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# NANJEMOY Community CENTER

## Activity & Event Newsletter

301-246-9612 • 301-609-7639 • 301-753-1647 ☀ 4375 Port Tobacco Rd • Nanjemoy, MD 20662  
Hours: Monday & Wednesday: 8:30 a.m.–8 p.m. • Tuesday, Thursday, & Friday: 8:30 a.m.–4:30 p.m. | [www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov)

## National Night Out

Tuesday, Aug. 4, 6-8 p.m. • Fee: FREE

The Nanjemoy Community Center is joining forces with thousands of communities nationwide for the 32<sup>nd</sup> Annual National Night Out. Enjoy an evening filled with entertainment, free food, games, activities, door prizes, and more! The Western Charles County Community Association will host their annual **School Supply Giveaway** for school-aged children. Throughout the evening children will be called to the front of the room, according to grade level, to be given a packet of school supplies helping to prepare them for the upcoming school year.

National Night Out promotes crime and drug prevention awareness, generates support for participation in local anticrime programs; strengthens neighborhood spirit and police-community partnerships while sending a message to criminals letting them know that neighborhoods are organized and fighting back. Local fire departments will be handing out brochures and demonstrating fire safety techniques.

Join your community for this wonderful event!



## Road Trip to Chesapeake Beach

Play pay-as-you go bingo at the Rod 'N' Reel from 11 a.m.-12:30 p.m. Bingo is \$1 for three cards. Lunch will be at Traders Steak & Ale Restaurant. Reservations will be made for our group. Lunch prices range from \$10-\$20. Trader's has a game room which offers electronic gaming such as Keno, Racetrax, MD lottery, and electronic bingo. Let's make time to stroll North Beach's boardwalk. This is a nice trip to the beach without having to go a long distance.

We will be traveling by Dink's Bus Service with limited seating. Sign up early to reserve your space.

**Thursday, Aug. 13,  
9 a.m.-3 p.m.**

**Fee: \$7/pp +  
games & lunch**

**Reservation  
Deadline:  
Wednesday,  
Aug. 5**

## African American Heritage House Museum

Seniors are invited to join us for a field trip to the African American Heritage House museum that depicts the life, history, and contributions of the famous African Americans from Charles County. The museum features a display of slavery artifacts.

**Thursday, Aug. 6, 9:30 to 11:30 a.m. • Fee: FREE**



## Activities & Classes

### Friendship Day Tea

This is a perfect time to get to know new people while celebrating those lasting friendships.

Monday, Aug. 3 10-11:30 a.m.  
Fee: FREE

### Monday Bingo

Specials and regular bingo.

Each Monday, Aug. 3-31 1-2 p.m.  
Fee: FREE

### Three of the Same

There will be three available answers to the questions. Participants are encouraged to answer as quickly as possible to keep the game moving. If you need help say "Help!"

Tuesday, Aug. 4 10-11 a.m.  
Fee: FREE

### Council Meeting

Tuesday, Aug. 4 1-2 p.m.  
Fee: FREE

### How Would You Handle This?

This story is about a stressed mother. We will read the story and come up with a solution to the situation.

Wednesday, Aug. 5 10-11 a.m.  
Fee: FREE

### African American Heritage House Museum

Seniors will go on a field trip to the African American Heritage House Museum that depicts the life, history, and contributions of the famous African Americans from Charles County. The museum features a display of slavery artifacts.

Thursday, Aug. 6 10 a.m.-2 p.m.  
Fee: FREE

### Cities with Two Word Names

Seniors will pair up to name two-word cities.

Monday, Aug. 10 10:30-11:30 a.m.  
Fee: FREE

### Nutrition

Donna Bailey, University of Maryland extension program, will give us nutrition facts including food labels, calories, nutritional information, and analysis that helps promote healthy eating.

Tuesday, Aug. 11 10-11 a.m.  
Fee: FREE

### Stimulating the Senses

As we age, our sensory receptors, consisting of hearing, sight, touch, taste, smell, and body positions can become less acute. Let's discover what this really means.

Tuesday, Aug. 11 12:45-1:45 p.m.  
Fee: FREE

### Left, Right, or Straight Ahead

Have you ever been told that you are a left brain thinker because your activity program is very organized? Or that you must be more right brain because of your creativity?

Wednesday, Aug. 12 10-11 a.m.  
Fee: FREE

### Movie Matinee

We will reminisce over some of the videos taken of the Wedding of the Century. A luncheon will also be held here at the Nanjemoy Senior Center.

Thursday, Aug. 13 10-11 a.m.  
Fee: FREE

### Summer Fun Hawaiian Lei

Seniors will make a summer fun lei to wear at our beach party.

