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# NANJEMOY Community CENTER



## Activity & Event Newsletter

301-246-9612 • 301-609-7639 • 301-753-1647 ✨ 4375 Port Tobacco Rd • Nanjemoy, MD 20662  
Center Hours: Mon/Wed: 8:30am-8:00pm, Tue/Thu/Fri: 8:30am-4:30pm | [www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov)

## CASH BINGO!

Senior Services of Charles County Fundraiser

Wed, March 20 • 10:00am-1:30pm  
At the Waldorf Senior Center

This fundraiser offers prizes of \$25, \$50 and a \$150 jackpot. Payouts may be reduced depending on the number of attendees, so tell your friends to come! Subs from Nicks of Clinton will be available for individual purchase or you may add chips and a cold drink making a complete lunch package for \$5/each.

Admission: \$20 for regular games and specials with add'l packs for \$5/ea  
Early Birds: \$2 for one pack of four games • Cover All for \$2/ea

Save the dates for more Cash Bingo events at the Waldorf Senior Center!  
**June 26, September 25, and December 10!**

*All proceeds directly benefit programs and services for Charles County's four senior centers. Individuals receive help under special need based circumstances through the Senior I&A Program.*



## AROUND TOWN

Does your local area group or organization have an upcoming event? Provide information to the Center for your listing: including date, time, fees, and a brief description. Events are listed based on space and order received. Information must be submitted six weeks in advance.

Come see what the **Nanjemoy Community Center Council** is all about at our next meeting on Tuesday, March 5, 1:00pm.

**22<sup>nd</sup> Annual Senior Citizens Prom: The Fabulous 50's** – Friday, March 15, 6:00-9:00pm, at the Greater Waldorf Jaycees Community Center. Don't forget the Prom is coming soon; check senior centers for ticket availability.

This is a **FREE** program.

**A Bunny Breakfast** at the Nanjemoy Volunteer Fire Department will be held Saturday, March 16, 9:00am-Noon. Price \$6. For details please call 301-752-7383.



## Get Connected

Register to receive informative emails from the Charles County Government at [www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov). Keep current by subscribing to newsletters on topics **YOU** care about. Follow the online instructions, and choose your topics of interest.

## Activities & Classes

### Peanut Butter Lovers Day

Peanut butter is a great addition to snacks or meals. Enjoy a treat and learn about peanut butter!

111161-06      Fee: FREE  
Fri, Mar 1      10:00-11:00am

### National Pig Day

We'll have fun with some oink, oink trivia.

111151-13      Fee: FREE  
Mon, Mar 4      10:00-11:00am

### O-R-E-O!

Have fun with Oreo's! Stack 'em. Dunk 'em. Twist 'em. We will have Oreo contests and games.

111127-03      Fee: FREE  
Mon, Mar 4      6:30-7:30pm

### Carbohydrate Counting

Nutritionist, Lisa Furlow, discusses what foods contain carbohydrates, and how to track daily intake. Carbs can be used by diabetics to control blood sugar, but is also helpful with weight loss.

111161-14      Fee: FREE  
Tue, Mar 5      10:30-11:30am

### Visit with the Nurse

Blood pressure check.

111161-15      Fee: FREE  
Wed-Thu, Mar 6 & 28      10:15am-Noon

### Reminiscing About the Good Ole Days

Walk down memory lane and reminisce about favorite pastimes, first jobs, first pets, and more.

111161-17      Fee: FREE  
Wed, Mar 6      12:45-1:30pm

### Bowling

111161-17      Fee: FREE  
Wed, Mar 6      6:00-8:00pm

### Puzzlemania for Seniors

Pair up to put small puzzles together. The first team to finish wins a prize.

111161-18      Fee: FREE  
Thu, Mar 7      10:00-11:00am

### Spring Poems for Seniors

111161-29      Fee: FREE  
Thu, Mar 7      12:45-1:30pm

### It's a Barbie Birthday Party!

Play games. Bring your favorite Barbie doll and outfit. Enjoy birthday cake!

111131-NC      Fee: FREE  
Fri, Mar 8      10:00-10:45am

### Country Classics

Lets listen to the country music stations, and try to identify with some of the songs.

111161-19      Fee: FREE  
Mon, Mar 11      10:00-11:00am

## EASTER EGGSTRAVAGANZA

Don't miss our annual egg hunt! Get your picture taken with the Easter Bunny for \$2. Enter our Easter coloring contest. Stop by the Center to pick up your coloring page beginning March 8. Be sure to return your page on the day of the event for judging.

Age: 1-12 • 111018-NC  
**Sat, Mar 23 • 10:00-11:30am**  
Registration Deadline: Mar 19 • Fee: \$3



### Ceramics

Margaret Dunlap will be here assisting the seniors with their ceramic projects.

111161-20      Fee: \$1  
Tue, Mar 12 & 26      9:00am

### Salt-Free Diet

Donna Bailey talks about salt-free diets.

111061-22      Fee: FREE  
Wed, Mar 13      10:00-11:00am

### Computer Basics Class

Small class based on individual skill level with one-on-one instruction. Participants may bring their own laptops.

