area is also great for shy dogs not quite ready to socialize in the larger play area.

**For more information,  
please call 301-932-3470**

**White Plains Dog Park** • This dog park is located within the White Plains Regional Park which is at the intersection of St. Charles Parkway and DeMarr Road (1015 St. Charles Parkway). Directions: From Waldorf: travel south on U.S. 301 to White Plains, turn left on DeMarr Road. Travel 1.5 miles to stop sign, turn right on parkway, then turn left into the park. Follow the main entrance road to the athletic complex. The off-leash area is just off of the cul-de-sac at the road's end.

**Turkey Hill Dog Park** • Located in Turkey Hill Park, this facility is located just north of La Plata (9430 Turkey Hill Road). Directions: From Waldorf: travel south approximately 5 miles on U.S. 301, turn right on Turkey Hill Road. The park is the first entrance on the right. The dog park is directly on the left once you enter the park. From La Plata, travel North on U.S. 301, approximately 2 miles, turn left on Turkey Hill Road.

**Hours of Operation** • Seven days a week, 8 a.m. until dusk (with the exception of Christmas Day and New Year's Day when both parks are closed). Occasionally, the park may be closed during, and after, periods of inclement weather.

**Dog Park Brochures** • Dog park brochures are available by visiting our website at [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com).

# SPECIAL OLYMPICS • Charles County



Special Olympics Maryland and the Department of Recreation, Parks, and Tourism in a joint partnership offer a year-round program for athletic conditioning training and competition for individuals with intellectual disabilities who are at least 8 years of age. There is no maximum age limit. All Special Olympics sports activities are free of charge to athletes. Currently, Special Olympics Charles County offers a chance to compete in 10 Olympic-style sports annually. Online registration is available at [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com). Registration is required to participate in Special Olympics Sports.



## NEWS!

Join our email list by sending an email to [SO\\_CC@Verizon.Net](mailto:SO_CC@Verizon.Net).

## SPECIAL REMINDER...

The Special Olympics MD policy is that ALL medical/volunteer applications must be updated every three years before a participant can attend training. Coaches: Please enforce this policy. To determine your status, please contact Pat Sharar at 301-932-8196.

## United Way Campaign

It's time for the United Way of Charles County's annual campaign. Please consider making Special Olympics MD - Charles County your designated donation. This campaign is one of the primary sources of funds for Special Olympics Charles County.

## Coaching Opportunities

A head coach for golf is needed to continue the golf training program. Coaches must be age 18 or older and are subject to a criminal background investigation. Training is offered. If interested, contact George Hoehl at 301-599-0307 or [ghoehl@verizon.net](mailto:ghoehl@verizon.net).

## Unified Sports®

Unified Sports® is a unique opportunity for traditional Special Olympics athletes and partners (without intellectual disabilities, with similar ability levels) to train and compete as a team against other Unified Sports® teams.

We currently offer this opportunity in basketball, bocce, ten-pin bowling, and golf.

## SPORTS

### Special Olympics Ski Team

Interested athletes may call for more information; volunteer coaches should call George Hoehl at 301-599-0307. No practice Dec. 22 and 29.

#### F.B. Gwynn Ctr. (La Plata)

Age: 8+

Thu, Dec 1-Mar 20

6:30-7:30 p.m.

Registration Closes: Jan 12

Alpine 513013-S0

Snowshoes 513011-S0

#### Ski Trips at White Tail Ski Resort (PA)

Game Time Trials/Training

Feb 11-12

Winter Games

Feb 27-28

### Basketball 5x5 Traditional

Coach Chris Miller is ready for another year of great basketball games. Registration Closes: Jan 29

#### TBA

Age 18+

513014-S0 Tue, Dec 6-Mar 21

6-8 p.m.

### Spring Training

Registration Closes: Apr 20

#### Bocce (Turkey Hill, La Plata)

513017-S1 Thu, Mar 9-Jun 1 6-8 p.m.

513017-S2 Mon, Mar 13-Jun 5 6-8 p.m.

#### Swimming (North Point, Waldorf)

513018-S0 Sun, Mar 12-Jun 4 Noon-2

#### Track & Field (Thomas Stone, Waldorf)

513016-S0 Sat, Mar 11-Jun 3 11 a.m.-1 p.m.