Thursday, Aug. 13 12:45-1:45 p.m.  
Fee: FREE

### Sun Word Games

August word games are to be answered quickly. When the statement is read the answers should be called out right away.

Monday, Aug. 17 10-11 a.m.  
Fee: FREE

### Treasure the Chesapeake

The Chesapeake Bay watershed includes parts of six states: Delaware, Maryland, New York, Pennsylvania, Virginia and West Virginia. It holds 18 trillion gallons of water. Come and join us for this scrumptious meal consisting of fried chicken, corn on the cob, green beans and lots of other goodies.

Tuesday, Aug. 18 10 a.m.-1:45 p.m.  
Fee: generous lunch donation

### Singing with the Seventies

Let's see if we can recall some of the seventies music by choosing the correct artist.

Wednesday, Aug. 19 10:30-11:30 a.m.  
Fee: FREE

### Pantry Peeking

Ever been hungry around bed time and need a little snack? Let's do a little pantry peeking.

Monday, Aug. 24 10-11 a.m.  
Fee: FREE

### Ceramics

Donna Bailey will continue to help persons as they work on their fair projects. Last year several Nanjemoy participants received ribbons on their entries. Let's go for more this year!

Tuesday, Aug. 25 10-11 a.m.  
Fee: FREE

### Karaoke

Can you sing, recite poetry, rap, or make noise? This is the time to get your groove on.

Tuesday, Aug. 25 12:45-1:45 p.m.  
Fee: FREE

### Humane Society

Ms. Gonzalas from the Humane Society is coming with snakes. Seniors will learn about snakes as they play snake bingo.

Wednesday, Aug. 26 10-10:45 a.m.  
Fee: FREE

### Senior Information & Assistance Outreach

This outreach program provides persons age 60 and older and their families access to information regarding programs, services, and benefits. Presenter: Caroline Edelen

Thursday, Aug. 27 10:15 a.m.-Noon  
Fee: FREE

### Intergenerational Day

Students from Mt. Hope/Nanjemoy Elementary School are invited to visit the center today and assist seniors playing games, reading, working on crafts, and doing whatever interests them.

Thursday, Aug. 27 10 a.m.-2 p.m.  
Fee: FREE

### Wii Bowling Game Tournament

A coin will be tossed to pick team captains. Captains will choose their teams and let the games begin. Games can be bowling, golf, tennis, or boxing. No experience is necessary.

Monday, Aug. 31 10-11:45 a.m.  
Fee: FREE

## Last Beach Party for the Summer!

To celebrate the last of the summer programs, we will sit by the pool laughing and talking with friends, eating watermelon, hotdogs, hamburgers, and playing some of our favorite games.