Age: 18+      111064-NC  
Wed, Mar 13-Apr 17      6:00-8:00pm  
Registration Deadline: Mon, Mar 11  
Fee: \$60

### Crayon Craft

Make a colorful and fun crayon craft project.

111161-07      Fee: FREE  
Fri, Mar 15      10:00-10:30am



### National Women's History Month

Celebrate important women throughout history.

111161-03      Fee: FREE  
Mon, Mar 18      10:00-11:00am

### Spring Craft

Seniors will make a beautiful hanging craft.

111161-10      Fee: FREE  
Tue, Mar 19      10:00-11:00am

### Ragtime Band

We will gather our instruments and make music with some recorded music.

111161-23      Fee: FREE  
Wed, Mar 20      10:30-11:00am

### All I Need to Know

...I Learned from the Easter Bunny! You'll be surprised how much your furry friend has taught you.

111161-24      Fee: FREE  
Thu, Mar 21      12:45-1:30pm

### Planting Flowers

It's almost spring! Let's get our flowers started.

111161-09      Fee: \$2  
Mon, Mar 25      10:00-11:00am & 6:30-7:30pm  
Registration Deadline: Mar 20

### Easter

What does Easter mean to us. Why does it come on different months? Let's discuss this and more.

111161-25      Fee: FREE  
Tue, Mar 26      1:00-2:00pm

### Nutrition

Seniors will read some good news and some bad news about certain foods.

111161-26      Fee: FREE  
Wed, Mar 27      10:00-11:00am

### Egg Dying & Decorating

All supplies provided. Children 12 and younger must be accompanied by an adult.

111161-27      Fee: \$3  
Wed, Mar 27 (all ages)      6:30-7:30pm  
Thu, Mar 28 (seniors)      12:45-2:00pm  
Registration Deadline: Mar 22

### Senior Information & Assistance: SNAP

SNAP (formerly known as the Food Stamp Program) is a federal nutrition program. Learn who qualifies, what can be purchased with SNAP dollars, and how to apply.

111161-28      Fee: FREE  
Thu, Mar 28      10:00-11:00am

## Special Events

### St. Patrick's Day Party

Celebrate with trivia, games, green food, Irish music, and a Shamrock hunt! A special prize awarded to the person wearing the most green.

111161-01  
Thu, Mar 14      11:00am-2:00pm  
Reservation Deadline: Mar 11  
Lunch Fee: \$5.60; 60+ by generous donation

### Family BINGO

Prizes and refreshments provided.

111122-NC      Fee: \$2/player  
Fri, Mar 22      6:30-8:30pm

# March 2013 Event Calendar

 Programs for All Ages  
 Youth

 Tots & Younger Children  
 Adults

 Seniors

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Computer Lab ... 8:30-8:00 Fitness Room ... 8:30-8:00 Billiards Drop In . 8:30-8:00 Walking Club ... 9:15-9:45 Crochet Club ... 9:30-11:30 Board Games ... 9:30-11:00 BINGO ..... 1:00-2:00 Fitness Orientation..... 3:00-4:00 Video Fit ..... 6:30-7:30	Computer Lab ... 8:30-4:30 Fitness Room ... 8:30-4:30 Billiards Drop In . 8:30-4:30 Walking Club ... 9:15-9:45 Board Games ... 9:30-11:00 Children's Story Hour..... 10:00-11:00 AFEP..... 11:00-11:30 Card Games ... 12:30-1:30	Computer Lab ... 8:30-8:00 Fitness Room ... 8:30-8:00 Billiards Drop In . 8:30-8:00 Wii Workouts... 9:00-10:00 Walking Club ... 9:15-9:45 Board Games ... 9:30-11:00 Fitness Orientation... 10:30-11:30 Strength Training..... 11:00-11:30 Video Fit ..... 6:30-7:30	Computer Lab ... 8:30-4:30 Fitness Room ... 8:30-4:30 Billiards Drop-In .. 8:30-4:30 Walking Club ... 9:15-9:45 Board Games ... 9:30-11:00 AFEP..... 11:00-11:30 Card Games ... 12:30-1:30	Computer Lab ... 8:30-4:30 Fitness Room ... 8:30-4:30 Billiards Drop-In .. 8:30-4:30	
				<b>1</b> Peanut Butter Lovers Day ..... 10:00 Craft Corner ..... 1:00	<b>2</b>
<b>4</b> National Pig Day ..... 10:00 Beverly's BINGO ..... 1:00 O-R-E-O..... 6:30	<b>5</b> Carbohydrate Counting..... 10:30 Council Meeting ..... 1:00	<b>6</b> Visit the Nurse..... 10:15 Reminiscing ..... 12:45 Computer Class..... 6:00 Bowling..... 6:00	<b>7</b> Puzzlemania ..... 10:00 Spring Poems ..... 12:45	<b>8</b> Barbie Party..... 10:00 Ping Pong..... 2:00	<b>9</b>
<b>11</b> Country Classics ..... 10:00 Beverly's BINGO ..... 1:00 Pool Tournament ..... 6:00	<b>12</b> Ceramics..... 9:00 Wii Day ..... 12:45	<b>13</b> Salt-Free Diet..... 10:00 Rummy ..... 1:00 Computer Class..... 6:00	<b>14</b> St. Patrick's Day Party ..... 11:00	<b>15</b> Crayon Craft..... 10:00	<b>16</b> Annual Bluegrass Concert and Spaghetti Dinner 5:30pm See page 4 for details!
<b>18</b> National Women's History Month..... 10:00 Beverly's BINGO ..... 1:00 Teen Pool Night ..... 6:00	<b>19</b> Spring Craft ..... 10:00 Parachute Games..... 1:00	<b>20</b> Ragtime Band ..... 10:30 Word Games ..... 1:00 Computer Class..... 6:00	<b>21</b> Movie Matinee: The Help ..... 10:00 All I Need to Know ... 12:45	<b>22</b> Family BINGO..... 6:30	<b>23</b> Easter Eggstravaganza 10:00
<b>25</b> Planting Flowers..... 10:00 And Again At ..... 6:30 Beverly's BINGO ..... 1:00	<b>26</b> Ceramics..... 9:00 Easter..... 1:00	<b>27</b> Nutrition..... 10:00 Computer Class..... 6:00 Egg Dying & Decorating ..... 6:30	<b>28</b> Senior I&A SNAP ..... 10:00 Visit the Nurse..... 10:15 Egg Dying & Decorating ..... 12:45	<b>29</b> GOOD FRIDAY CENTER CLOSED	
				For details on programs listed on the calendar, but not on pg.2, please call the Center.	

