

Notice Regarding Reimbursable Medical Expenses

These items cannot be purchased with the HFS Debit Card where available.

This list contains those qualified medical expenses that as of January 1, 2011 require a doctor's prescription or a Letter of Medical Recommendation to be eligible from a Medical Flexible Spending Account (FSA). To be reimbursed for these expenses you will need to submit a claim and include a detailed receipt along with the either a prescription or a Letter of Recommendation as noted next to the item listed below.

A

- Acne treatment products - **Requires a Prescription**
- Aleve - **Requires a Prescription**
- Allergy medicines (examples: Actifed, Claritin, Sudafed) - **Requires a Prescription**
- Alternative healer services – Requires a Letter of Medical Recommendation
- Analgesics (examples: Aspirin, Advil, Motrin) - **Requires a Prescription**
- Antacids and acid reducers (examples: Tums, Mylanta, Zantac 75) - **Requires a Prescription**
- Anti-bacterial hand sanitizer – Requires a Letter of Medical Recommendation
- Antibiotic ointments and creams (examples: Bacitracin, Neosporin) - **Requires a Prescription**
- Anticandials (examples: Mycelex-7, Monistat 3, Vagasil) - **Requires a Prescription**
- Antidiarrheal medicines (examples: Kaopectate, Pepto-Bismol)- **Requires a Prescription**
- Antifungal treatments (examples: Lamisil, Micatin) - **Requires a Prescription**
- Antihistamines (examples: Benadryl, Drixoral, Triaminic) - **Requires a Prescription**
- Antiseptics (examples: Bactine, Lanacane) - **Requires a Prescription**
- Anti-itch lotions (examples: Caldecort, Calamine, Hydrocortisone) - **Requires a Prescription**
- Arthritis pain relievers (examples: Aleve, Aspercreme, Heet) - **Requires a Prescription**
- Aspirin - **Requires a Prescription**
- Asthma medicines (examples: Bronkaid, Primatene Mist) - **Requires a Prescription**

B

- Bactine - **Requires a Prescription**
- Benzocaine swabs - **Requires a Prescription**
- Blister treatments - **Requires a Prescription**
- Boric acid powder - **Requires a Prescription**
- Bronchial asthma inhalers - **Requires a Prescription**
- Bronchodilator/expectorant tablets - **Requires a Prescription**
- Bufferin - **Requires a Prescription**
- Bug bite medications (example: StingEze) - **Requires a Prescription**
- Bunion treatments - **Requires a Prescription**

C

- Calamine lotion - **Requires a Prescription**
- Callus remover medications - **Requires a Prescription**
- Car modifications, for physically disabled person - Requires a Letter of Medical Recommendation
- Chondroitin- **Requires a Prescription**
- Claritin - **Requires a Prescription**
- Cold, products for treatment - **Requires a Prescription**
- Cold sore medications (example: Abreva) - **Requires a Prescription**
- Constipation, products for treatment - **Requires a Prescription**
- Cord blood, storage fees (See Umbilical cord/cord blood) - Requires a Letter of Medical Recommendation
- Corn removal medication - **Requires a Prescription**
- Corn treatment pads - Requires a Letter of Medical Recommendation
- Cosmetic procedures and surgery to improve a deformity arising from a medical abnormality, personal injury from accident or trauma, or disfiguring disease - Requires a Letter of Medical Recommendation
- Cough drops - **Requires a Prescription**
- Cough suppressants (examples: Mucinex DM, Robitussin DM) - **Requires a Prescription**

D

- Decongestants (examples: Contac, Sudafed) - **Requires a Prescription**
- Diaper rash ointments (examples: Balmax, Desitin) - **Requires a Prescription**
- Diarrhea medicines (examples: Kaopectate, Pepto-Bismol) - **Requires a Prescription**
- Dietary supplements - **Requires a Prescription**
- Disabled dependent care expenses, if medical care - Requires a Letter of Medical Recommendation
- Diuretics and water pills - **Requires a Prescription**
- DNA collection and storage, collection and temporary storage must be for the diagnosis, treatment or prevention of imminent medical condition- Requires a Letter of Medical Recommendation

E

- Ear drops for swimmers - **Requires a Prescription**
- Earache tablets - **Requires a Prescription**
- Ear plugs, for medical condition - **Requires a Prescription**
- Eczema treatments - **Requires a Prescription**
- Elevator, installation to accommodate a disabled individual - (reimbursement is limited to amount above which a property's value is enhanced by installation of elevator.) - Requires a Letter of Medical Recommendation
- Excedrin - **Requires a Prescription**
- Exercise equipment - Requires a Letter of Medical Recommendation
- Exercise program - Requires a Letter of Medical Recommendation
- Eye drops and products - **Requires a Prescription**