Thursday, Aug. 20  
10 a.m.-2 p.m.  
Fee: FREE

# August 2015 Event Calendar

 Programs for All Ages  
 Youth

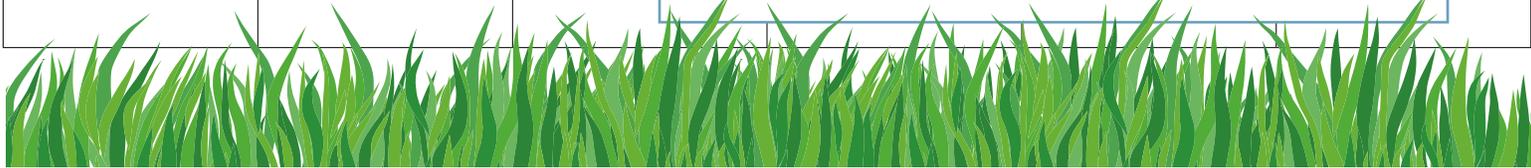
 Tots & Younger Children  
 Adults

 Seniors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Computer Lab ... 8:30-8:00 Fitness Room .... 8:30-8:00 Billiards Drop In ..... 8:30-8:00 Board Games... 9:30-11:00 Exercise with LaMont ..... 11:00-11:45 BINGO ..... 1:00-2:00 Open Games .... 6:30-7:30	Computer Lab ... 8:30-4:30 Fitness Room .... 8:30-4:30 Billiards Drop In ..... 8:30-4:30	Computer Lab ... 8:30-8:00 Fitness Room .... 8:30-8:00 Billiards Drop In ..... 8:30-8:00 Strength Training..... 11:00-11:45 Nickel BINGO .... 1:00-2:00 Open Games .... 6:30-7:30	Computer Lab ... 8:30-4:30 Fitness Room .... 8:30-4:30 Billiards Drop In ..... 8:30-4:30	Computer Lab ... 8:30-4:30 Fitness Room .... 8:30-4:30 Billiards Drop In ..... 8:30-4:30	
<b>3</b> Friendship Day Tea ..... 10:00-11:30 Monday Bingo..... 1:00	<b>4</b> Three of the Same ..... 10:00-11:00 Council Meeting ..... 1:00 <b>National Night Out..... 6:00-8:00</b>	<b>5</b> How would you Handle this.... 10:00-11:00 Nickel Bingo..... 1:00	<b>6</b> <b>Field Trip: African American Heritage House Museum ... 10:00-2:00</b> Center Open	<b>7</b> Open Games ..... 10:00	<b>8</b>
<b>10</b> Cities with Two Names ..... 10:30-11:30 Monday Bingo..... 1:00	<b>11</b> Nutrition..... 10:00-11:00 Stimulating the Senses ..... 12:45-1:45	<b>12</b> Left, Right, or Straight Ahead ..... 10:00-11:00 Nickel Bingo..... 1:00	<b>13</b> Field Trip: Rod & Reel ..... 9:00-3:00 Movie Matinee.. 10:00-11:00 Summer Fun Hawaiian Lei ... 12:45-1:45 Center Open	<b>14</b> Craft Corner ..... 10:00	<b>15</b>
<b>17</b> Sun Word Games ..... 10:00-11:00 Monday Bingo..... 1:00	<b>18</b> Treasure the Chesapeake...10:00-1:45	<b>19</b> Singing with the Seventies ..... 10:30-11:30 Nickel Bingo..... 1:00	<b>20</b> <b>Last Beach Party for the Summer 10:00-2:00</b>	<b>21</b> Craft Corner ..... 10:00	<b>22</b>
<b>24</b> Pantry Peeking..... 10:00-11:00 Monday Bingo..... 1:00	<b>25</b> Ceramics..... 10:00-11:00 Karaoke..... 12:45-1:45	<b>26</b> Humane Society visit..... 10:00-10:45 Nickel Bingo..... 1:00	<b>27</b> Senior Information & Assistance..... 10:15-Noon Intergenerational Day.....10:00-2:00	<b>28</b> Craft Corner ..... 10:00	<b>29</b>
<b>31</b> Wii Bowling Game Tournament... 10:00-11:45 Monday Bingo..... 1:00					

**Ice Cream Social**  
\$1 per sundae per visit during Center hours!

**Reminder: Council Meeting**  
Tuesday, Aug. 4 • 1 p.m. • Fee: FREE



The Charles County Department of Community Services is pleased to offer this edition of the Nanjemoy Community Center Newsletter, a monthly publication listing events and programs.

**CHARLES COUNTY  
COMMISSIONERS**



*Equal Opportunity County*

**Department of  
Community Services**

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Port Tobacco, Maryland 20677  
301-934-9305 • 301-870-3388

MD Relay: 711  
Relay TDD: 1-800-735-2258

Learn more at...

[www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov)



**Mission Statement** – The mission of Charles County Government is to provide our citizens the highest quality service possible in a timely, efficient, and courteous manner. To achieve this goal, our government must be operated in an open and accessible atmosphere, be based on comprehensive long- and short-term planning, and have an appropriate managerial organization tempered by fiscal responsibility. We support and encourage efforts to grow a diverse workplace.

**Vision Statement** – Charles County is a place where all people thrive and businesses grow and prosper; where the preservation of our heritage and environment is paramount; where government services to its citizens are provided at the highest level of excellence; and where the quality of life is the best in the nation.

**Americans With Disabilities**–The Department of Community Services welcomes the participation of individuals with disabilities. As with all County Government, we comply fully with the Americans With Disabilities Act in making reasonable accommodations to encourage involvement. If you require special assistance and would like to participate in our programs, please contact the Department of Community Services.

# Treasure the Chesapeake

**Tuesday, Aug. 18, 10 a.m.-1:45 p.m.**

**Fee: A generous lunch donation**

The Nanjemoy Senior Center is planning a day of special events aimed at educating and celebrating life in and around the Chesapeake Bay.



Aside from being a great source for seafood and recreation, the bay is a valuable environmental resource, vital to a balanced ecosystem.

Lunch reservations are required. See center staff to sign up.

## A sneak peek at upcoming events

- \* Sept. 12  
Heritage Day
- \* Sept. 17-20  
Charles County Fair
- \* Sept. 25  
Family Bingo

# 15<sup>th</sup> Annual NANJEMOY HERITAGE DAY

**Saturday, Sept. 12  
Noon-3 p.m.**

Join us to celebrate the amazing heritage of Nanjemoy. The event is currently in the planning stages and we invite you to join us.

If you are interested in being a vendor, exhibitor, or participating in the parade with a classic vehicle or antique farm equipment, please call 301-246-9612.