## SPECIAL POPULATIONS

The Special Populations program area offers a variety of recreational classes and programs designed to meet the needs of individuals with intellectual disabilities. Not all programs in this area will meet the needs and interests of all residents with special needs. We are currently developing programs for those with physical disabilities such as arthritis, minor injury rehabilitations and more.

### Ten Pin Bowling

Take part in one of the best sports!

#### AMF Bowling Lanes (Waldorf)

Age: 6+

512015-SP

Sun, Jan 8-Feb 26

9-11:30 a.m.

Fee: \$64



### Dances

Get into the spirit and dance the night away with your loved ones. This is one more opportunity to work in physical activity. Not sure how to dance? We'll teach you. Individuals in wheelchairs welcomed. Light refreshments provided.

Open to Age 12+ • Resident Fee: \$5; Non-Resident: \$6

### Hanson Community Ctr. (Waldorf)

#### Cupid's Bash

512011-SP • Fri, Feb 10 • 6:30-8:30 p.m.

### Henson Community Ctr. (Indian Head)

## Pop Sock Hop Night

512010-SP • Fri, Jan 20 • 6:30-8:30 p.m.

## St. Patrick's Day Celebration Dance

512012-SP • Fri, Mar 10 • 6:30-8:30 p.m.

# CAPITAL CLUBHOUSE

Operated by Rink Management Services Corporation

301.932.4348 • Fax: 301.632.5880

[www.CapitalClubhouse.com](http://www.CapitalClubhouse.com)

10 a.m.–10 p.m. • Call/check website for public skate times.

**Registrations for Capital Clubhouse programs are accepted only at the Capital Clubhouse.**

## DAILY PROGRAMS AND ONGOING ACTIVITIES

[www.CapitalClubhouse.com](http://www.CapitalClubhouse.com)

### PUBLIC SKATING

Ongoing, Mon-Wed and Fri-Sun. Days and times subject to change without notice.

Admission: \$7

Skate Rental: \$3

### DAILY PROGRAMS

Daily Skating

Home School Fridays

Rock Climbing Wall

(by reservation)

### SPORT COURTS

Inline Hockey Leagues

Pick-Up Sessions

(basketball, soccer, lacrosse, inline hockey, and volleyball)

### HOCKEY

Ice Hockey, Stick-N-Puck

Pick-up Games, and

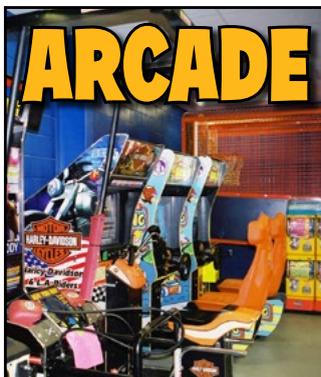
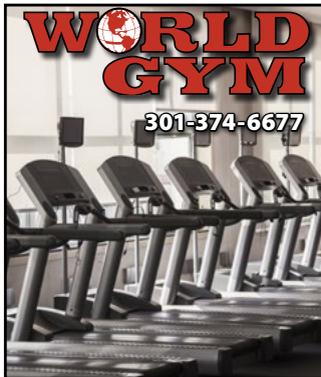
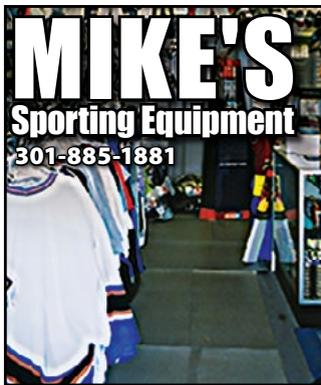
Adult & Youth Leagues

Youth ice leagues are offered through the Southern Maryland Sabres, the area's premier youth ice hockey club. [www.somdsabres.org](http://www.somdsabres.org)

 Find us on Facebook

Keywords:

Charles County Parks & Recreation



## CAPITAL CLUBHOUSE SKATING ACADEMY

### LEARN TO SKATE USA

#### Learn To Skate

Divided by skill level/age – beginner through advanced. Professional instructors teach a progression of basic ice skating skills. Registration includes: group ice skating lesson; rental skates; practice card good for six public skating admissions between class 1 and 6 (\$3 for skate rental); official Learn To Skate USA membership card, record book w/stickers, member patch, and year patch. Written evaluation at end of session. **Schedule subject to change without notice.**

**Prerequisite:** All skaters must be able to stand and walk in skates without assistance while not on the ice. All first-time Academy students are recommended to skate at least once prior to class start to find out correct skate size and fit.