F

- Feminine hygiene products - Requires a Letter of Medical Recommendation
- Fever blister medications (example: Herpecin) - **Requires a Prescription**
- Fiber supplements - **Requires a Prescription**
- First aid creams, ointments, sprays and wipes (example: Bactine), - **Requires a Prescription**
- Fish oil supplement (treatment of high cholesterol, etc.)- **Requires a Prescription**
- Fitness program - Requires a Letter of Medical Recommendation
- Flu relief medicines - **Requires a Prescription**
- Flu shots - **Requires a Prescription**
- Fluoridation device for home water supply- **Requires a Prescription**
- Fluoride rinse - Requires a Letter of Medical Recommendation
- Food thickeners - Requires a Letter of Medical Recommendation

G

- Gas relief and prevention, tablets and drops - **Requires a Prescription**
- Genetic testing to determine medical defects - Requires a Letter of Medical Recommendation
- Glucosamine - **Requires a Prescription**

H

- Health club dues (generally not covered if you belonged to club prior to doctor's recommendation) - Requires a Letter of Medical Recommendation
- Health institute fees, monies paid to health institute for treatment - Requires a Letter of Medical Recommendation
- Heart Rate Monitor - Requires a Letter of Medical Recommendation
- Hemorrhoid treatments, suppositories and creams, prescribed and OTC (examples: Preparation H, Tronolane)- **Requires a Prescription**
- Herbal medicines - **Requires a Prescription**
- Herbal treatments - Requires a Letter of Medical Recommendation
- Holistic and natural healer services - Requires a Letter of Medical Recommendation
- Hormone therapy and treatment for menopause - Requires a Letter of Medical Recommendation
- House/home improvements to accommodate a disability which generally do not increase property value (e.g., installation of ramps, widening doorways or hallways, installing supports in bathroom, installing lifts, modifying stairways, modifying fire alarms and other warning devices, install handrails and grab bars) - Requires a Letter of Medical Recommendation
- House/home improvements to accommodate a disability which generally do increase property value (reimbursement limited to amount of expense that exceeds increase in property value) - Requires a Letter of Medical Recommendation

I

- Ibuprofen - **Requires a Prescription**
- Inclinator, detachable from property - Requires a Letter of Medical Recommendation
- Incontinence, products for treatment - **Requires a Prescription**
- Indigestion, products for treatment - **Requires a Prescription**
- Insect bite treatments - **Requires a Prescription**
- Iodine tincture - **Requires a Prescription**
- Ipecac syrup - **Requires a Prescription**
- Itch relief medicines (examples: Caldecort, Calamine, Hydrocortisone-) **Requires a Prescription**

L

- Lactation consultant services, medical - Requires a Letter of Medical Recommendation
- Lactose intolerance, products to treat (examples: Dairy Relief, Lactaid)- **Requires a Prescription**
- Language training, dyslexic or disabled individual - Requires a Letter of Medical Recommendation
- Laxatives (examples: Correctol, Ex-Lax) - **Requires a Prescription**
- Lice control - **Requires a Prescription**
- Loratadine (allergy medicine) - **Requires a Prescription**

M

- Maalox - **Requires a Prescription**
- Massage therapy - Requires a Letter of Medical Recommendation
- Mastectomy-related special bra if prescribed by doctor for mental health reasons - Requires a Letter of Medical Recommendation
- Medical grade face mask - Requires a Letter of Medical Recommendation
- Medicated chest rub - **Requires a Prescription**
- Medicated shampoo and soap- **Requires a Prescription**
- Menstrual cycle products for pain and cramp relief (examples: Midol, Pamprin) - **Requires a Prescription**
- Mentally handicapped, special home for adjustment to community living- Requires a Letter of Medical Recommendation
- Motion sickness tablets, pills, etc. (example: Dramamine, Bonine) - **Requires a Prescription**
- Motrin - **Requires a Prescription**
- Muscle or joint pain products (examples: Bengay, Aspircream, Tiger Balm, Icy Ho-t) **R equires a Prescription**

N

- Nasal sprays - **Requires a Prescription**
- Nasal decongestant inhalers - **Requires a Prescription**
- Nasal decongestant drops - **Requires a Prescription**
- Naturopathic services - **Requires a Prescription**
- Necocate, hypo-allergenic infant's formula (reimbursement limited to difference in cost of special formula and ordinary formu-la) **Requires a Prescription**
- Non-prescription drugs or medicines, for medical care - **Requires a Prescription**
- Nutritionist's professional expenses, treatment for medical condition- **Requires a Prescription**
- Nutritional substances - **Requires a Prescription**