**Ice Cream Social**  
 \$1 per sundae per visit  
 during Center hours!

NANJEMOY  
**Community**  
CENTER

The Charles County Department of Community Services is pleased to offer this edition of the Nanjemoy Community Center Newsletter, a monthly publication listing events and programs.

**CHARLES COUNTY  
COMMISSIONERS**



*Equal Opportunity County*

**Department of  
Community Services**

8190 Port Tobacco Road  
Port Tobacco, Maryland 20677  
301-934-9305 • 301-870-3388

MD Relay: 711  
Relay TDD: 1-800-735-2258



Learn more at...

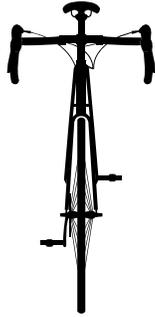
[www.CharlesCountyMD.gov](http://www.CharlesCountyMD.gov)

**Mission Statement** – The mission of Charles County Government is to provide our citizens the highest quality service possible in a timely, efficient, and courteous manner. To achieve this goal, our government must be operated in an open and accessible atmosphere, be based on comprehensive long- and short-term planning, and have an appropriate managerial organization tempered by fiscal responsibility. We support and encourage efforts to grow a diverse workplace.

**Vision Statement** – Charles County is a place where all people thrive and businesses grow and prosper; where the preservation of our heritage and environment is paramount; where government services to its citizens are provided at the highest level of excellence; and where the quality of life is the best in the nation.

**Americans With Disabilities**–The Department of Community Services welcomes the participation of individuals with disabilities. As with all County Government, we comply fully with the Americans With Disabilities Act in making reasonable accommodations to encourage involvement. If you require special assistance and would like to participate in our programs, please contact the Department of Community Services.

**Charles County's 12<sup>th</sup> Annual  
Heritage Bike Ride**



Start your day at the "End of the Road" in scenic Nanjemoy and enjoy a ride with stops at local points of interest.

The western section of Charles County will delight you with its sense of serenity and history. Each route begins and ends at the Nanjemoy Community Center. Choose from the 100k, 50k, or 25k. Pre-registration is strongly recommended.

Age: 16+ • 211021-NC  
**Sat, May 18 • Check-in: 7:30-9:30am**  
Resident Fee: \$25; Non-Resident: \$27  
Additional \$5 fee for same day registration

*The Dept. of Community Services believes safety is a TOP priority; helmets are required for all riders.*

- \* April 19  
Teen Night
- \* April 26  
Family BINGO
- \* April 27  
Community  
Yard Sale

**Spring Break Camp**

Join us for games, crafts, sports, and more.  
Afternoon snack provided. Please bring a bag lunch.

Age: 6-12 • 2111175-NC  
**Monday-Friday, April 1-5 • 9:00am-4:00pm**  
Registration Deadline: March 25 • Fee: \$60

**Cash BINGO!**

Nanjemoy Community Center  
Council will host a Cash BINGO!  
**Friday, April 12 • 6:30-8:30pm**  
Cost is \$15 for 12 games  
*Cash prize structure to be determined*

*Jay Armsworthy &  
Eastern Tradition*

**Saturday, March 16, 2013 • 5:30-9:00pm**

Enjoy a special concert by our local favorite... Jay Armsworthy & Eastern Tradition! The band's repertoire consists of traditional bluegrass, original ballads, energized instrumentals, and old-time gospel.

Enjoy a delicious spaghetti dinner before the show (sponsored by the Nanjemoy Community Center Council). Dinner will be served 5:30-6:45pm.

Tickets for the dinner and concert are \$15 in advance and \$20 at the door.

Sponsored in part by the Maryland State Arts Council and Charles County Arts Alliance.