**Session 4: Jan 8-Feb 13 • Session 5: Feb 26-Apr 3**

**Session 6: Apr 30-June 5**

**Registration Deadline: 7 Days Prior to Start of Class**

**Add an additional \$15 for late fee.**

#### Beginner Skating Levels

Age: 4+ • Helmet Recommended • 30 minute class

Sunday: 3:30-4 p.m. or 4:05-4:35 p.m. or Monday: 6-6:30 p.m.

Age: 4-5 for Snowplow Sam 1, 2, 3 • Age: 6-Adult for Basic 1, 2, 3

Resident Fee: \$90; Non-Resident: \$105

#### Intermediate & Advanced Figure Skating

Age: 4+ • 45 minute class

Sunday: 4:40-5:25 p.m.

Age: 6-Adult for Basic 4, 5, 6 or Pre-Free-Skate, Free Skate 1, 2, 3, 4, 5, 6

Resident Fee: \$135; Non-Resident: \$150

#### Hockey Skills

Age: 6-Adult for Hockey 1, 2, 3, & 4 • 30 minute class

**Prerequisite:** Must be age 6+ **AND** have passed B3 wearing hockey skates

Mondays: 6-6:30 p.m. (All hockey levels)

Resident Fee: \$90; Non-Resident: \$105

Submit your birth date and e-mail address when registering. Makeup classes offered at the discretion of the skating director; skill levels may be combined due to low enrollment; skill levels available only at listed times.

## ROCKWALL

Try your luck at our 30 foot tall rockwall!

\$7/person for 3 touches  
(must wear close-toed shoes)

Details: 301-943-9730  
Hours are subject to change.

### Friday Night Dance Party

LIVE DJ house music every Friday night! No discount, passes, or coupons.

Age: All  
Each Friday through Mar 8:30-10 p.m.  
Admission: \$12/skater  
No discount, passes, or coupons

### Totsicles

A half-hour of self-paced orientation to movement on ice, followed by a cup of hot cocoa and a story read aloud in our warm lobby. Stickers for all after storytime! Children may wear skates or shoes for snow and ice (no smooth-sole or open-toe shoes). Adults wear shoes for snow and ice.

Age: 2-5 with adult caregiver Ongoing  
Fri, Jan-May 10:30-11:30 a.m. Fee: \$7/visit

### Home School Fridays

Fee includes skates. Schedule subject to change. Closed on holidays.

Age: All, Home-Schooled Students  
Fri, Ongoing 1:30 p.m. Admission: \$7

## Ice Hockey

### Adult Pick-up Ice Hockey

90 minutes of informal game time. No referees. Full ice hockey equipment required. Schedule subject to change, please check online for days/times.

Age: 18+ with proof of age Ongoing  
Fee: \$11/player

### Stick-N-Puck

90 minutes of informal stick handling and shooting practice. No instruction, no team practice, strictly drop-in. Full ice hockey equipment is required for youth and recommended for parents, helmets required for all. Schedule subject to change, check online for days/times.

Age: 4+ Ongoing Fee: \$11/player

## SANTA & MRS. CLAUSE COME TO TOWN!

Friday, Dec. 23  
During Totsicles & Public Session (1:30 p.m.)



## Holiday Ice Show

Hosted by Capital Clubhouse Skating Academy. Check online for more info.

Tuesday, Dec 27, 7-8 p.m. • Admission: \$10/pp

## National Skating Month

Join the Capital Clubhouse in celebration of National Skating Month. Receive information about figure skating and hockey, how to become a U.S. Figure Skating member, parent education, and information sessions. Plus, receive goodies to take home!

Age: 4+ • Time/Date TBD - Check online for details.

## 11<sup>th</sup> Annual Glide Into Spring! Open Basic Skills Ice Skating Competition

Skaters from metro area skating academies perform skills for judges in this competition just for skaters learning the basic skills of ice skating. Competitors can skate a program to music, or demonstrate their skills one-by-one, or both. Events for tots through adults. Everyone receives a prize! Rental skates are included with entry fee. Prerequisite: at least one six-week skating academy class (includes membership w/Learn To Skate USA). Competition announcement will be posted on [www.capitalclubhouse.com](http://www.capitalclubhouse.com), learn to skate page. Details: 301-932-4348

Age: 4+ • Saturday, May 20 • 8 a.m.-4:30 p.m.