O

- Orajel - **Requires a Prescription**
- Orthotics, orthopedic inserts - Requires a Letter of Medical Recommendation
- Over-the-counter medicines to treat medical conditions - **Requires a Prescription**

P

- Pain reliever (examples: Aspirin, Advil, Excedrin, Bufferin, Motrin, Ibuprofen, Tylenol)- **Requires a Prescription**
- Petroleum jelly - **Requires a Prescription**
- Pin worm treatments - **Requires a Prescription**
- Prilosec - **Requires a Prescription**
- Probiotics - **Requires a Prescription**

R

- Reflexology- Requires a Letter of Medical Recommendation
- Roloids - **Requires a Prescription**
- Rubdown to treat a specific illness - Requires a Letter of Medical Recommendation

S

- Sinus medications OTC - **Requires a Prescription**
- Schools and education, special - Requires a Letter of Medical Recommendation
- Shoe inserts (over-the-counter) to treat injury or weakness - Requires a Letter of Medical Recommendation
- Sinus medications (example: Sudafed) - **Requires a Prescription**
- Sinus and allergy, homeopathic - **Requires a Prescription**
- Sinus problems, medicinal products for treatment - **Requires a Prescription**
- Skin products to treat existing skin conditions - **Requires a Prescription**
- Sleep deprivation treatments under the care of docto-r **Requires a Prescription**
- Sleeping aids, over-the-counter - **Requires a Prescription**
- Special foods, if prescribed by a doctor to treat a specific illness or condition (Reimbursement limited to difference between cost of the special food and the ordinary version of that food) - Requires a Letter of Medical Recommendation
- Sperm, storage fees, temporary storage aimed at immediate conception (no longer than one year) - Requires a Letter of Medical Recommendation
- Spermicide - **Requires a Prescription**
- Stem cell harvesting and storage of , to treat a specific and imminent medical condition - Requires a Letter of Medical Recommendation
- Sublimed sulfur powder - **Requires a Prescription**

- Sunburn treatment, lotions and creams - **Requires a Prescription**
- Sunscreen - **Requires a Prescription**
- Supplements (examples: Glucosamine/Chondroitin for arthritis, St. John's Wort for depression-) **Requires a Prescription**

T

- Tanning, salon or equipment to treat a specific medical condition - Requires a Letter of Medical Recommendation
- Teething pain reliever (examples: Little Teethers, Orajel)- **Requires a Prescription**
- Television for hearing impaired person (limited to the cost of special closed-captioning equipment as an add-on, or the part of the cost of a specially equipped television set that exceeds the cost of the same model regular television set) - Requires a Letter of Medical Recommendation
- Throat pain medications (examples: Chloraseptic, Sucrets) - **Requires a Prescription**
- Throat lozenges and sprays (examples: Sucrets, Chloraseptic, etc.) - **Requires a Prescription**
- Toothache medicines (examples: Anbesol, Orajel)- **Requires a Prescription**
- Transportation for someone other than person receiving medical care, parents and nurse accompanying patient, or transportation relating to visits to a mentally ill dependent if it is part of treatment - Requires a Letter of Medical Recommendation
- Treadmill, if prescribed by doctor to treat a medical condition - Requires a Letter of Medical Recommendation
- Tums - **Requires a Prescription**
- Tuition for attending a school recommended by a doctor that furnishes special education to help a child overcome a learning disability.
Overcoming a learning disability must be the principal reason the child attends the school (also covers meals and lodging at such school) - Requires a Letter of Medical Recommendation
- Tuition for special needs program (tutoring by a teacher that is specially trained to work with children with learning disorders caused by mental or physical impairments) - Requires a Letter of Medical Recommendation
- Tutoring for special needs (See Tuition for special needs program) - Requires a Letter of Medical Recommendation
- Tylenol - **Requires a Prescription**

U

- Umbilical cord/cord blood, freezing and storage of - collection and storage for imminent use to treat a specific medical condition - Requires a Letter of Medical Recommendation
- Upset stomach medications (examples: Alka Seltzer, Mylanta-) **Requires a Prescription**

V

- Vapor patch cough suppressants - **Requires a Prescription**
- Varicose veins, non-cosmetic treatment of - Requires a Letter of Medical Recommendation
- Visine - **Requires a Prescription**
- Vitamins, over-the-counter - **Requires a Prescription**

W

- Wart removal products (examples: Compound W, Wartner) - **Requires a Prescription**
- Weight loss drugs - **Requires a Prescription**
- Weight loss program - Requires a Letter of Medical Recommendation
- Wigs, for mental health of patient who has lost hair - Requires a Letter of Medical Recommendation