

SPECIAL OLYMPICS • Charles County



Special Olympics Maryland and the Department of Community Services, in a joint partnership, offer a year-round program for athletic conditioning, training, and competition for individuals with intellectual disabilities who are at least 8 years of age. There is no maximum age limit. All Special Olympics sports activities are free of charge to athletes. Currently, Special Olympics Charles County offers a chance to compete in 11 Olympic-style sports throughout the year.

Note: All medical/volunteer forms must be updated every three years before starting any training. If you are not sure when your medical/volunteer form expires, please contact Ms. Pat Sharar at 301-932-8196.

Volunteer to make a difference...

Volunteers are an important part of the Special Olympics program. Please consider volunteering your time with this worthwhile program.

For more information, please contact George Hoehl at ghoehl@hotmail.com.

Join our E-Mail List!

Learn about the latest Special Olympics MD – Charles County news by joining our e-mail list. Just send an e-mail to SO_CC@verizon.net to add your e-mail address to our list.

Fund Raisers

- Please consider supporting our athletes by purchasing **Yankee Candles** in September and October. To receive a catalog, please contact George Hoehl by phone at 301-599-0307 or e-mail at ghoehl@hotmail.com.
- The Red Robin **Support for the Torch Run** will be held Saturday, October 20. Come enjoy a good meal and support Special Olympics MD.
- Charles County's Fraternal Order of Police will hold the **"Emily Borrell Splash"** on Saturday, November 25. The Splash will be held at Gilligan's Pier (11535 Popes Creek Road, Newburg, MD). We hope to see all of you there. Proceeds will fund Special Olympics MD – Charles County.

Sports Training

Golf

Our Unified® Doubles and Skill Golfers will compete in Special Olympics Maryland State Golf Tournament on either September 29 or 30. Results will be sent to our mailing list.

Bowling

Our most popular training is now offered during the fall to mesh with the Special Olympics MD Bowling Schedule. We can register all athletes and Unified® partners to compete at the Southern Region Tournament on either November 3 or 4.

Location: AMF Waldorf

Age: 8+ & Unified Partners
 Traditional: 413012-12, Unified: 413013-12
 Sun Sep 23-Nov 25 9:30am-Noon

Soccer & Tennis

These two new sports are an exciting addition to our sports program. Our athletes learned a lot and had fun showing their skills in soccer and tennis.

Basketball Unified®

Hanson Community Center, Waldorf
 113020-13

Basketball 5x5 Traditional

Port Tobacco Gym, Port Tobacco
 113021-13

Special Olympics Ski Team

F.B. Gwynn Center, La Plata

Registrations/Training

Alpine Skiing 113022-13
 Nordic Skiing 113023-13
 Snowshoe 113024-13

Special Populations

The Special Populations program area offers a variety of recreational classes and programs designed to meet the needs of individuals with intellectual disabilities. Not all programs in this area will meet the needs and interests of all residents with special needs. We are currently developing programs for those with physical disabilities such as arthritis, minor injury rehabilitations and more.

Dances

Get into the spirit and dance the night away with your friends and loved ones.

Plus, it's a great way to work in some physical activity.

Not sure how to dance? We'll teach you.

Individuals in wheelchairs are welcome to attend. Light refreshments provided.

Age: 18+
 Resident Fee: \$5; Non-Resident: \$6

Fall Dance

Henson Community Center, Indian Head
 412005-SP Fri Sep 21 6:30-8:30pm
 Registration Deadline: Sep 14

Halloween Dance

Hanson Community Center, Waldorf
 412008-SP Fri Oct 26 6:30-8:30pm
 Registration Deadline: Oct 19

Thanksgiving Dance

Henson Community Center, Indian Head
 412006-SP Fri Nov 16 6:30-8:30pm
 Registration Deadline: Nov 9

Holiday Dance

Hanson Community Center, Waldorf
 412009-SP Fri Dec 14 6:30-8:30pm
 Registration Deadline: Dec 7