## Sports Court Activities

Program schedules are subject to change. Please call 301-932-4348 for dates/times.

### Basketball Pickup Sessions

Additional sessions may be held. Check the monthly dry court activities calendar at [www.capitalclubhouse.com/calendar](http://www.capitalclubhouse.com/calendar).

Age: All Mon/Wed/Fri 3:30-5 p.m.  
Fee: \$5/player

### Inline Hockey Pickup Sessions

Ongoing until league play begins.

Adult: \$10

### Adult Inline Hockey Leagues

Full equipment required. Contact Amanda Michael at [amichael@capitalclubhouse.com](mailto:amichael@capitalclubhouse.com).

Age: 18+ Ongoing, Sun and/or Fri

### Little Stars Soccer

Develop eye/foot coordination and specific soccer skills at an early age.

Age: 2-5 & 5-7 Day/Time TBD  
Fee: \$85/6 week session

### Waldorf Soccer Club Youth League

Details: [www.waldorfsoccer.com](http://www.waldorfsoccer.com)

### Southern MD Volleyball Club Youth League

Details: [www.somdvbc.org](http://www.somdvbc.org)

### Charles County Lacrosse Club Youth Leagues

Details: [www.charlescountylax.com](http://www.charlescountylax.com)



## Online Registration

Online registration is available for most programs at: [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)

Please take note of the following regarding your online registration:

- Instructions for logging into the system are provided online.
- If registering for the first time, you will need to create a new account. Please be sure to enter everyone in the household, including date of birth and grade for everyone registering for programs.
- If you have an account, but have forgotten your user name and/or password, the registration system can automatically send this information to you.
- Registration for minors (18 and younger) requires adult input and information.
- Not all programs are available for online registration.
- Online payments are accepted by MasterCard, Visa and Discover only.
- To register for programs not currently offered online, please follow the standard enrollment process.

## Standard Enrollment

A completed and signed registration form, along with payment, is due at the time of registration.

Checks and money orders must specify the program by code, and must be for the exact amount, payable to: Charles County Commissioners

Checks must include the current address, telephone number, and drivers license number with expiration. Information must be included for the person making payment.

Cash payment is only accepted at the main office at 8190 Port Tobacco Rd., Elite Gymnastics, all indoor pools, Capital Clubhouse, Gilbert Run Park, White Plains Golf Course, and the White Plains Skate Park. Except for limited programs/activities, cash is not accepted at the community centers.

Discover, MasterCard and Visa payments are accepted by mail, in person, or via fax at all community centers, pool locations, Gilbert Run Park, and the main office in Port Tobacco. See page 4 for a listing of Centers in your area with telephone numbers and addresses.

Mail-in payments with a signed registration form are only accepted at:

**Charles County Government  
Department of Recreation, Parks & Tourism**

Attn: Registration Office  
8190 Port Tobacco Road  
Port Tobacco, MD 20677



## Charles County Government

P.O. Box 2150 • 200 Baltimore St. • La Plata, MD 20646 • 301-645-0550 • 301-870-3000 • Equal Opportunity Employer

**Mission Statement** — The mission of Charles County Government is to provide our citizens the highest quality service possible in a timely, efficient, and courteous manner. To achieve this goal, our government must be operated in an open and accessible atmosphere, be based on comprehensive long – and short-term planning, and have an appropriate managerial organization tempered by fiscal responsibility. We support and encourage efforts to grow a diverse workplace.

**Vision Statement** — Charles County is a place where: private initiative is rewarded and businesses grow and prosper, while the preservation of our heritage is paramount; government services have reached the highest level of excellence; the quality of life is felt by its citizens to be the best in the region; and its government is recognized as a leader in support of these expectations.

**Equal Opportunity Employer** — It is the policy of Charles County to provide equal employment opportunity to all persons regardless of race, color, sex, age, national origin, religious or political affiliation or opinion, disability, marital status, sexual orientation, genetic information, gender identity or expression, or any other status protected by law.

**Americans With Disabilities** — Charles County Government welcomes the participation of individuals with disabilities. As with all county government, we comply fully with the *Americans With Disabilities Act* in making reasonable accommodations to encourage involvement. If you require special assistance and would like to participate in our programs, please call 301-932-3470.

**MD Relay Service: 711 • Relay TDD: 1-800-735-2258** – Efforts will be made to accommodate the disabled and non-English speaking residents with advance notice to 301-932-3470.

## Transfers

All transfer requests must be received in writing. After a transfer has been made, no additional transfers or refunds will be accepted for that program.

## Returned Check Fees

Checks returned for insufficient funds or other reason will incur a fee of up to, but not more than, \$35 for each occurrence. We do not re-deposit returned checks; only cash, money order, or credit card accepted for face value of check, plus the return check fee. Persons who fail to rectify this obligation will be denied participation in all Charles County Government programs.

## Refund Policies

All requests for refunds must be received, in writing, seven working days prior to the start of a program. Fax requests for refunds are accepted at 301-934-5624, or email to [WebTrac@CharlesCountyMD.gov](mailto:WebTrac@CharlesCountyMD.gov).

After the program has begun, a prorated refund, based on participation, may be approved if requested in writing with medical verification received prior to the end of the program.

No refunds will be considered after a program has ended.

A \$10 administrative fee will be deducted from all approved refunds, regardless of circumstances, unless the program is canceled by Charles County Department of Recreation, Parks, and Tourism.

Late fees and T-shirt costs are non-refundable.

Overnight trips may not qualify for a refund.

# Program Registration Form · Please Print | One Form Per Participant

Registrations for Capital Clubhouse programs are accepted only at that facility.

Register to receive timely e-mail/text announcements about upcoming programs and events. Visit [www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov) for details!



**This section must be completed**—If participant is a minor, this section should list parent or guardian information.

Name				E-Mail Address:			
Mailing Address				City		State	Zip
Phone #'s	Home			Work	Cell		
COUNTY		Emergency Contact Name			Emergency Contact Phone		

<b>Participant/Child's Information</b>			Age	Date of Birth		Sex (circle)	M	F
First Name				Last Name				
Special Health Conditions				Current School			Grade	

Registration for: Classes & Programs Trips, Sports Programs				
1	Title			
	Date		Code	
	Amount	\$	Trip P/U	
2	Title			
	Date		Code	
	Amount	\$	Trip P/U	
3	Title			
	Date		Code	
	Amount	\$	Trip P/U	
4	Title			
	Date		Code	
	Amount	\$	Trip P/U	
5	Title			
	Date		Code	
	Amount	\$	Trip P/U	

No confirmations will be sent. You may assume you are registered unless otherwise contacted. Charles County Government is not responsible for program cancellations due to Charles County Public Schools programming. I agree to participate or to allow my child to participate in these programs knowing that safety precautions will be taken but realizing that the Charles County Government does not have accident insurance for participants. I do hereby release and hold harmless Charles County, Maryland, its officials, employees, instructors, and volunteers from any and all liabilities arising from any injuries that might occur during the supervised programs. I also authorize the Charles County Government to take photographs of me/my child for promotional and/or educational purposes. I hereby state and declare that this information is freely, willingly, and voluntarily made.

By providing my email above, I agree to be contacted about recreation programs.

## Forms without signatures will be returned.

Your signature acknowledges that you have read and understand the above statement.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Make checks payable to: Charles County Commissioners**

**Fax Registration No. 301-934-5624**

**Register online at [www.CharlesCountyParks.com](http://www.CharlesCountyParks.com)**

## Youth Sports League Registration

Program Title			
League Code		Grade	
Middle School			
Height		Weight	
Experience in Years <small>(Please provide number of years child has played this sport in an organized league.)</small>			
<b>I/my child will abide by the Code of Conduct. (Must initial)</b>		Initials	
<input type="checkbox"/>	Check here if you are interested in coaching.		
Proof of age required within three (3) days if requested by Dept. of Recreation, Parks & Tourism.			
<b>Amount/Fee Due \$</b> _____			

## LEAGUE SHIRT SIZE SELECTION

Please **CIRCLE** the proper shirt size if you are registering for the youth sports leagues:

Selecting the proper shirt size is the responsibility of the parent/guardian. **SIZES MAY RUN SMALL.**

Youth Size	Small 6-8	Medium 10-12	Large 14-16
Adult Sizes	Small XLarge	Medium Other:	Large

## How did you hear about us?

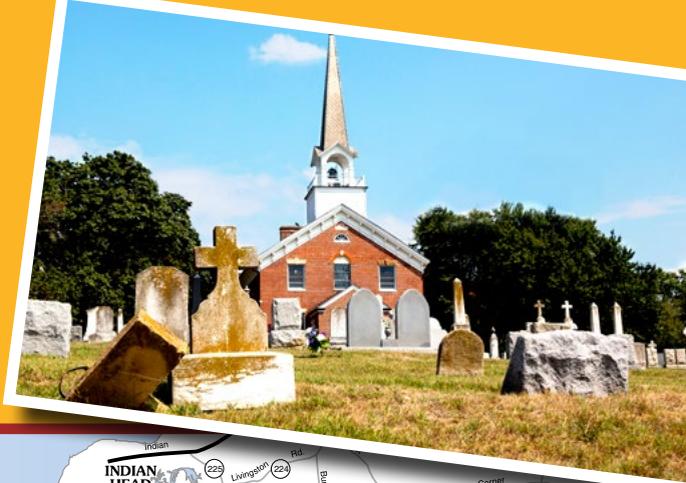
Please let us know how you learned about our programs. Check the method that MOST applies...

<input type="checkbox"/>	The Guide	<input type="checkbox"/>	Visit to a Center
<input type="checkbox"/>	Friend	<input type="checkbox"/>	Other

OFFICE USE ONLY		Cash	Check	M/O	M/C	Visa	Discover	Staff Initial	Reg #	W/I	M	PH	FX			
Check/Card Name					Total	\$	Date Entered	Household ID	HA	HE	MA	NCC	PI	SM		
Check/Card #								Card Exp	Security #	SO	ST	WA	RPT	LK	NP	DMV

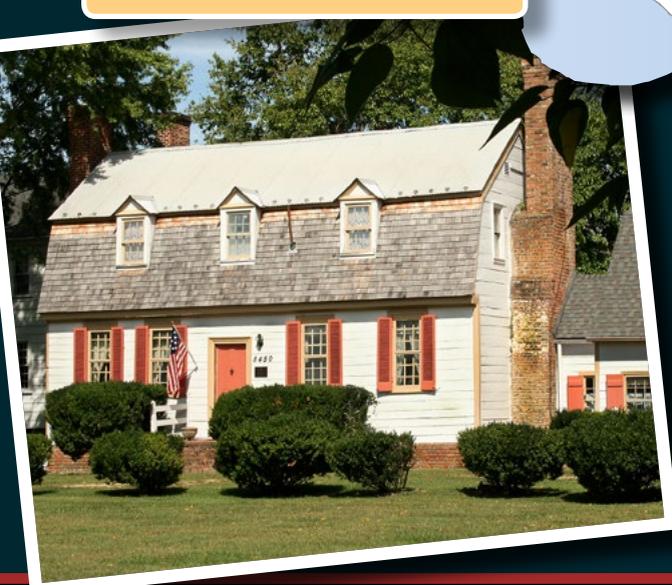
# SATISFY ALL 5 SENSES

IN MARYLAND



## Religious Freedom National Scenic Byway

- 1** Chiles Homesite Trail  
Nanjemoy, MD
- 2** Christ Episcopal Church,  
Old Durham Parish  
Nanjemoy, MD
- 3** Thomas Stone National  
Historic Site  
Port Tobacco, MD
- 4** Mount Carmel Monastery  
La Plata, MD
- 5** St. Ignatius Catholic Church  
Chapel Point, MD



Step back in time and visit **Port Tobacco Historic Village** settled in the 17<sup>th</sup> century. Bring the entire family and learn about the facts and legends of this quaint village along the picturesque Port Tobacco River.

[www.CharlesCountyMD.gov/Tourism](http://www.CharlesCountyMD.gov/Tourism) • 800-766-3386

Charles County Department of Recreation, Parks & Tourism

8190 Port Tobacco Road, Port Tobacco, MD 20677

Maryland Relay: 7-1-1 (TDD: 1-800-735-2258)

Equal Opportunity Employer

